

## Call today to apply

Call the Health Information Line at 401-222-5960 / RI Relay 711 (English and Spanish) or contact a local WIC office in one of the following communities:

Bristol	East Bay Community Action	253-7577
Central Falls	Children's Friend	752-7827
Coventry	Family Health Services of Coventry	589-2610
Cranston	Family Health Services of Cranston	946-4650
Hope Valley	Wood River Health Services	387-9638
Newport	East Bay Community Action	619-5970
Pawtucket	Children's Friend	721-6416
Providence	Children's Friend Berkshire	752-7590
	Children's Friend Friendship Center	752-7781
	Children's Friend Hartford	752-7920
	Meeting Street on Broad	632-4700
	Meeting Street on Eddy	533-9145
	Mt. Hope Community Center	521-8830
	Scalabrini Dukceovich Center	632-4770
	Sankofa West Elmwood Housing	453-3220 x100
	Women & Infants Hospital	274-1122 x42768
Riverside	East Bay Community Action	437-1007
Tiverton	East Bay Community Action	625-1364
Warwick	Westbay Community Action	732-4660
Westerly	Wood River Health Services	387-9611
West Warwick	Westbay Community Action	826-3230
Woonsocket	Thundermist Health Center	767-4109

This institution is an equal opportunity provider.

WIC 46B

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## For Infants and Children

Start healthy



Start strong



Start smart



[www.health.ri.gov/wic](http://www.health.ri.gov/wic)

## What is WIC?

WIC is a health program that offers nutrition education and provides healthy food benefits to Rhode Island families who qualify.

WIC serves:

- ▶ Infants and children up to age five
- ▶ Pregnant women
- ▶ Breastfeeding and postpartum women

## What does WIC do for infants and young children?

WIC helps kids be the healthiest they can be.

Infants and children who participate in WIC:

- ▶ Have better diets and growth rates
- ▶ Stay on track for immunizations
- ▶ Are better prepared for school

WIC also helps families stay connected with their pediatricians, resulting in kids seeing a medical provider more regularly.



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## How does WIC help families keep their kids healthy?

WIC provides:

- ▶ Nutrition education, including tips for feeding picky eaters
- ▶ Referrals to doctors, dentists, child care providers, and other services
- ▶ Benefits that allow you to buy healthy foods at local stores and farmers' markets
- ▶ Fun ideas for keeping kids physically active

WIC also provides services for pregnant, postpartum, and breastfeeding women. Fathers, grandparents, or foster parents with infants and children may apply for WIC as well.

## Who is eligible for WIC?

FAMILY INCOME BEFORE TAXES	
If your family size is:	You can earn up to:
1 person	\$536 a week
2 people	\$728 a week
3 people	\$919 a week
4 people	\$1,110 a week
5 people	\$1,302 a week
6 people	\$1,493 a week
Income guidelines in effect May 2024 through June 30, 2025.	

If your income changes each week, you may still be eligible. Call the Health Information Line at 401-222-5960 / RI Relay 711 (English and Spanish) to see if your family qualifies.