



## RHODE ISLAND DEPARTMENT OF HEALTH TOBACCO FREE SCHOOLS MINI GRANT

### Mini Grant Opportunity

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The Rhode Island Department of Health Tobacco Control Program (RITCP) is offering mini-grants of **up to \$4,000** to Rhode Island middle schools and high schools that would like to strengthen their existing smoke-free school policy and that are not currently utilizing an alternative to suspension or citation program. Preference will be given to applications that document a capacity to implement a 100% tobacco-free policy inclusive of all electronic nicotine delivery systems (ENDS) products (e.g., e-cigarettes, vaping devices) as well as an alternative to suspension or citation in response to student(s) in violation of the tobacco-free policy within the mini-grant time frame.

These mini grants seek to help Rhode Island middle schools and high schools to transition from their existing smoke-free school policy to the more comprehensive model policy, the Rhode Island Tobacco-Free Schools Campus Model Policy, which will help to decrease tobacco related disparities, and in doing so, increase positive behavior change among Rhode Island's youth.

The model policy referred to throughout this document has expanded to include the T21 law, smokeless tobacco products and all electronic nicotine delivery systems or e-cigarettes. Additionally, the model policy referred to within this mini grant opportunity outlines an alternative to suspension or citation program to address violations using less punitive, more restorative measures. Replacing smoke free policies with an updated tobacco free policy will help to create a healthier, more supportive environment for students unfairly targeted by the tobacco industry.

The purpose of this mini grant funding is to raise awareness of the positive public health perspective alternative to suspension programs have in the overall well-being of youth. Replacing punitive measures with educational opportunities will inform students on the facts surrounding nicotine addiction as well as create a more encouraging school atmosphere that will allow students to feel a greater connection to the school community rather than the sense of seclusion produced by suspension. Suspension can contribute to negative educational and mental health outcomes, and it increases the likelihood of youth tobacco use.

Awardees will choose 2 qualified staff members to participate in 2 self-paced on-line facilitator training programs created by the American Lung Association, implement a ready-to-use drop in tobacco free schools model policy, share cessation resources with students and parents, and increase tobacco free campus signage posted on school grounds.

The RITCP will award **up to 5** mini grants for **up to \$4,000.00 each**. Submissions should not exceed four (4) pages. Applicants must score at least sixty (60) of the one hundred (100) points to remain eligible to receive an award. One application per agency will be reviewed. The Tobacco Free Schools mini grant award period will begin immediately after grant award and **will end April 20, 2023**.

**Mini grant activities must be completed by April 20, 2023. A final summary report, project deliverables, and project invoices are due within thirty (30) days of the grant end date.** The RITCP will provide all Awardees with a project summary and invoice template. The final report must be completed in its entirety prior to receiving reimbursement for grant-related expenses.

#### **Please note:**

Due to federal budget restrictions, mini grant funds may not be used for the purchase of food or beverages.



**To apply:**

Please submit the following fully completed documents to Jillian Angell no later than **5 p.m. on Monday, November 28, 2022:**

1. Mini-Grant Cover Form
2. Scope of Work and Budget with a Budget Narrative
3. Signed W-9 to ensure timely processing of grant award

Mini-grant applications may be submitted electronically or through postal service. Applications submitted electronically should be emailed to [Jillian.Angell@health.ri.gov](mailto:Jillian.Angell@health.ri.gov) prior to the application deadline, Monday, November 28, 2022. Please include **“Tobacco Free Schools Mini-Grant Application”** in the subject line.

