



# Rhode Island WIC PROGRAM

## Vendor Minimum Inventory Requirements for WIC Allowed Foods

WIC-allowed foods must always be kept in stock. They must be in sales areas, or upon request, and immediately accessible to the WIC shopper. To remain in good standing with the WIC Program, vendors must have WIC-allowed foods readily available for review by WIC officials at the minimum inventory levels listed. RIDOH will not include excessively priced foods, out-of-code, altered or contaminated foods, and damaged containers in calculating inventory levels.

**NOTE: LARGE STORES = Four or more registers**

**SMALL STORES = One to three registers**

### FRUITS AND VEGETABLES ALL STORES

Any brand or variety **NO** added fats or sugars **NO** glass jars **NO** dried fruits or vegetables **NO** Pre-cut fruits or vegetables

**Total of 10 pounds; Two fruits and two vegetables - fresh, frozen, and/or cans**

### 100% JUICE ALL STORES

Approved brands and flavors listed in the Food Guide only **NO** refrigerated cartons **NO** fruit drinks

Shelf-stable bottle: 64 oz | Frozen concentrate: 11.5-12 oz | Liquid Concentrate: 11.5-12 oz

**Two types, two 64-oz bottles of each AND two types, 6 cans total of 11.5 – 12-oz frozen and/or liquid concentrate**

### BEANS, PEAS, LENTILS ALL STORES

One-pound bag and 15-16-oz can **NO** refried beans

Low Salt and low sodium are allowed **NO** flavorings

**Dried: Two types, two pounds each AND Canned: Two types, four cans each**

### TOFU LARGE STORES

Approved brands listed in the Food Guide only

16 oz package **NO** gourmet **NO** imported

**Six pounds**

### PEANUT BUTTER ALL STORES

16-18-oz container **NO** added flavorings

Any texture **NO** organic  
**NO** glass jars

**Five containers**

### CANNED FISH ALL STORES

**NO** pouches

Tuna: 5 oz | Pink Salmon: 5-15 oz | Sardines: 3.75 oz

**Total of 30 oz, any combination**

### EGGS ALL STORES

Grade A Large White or Brown

**Five dozen**

### INFANT CEREAL ALL STORES

Beech-Nut and Gerber **Approved flavors listed in the Food Guide only**

8 or 16-oz packages **NO** added DHA/ARA **NO** added fruit

**Total of 48 oz, any combination**

### INFANT FORMULA/SOY FORMULA

Similac Advance 13-oz concentrate

Similac Sensitive 12-oz powder

Similac Soy Isomil 12.4-oz powder

Similac Advance 12.4-oz powder

Similac Total Comfort 12-oz powder

#### **SMALL STORES:**

**18 cans minimum of any combination of Similac Advance Formula powder and/or concentrate.**

**Any type not carried should be made available to participant, upon request, within 48 hours.**

#### **LARGE STORES:**

**20 cans Similac Advance 13-oz concentrate AND**

**36 cans Similac Advance 12.4-oz powder AND**

**14 cans Similac Soy Isomil 12.4-oz powder AND**

**12 cans total; any combination of Similac Sensitive 12-oz powder and Similac Total Comfort 12-oz powder**

**For all other contract formulas, stock is not required but should be made available to participant, upon request, within 48 hours.**

## INFANT FOOD

Beech-Nut: Stage 2, Naturals 4-oz jars

Gerber: Sitter, 4-oz 2-packs (2-pack = 2 jars)

Approved flavors available upon request

Beech-Nut: Stage 1, 2.5-oz meats

Gerber: Sitter Second Foods 2.5-oz meats

**NO** organic

**NO** added sugar or DHA/ARA

### **SMALL STORES:**

Total of 128 oz (32 jars); Two different fruits and two different vegetables. Infant food meats should be available within 48 hours, upon request.

### **LARGE STORES:**

Total of 128 oz (32 jars); Two different fruits and two different vegetables **AND**  
Total of 80 oz (32 jars) of infant food meats.

## CEREAL ALL STORES

12-36-oz packages

Approved brands and flavors listed in the Food Guide only

**NO** single servings

Four types, four packages of each; of those, two types must be whole grain

## MILK

### **ALL STORES:**

Whole, fat-free or 1%

**NO** flavored

**NO** high calcium

Whole milk: Two gallons and two half gallons

**AND**

Fat free or 1%: Two gallons and two half gallons

### **LARGE STORES ONLY:**

#### **SOY**

8<sup>th</sup> Continent: Plain, Vanilla

Pacific Foods: Plain

Silk: Plain

Total of 256 oz of any combination

### **EVAPORATED**

Twelve 12-oz cans

### **LACTOSE REDUCED/FREE**

Six half gallons

### **POWDERED**

Total of 75 oz of any combination

## CHEESE ALL STORES

Sliced, shredded, block

Regular and/or low-fat

Any brand

Types of cheese: American, cheddar, colby,

16-oz package

Monterey jack, mozzarella, muenster, Swiss and provolone

**NO** deli, individually wrapped, blends, added ingredients, imported, cheese food products or spreads

Total of 6 pounds; Two types: Three pounds of each type

## YOGURT LARGE STORES

Whole, 1% or non-fat

Approved brands and flavors listed in the Food Guide only

**NO** Greek

**NO** Organic

32-oz container

Total of six 32-oz containers; four containers of 1% or non-fat **AND** two containers of whole

## WHOLE GRAINS ALL STORES

### **SLICED BREADS AND ROLLS**

16-oz package

Approved brands and flavors listed in the Food Guide only

### **TORTILLAS AND WRAPS**

16-oz package

Approved brands and flavors listed in the Food Guide only

### **WHOLE-WHEAT PASTA** 16-oz package

Barilla

Great Value

Nature's Promise

Ronzoni Healthy Harvest

Signature Select

Bowl & Basket

### **BROWN RICE**

Box or bag including instant and boil-in bag

14-16-oz package

Total of 6 pounds: Any combination of whole-wheat bread, rolls, tortillas, brown rice, and/or pasta