

WHAT TO DO IF YOU THINK YOU MAY HAVE MEASLES

Watch for these signs of measles:

You can get sick 7 to 21 days after being near someone with measles.



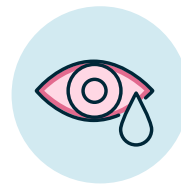
High fever
(as high as 104°F)



Cough



Runny nose



**Red and/or
watery eyes**



Rash
(appears 3 to 5 days after
you first become sick)

If you have signs of measles:

Stay away from others
to help stop the spread
of measles.

Call a doctor or hospital right
away to let them know you or
someone might have measles.

Follow their directions
on what to do next.

Go to the emergency room if you have any of these urgent symptoms:



Trouble breathing
(or breathing faster
than normal)



**Pain when breathing
or coughing**



**Serious dehydration
or loss of body fluids**
(sometimes the person has a
dry nose and mouth, is peeing
less, or crying without tears)



**A fever or
headache that
won't go away**



**Confusion,
feeling very weak,
or not being alert**



**Blue color around the
mouth, low energy,
or difficulty feeding**
(for young children)

DO NOT WAIT.

If you or someone with measles starts to feel worse or has any of the above urgent symptoms, **go to the emergency room right away.** **Call the hospital before you arrive.** This helps them prepare for you to have a safe visit.