Applications submitted by mail must be post-marked by the application deadline, Monday, November 28, 2022, and should be mailed to:

Tobacco Free Schools  
c/o Jillian Angell, Youth and Young Adults Coordinator  
Rhode Island Department of Health  
Tobacco Control Program  
3 Capitol Hill, Room 408  
Providence, RI 02908



## RHODE ISLAND DEPARTMENT OF HEALTH TOBACCO FREE SCHOOLS MINI GRANT

### Scope of Work Overview

- At least 2 school personnel will attend the American Lung Association's self-paced on-line facilitator trainings for the alternative to suspension program, INDEPTH, and the cessation program, Not-On-Tobacco (N-O-T).
  - ♦ Completion of the N-O-T and INDEPTH facilitator trainings by at least 2 school personnel, prior to the grant end date of April 20, 2023, are required components of this funding.
  - ♦ Suggested personnel include Student Assistant Counselors, guidance counselors, nurses, health educators, any educators that teach prevention or have the capacity to implement and facilitate the INDEPTH program within their school.
- These staff members will implement and facilitate the INDEPTH and N-O-T program within their school.
  - ♦ **Implementation of the INDEPTH program is a required component of this funding**, however, implementation of the N-O-T program is **not** a required component of this funding and will be left to the discretion of school administration.
- Adopt/implement Tobacco Free Rhode Island's Tobacco Free Schools Model Policy, which includes the implementation of the INDEPTH program, prior to the grant end date of April 20, 2023.
- Share My Life My Quit resources with students, their families, and school faculty (see additional information in the following pages on this quit program).
  - ♦ Suggested locations include student bathrooms, inside of bathroom stalls, cafeterias, gymnasiums, hallways, and any other student frequented areas throughout school campus.
  - ♦ Flyers and business cards should be made readily available.
- Post smoke-free campus signage throughout campus property, including entry and exit ways.

### Not-On-Tobacco

- There is a \$400 cost associated with the N-O-T Facilitator Training for each facilitator, which should be paid for using mini grant funds (Cost is \$800 for 2 school personnel).
- School personnel identified to participate in these trainings are required to complete the facilitator trainings prior to the grant end date of April 20, 2023.
- The N-O-T program will be implemented at the discretion of school administration.
- The N-O-T facilitator training includes the INDEPTH facilitator training. By registering for N-O-T, the identified staff will be registered for INDEPTH by default.
- The N-O-T and INDEPTH trainings are completed online and are on-demand, self-paced courses which will take approximately 5 hours to complete.
- Upon completion of the course, facilitators will receive:
  - ♦ 3-year facilitator certification
  - ♦ Facilitator curriculum and participant workbook to print on demand
  - ♦ Bi-annual nationwide N-O-T Facilitator technical assistance webinars on emerging tobacco trends
  - ♦ Recertification training webinars for 3-year renewal for those who implement at least one program during their certification period



## **INDEPTH**

- The facilitated program outline can be viewed [here](#).
- There is no additional cost for the INDEPTH facilitator training, as it is included with the N-O-T facilitator training purchase of \$400 per facilitator (Cost is \$800 for 2 school personnel).
- Identified school personnel (min.2) are required to complete the facilitator trainings prior to the grant end date of April 20, 2023.
- Identified school personnel (min.2) are required to implement the INDEPTH program prior to the grant end date of April 20, 2023.
- This self-paced, on-demand online facilitator training will take identified school personnel approximately 5 hours to complete in conjunction with the N-O-T facilitator training courses.

## **Register for N-O-T and INDEPTH Facilitator Training**

- Click on the above link, then choose “Group Purchase” to complete registration.

## **Rhode Island Tobacco-Free Schools Campus Model Policy**

- The ready-to-use, drop-in model policy can be found in the link above, on the [Tobacco Free Rhode Island website](#) and attached to this application for review.
- This policy has expanded beyond Smoke-Free Schools policies to include the [T21 law](#), as well as electronic nicotine delivery systems (ENDS), also referred to as e-cigarettes or vapes.
- The Rhode Island Tobacco-Free Schools Campus Model Policy outlines implementation of alternative to suspension or citation program and includes the implementation of the INDEPTH program, as well as 2 other alternative options that will allow school administration necessary flexibility and discretion.

## **Smoke Free Campus Signage**

- [English](#)
- [Spanish](#)
- Smoke free campus signage is available in English and Spanish and will be provided at no cost to awardee to post throughout campus grounds.

## **My Life My Quit**

- My Life My Quit is free, confidential, and evidence-based help for youth ready to quit nicotine. This program offers trained tobacco treatment specialists, to provide real-time counseling by phone, text, or webchat.
  - ♦ Phone – 855-891-9989
  - ♦ Text – “Start” to 36072
  - ♦ Chat – [www.MyLifeMyQuit.com](http://www.MyLifeMyQuit.com)
  - ♦ Free promotional and educational resources for schools, parents, and healthcare providers are available online at [www.MyLifeMyQuit.com](http://www.MyLifeMyQuit.com) or by contacting the Rhode Island Department of Health Tobacco Control Program’s Youth and Young Adults Coordinator: [Jillian.Angell@health.ri.gov](mailto:Jillian.Angell@health.ri.gov)
- Resources will be provided to awardees at no cost for distribution.
- Additional My Life My Quit resources, after initial distribution, may be ordered [here](#) or by contacting [Jillian.Angell@health.ri.gov](mailto:Jillian.Angell@health.ri.gov) .



**Additional Resources:**

- [FDA's guidance on safe disposal of e-cigarettes and e-liquid waste](#)
- [Public Health Law Center's Addressing Student Tobacco Use in Schools](#)
- [Read](#) Rhode Island General Law (RIGL) 23-20.9-4: Smoking in Schools, Definitions
- [Read](#) Rhode Island General Law (RIGL) 23-20.9-5: Smoking in Schools, Regulation of smoking in schools
- [Tobacco Free Rhode Island](#): Product specific education and school curricula
- [American Lung Association](#): A variety of downloadable one-pagers are available in English and Spanish
- [American Heart Association](#): How to Keep Kids and Teens from Smoking and Vaping
- [Rhode Island Department of Health Tobacco Control Program](#)

**By April 20, 2023 Tobacco Free Schools awardees will have:**

- At least 2 school personnel members successfully complete the INDEPTH facilitator training.
- At least 2 school personnel members successfully complete the Not-On-Tobacco facilitator training.
- Have replaced their existing smoke free school's policy with the [Rhode Island Tobacco-Free Schools Campus Model Policy](#) found on the [Tobacco Free Rhode Island website](#) that has been updated to include the T21 law, electronic nicotine delivery systems, and alternative to suspension or citation programs.
- Have used restorative approaches to replace punitive measures with educational and behavior changing opportunities in addressing student tobacco use on campus by implementing the alternative to suspension program, INDEPTH.
- Have tobacco-free campus signage posted visibly throughout campus property.
- Have posted the youth cessation program, My Life My Quit, posters and flyers in areas frequented by students.
- Have made youth cessation resource materials available to students, staff, and families.



**RHODE ISLAND DEPARTMENT OF HEALTH  
TOBACCO FREE SCHOOLS MINI GRANT**

**Mini Grant Cover Form**

Organization Name:		
Street Address:		
City/Town:	State: <b>Rhode Island</b>	Zip:
Organization Director Name:	Phone Number and Extension:	Email:
Organization Fiscal Contact Name:	Phone Number and Extension:	Email:
Project Contact Name:	Phone Number and Extension:	Email:
Federal Identification Number/FEIN:	Amount Requested:	

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Authorized Signature

Title

Date

*By signing this form, I state that, to the best of my knowledge that all information in this Mini Grant Proposal is true and correct.*

Applicants must submit the Mini-Grant Cover Form, Scope of Work with Budget/Budget Narrative Form, and a signed W-9 Form. The Mini-Grant Scope of Work/Budget Form can be submitted on a Word Document following the same format. Proposals should not exceed four (4) pages including the W9 form.



## SCOPE OF WORK & BUDGET NARRATIVE SCORE FORM

Instructions: Complete sections I-IV using this template or a Word Document following this format.

### **SECTION I – AGENCY CAPACITY - (20 points)**

Describe agency mission and fiscal capacity/structure to coordinate and manage grant funding. (1 paragraph)

### **SECTION II – PROJECT OVERSIGHT - (20 points)**

Describe who (i.e. names with titles and role within grant deliverables) will oversee the completion of grant deliverables, successfully complete facilitator trainings, coordinate implementation of model policy and alternative to suspension programming. Add or delete rows as needed. (1 paragraph)

Personnel Name:	Title:	Activity/Deliverable Responsible for:

### **SECTION III – SCOPE OF WORK - (30 points)**

Provide a detailed summary, including anticipated timelines of proposed methods for project completion. Include any additional anticipated activities or events.



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TOBACCO FREE SCHOOLS MINI GRANT**

**SECTION IV – BUDGET & BUDGET NARRATIVE - (30 points)**

*Mini Grant Budget Period: Notice of Award-April 2022*

Indicate the dollar amount requested and provide a clear break-down of each cost. **The budget may not exceed \$4,000. Printed My Life My Quit Resources and Smoke Free Campus Signage will be provided by the Rhode Island Department of Health, at no cost, to the awardee.** However, with RIDOH approval, schools may choose to purchase additional promotional items, merchandise, or educational materials to be more inclusive of their school population, at their discretion, using the My Life My Quit branding.

**Personnel:** Include first and last name(s), title(s), hourly rate, numbers of hours, total requested. Add/delete rows as needed.

<b>Personnel Name: (first and last)</b>	<b>Title:</b>	<b>Hourly Rate:</b>	<b>Number of Hours:</b>	<b>Total Requested:</b>

**Materials:** (e.g., additional printing, educational materials, etc.) Add/delete rows as needed.

<b>Materials:</b>	<b>Purpose:</b>	<b>Anticipated Cost:</b>

**Other/Incentives:** (e.g., gift cards, teen stipends, team building, promotional merchandise, etc.)

**Total Amount Requested:** \_\_\_\_\_



# Rhode Island Tobacco-Free Schools Campus Model Policy

Use of all tobacco and nicotine products including e-cigarettes is prohibited

Initially launched in September 2019

Last Edited in August 2022

## SECTION I. RATIONALE

Commercial tobacco use is the leading cause of preventable death in the United States. 95% of smokers start before the age of 21 and most daily smokers begin smoking before the age of 18. Data from the 2019 [Youth Risk Behavior Survey](#) show that 30.1% of Rhode Island high school students currently use electronic nicotine delivery systems (ENDS), 17.5% of high school students ever tried cigarette smoking, and 8.6% of high school students first smoked a tobacco product before age 13. Flavored e-cigarettes appeal to and are popular among youth. Flavors decrease perceptions of harm; help mask the harsh taste of tobacco and play an important role in the initiation and uptake of tobacco products. Flavors also increase the likelihood of developing nicotine addiction. E-cigarette use can impact a young person's respiratory health, brain development, mood, sleep, and immune function. Youth e-cigarette users are also at an increased risk of initiating smoking cigarettes. The use of tobacco products, including electronic nicotine delivery systems, on school grounds, in school buildings and facilities, on school property, at school-related activities, and at athletic events or school-sponsored events, is detrimental to the health and safety of students, staff and visitors.

In Rhode Island, state law prohibits the use of tobacco products, including electronic nicotine delivery systems (Puff Bar, Vuse, SMOK, JUUL, Sourin, etc.), by any person utilizing school facilities. This means that students, parents, contractors, faculty, staff, administrators, and all other visitors must be tobacco-free in and around all facilities used by a school, whether owned, leased, or rented, including but not limited to: school playgrounds, school administration buildings, indoor school athletic facilities, school gymnasiums, school locker rooms, school buses, other school vehicles, and other school buildings whose use is not primarily residential.

The state law applies to all RI public, private & charter elementary & secondary schools. The governing body of each school is responsible for the development of enforcement procedures to implement the law. This model policy is intended to help school districts comply with that provision.

In addition, the law requires all school areas where the use of tobacco products, including electronic nicotine delivery systems, is prohibited to be clearly marked with tobacco-free signage. There shall be at least one sign at every building entrance and in other areas as designated by the governing body. Downloadable signs are available below.

- **RI Tobacco-Free School Campus Sign:**
  - [English Signage](#) and [Spanish Signage](#)
  - Further signage available by contacting [Rhode Island Department of Health](#)
- [Read](#) Rhode Island General Law (RIGL) 23-20.9-4: Smoking in Schools, Definitions
- [Read](#) Rhode Island General Law (RIGL) 23-20.9-5: Smoking in Schools, Regulation of smoking in schools

## SECTION II. DEFINITIONS

**Administrator** - Person(s) including but not limited to principals, vice-principals, office personnel, and others who have conduct and managerial authority to enforce school policies.

**Parent/Guardian** - Person(s) that have legal guardian status and responsibility for a student enrolled in [insert district/school name] for educational purposes.

**Person(s)** – Includes students, parents, contractors, faculty, staff, administrators, and all other visitors.

**School building** - Any building or enclosed walkway that is owned, leased, or rented for educational purposes or extracurricular activities.

**School grounds** - All school buildings, parking lots, athletic fields, loading docks, school outdoor facilities, and other premises owned, leased, or rented for educational purposes or extracurricular activities.

**Smoking** - “Smoking” or “smoke”, the inhaling, exhaling, burning, or carrying of any lighted or heated cigar, cigarette, pipe, weed, plant, other tobacco product or plant product, or other combustible substance in any manner or in any form intended for inhalation in any manner or form. “Smoking” or “smoke” also includes the use of electronic cigarettes, electronic cigars, electronic pipes, electronic nicotine delivery systems, or other similar products that rely on vaporization or aerosolization.

**Staff** - Person(s) employed by [insert district/school name] as a full-time or part-time employee, independent contractor, or volunteer.

**Student** - Person(s) legally enrolled in [insert district/school name] for educational purposes.

**Tobacco paraphernalia** - Any device used to aid, ingest, light, burn, or consume any tobacco product as defined herein, including but not limited to pipes, rolling papers, matches or any component or part of a tobacco product.

**Tobacco product(s)** - Any product(s) containing, made of, or derived from tobacco or nicotine that is intended for human consumption or is likely to be consumed, whether inhaled, absorbed, or ingested by any other means, including, but not limited to, a cigarette, a little cigar as defined in RIGL § 44-20.2-1, and any and all products as defined in RIGL § 44-20-1, electronic nicotine-delivery systems, or any added substance that may be aerosolized, vaporized, or otherwise delivered by an electronic nicotine-delivery system device, whether or not that substance contains nicotine.

- "Tobacco product(s)" does not include drugs, devices, or combination products intended to treat tobacco or nicotine dependence that are authorized by the United States Food and Drug Administration, as those terms are defined in the Federal Food, Drug and Cosmetic Act. Nor does it include such authorized drugs, devices, or combination products with such treatment purpose by individuals under age twenty-one (21) if prescribed by a licensed prescriber such as a physician, nurse practitioner, or physician assistant.
- **Electronic nicotine-delivery system** – An electronic device that may be used to simulate smoking in the delivery of nicotine or other substance to a person inhaling from the device, and includes, but is not limited to, an electronic cigarette, electronic cigar, electronic cigarillo, electronic little cigars, electronic pipe, or electronic hookah, “heat not burn products”,

e-liquids, e-liquid products, or any related device and any device and any cartridge or other component of such device.

### **SECTION III. TEXT**

**Use of tobacco product** - No person(s) shall, at any time, use a tobacco product, including electronic nicotine-delivery systems, in any school building, on any school grounds, at any athletic event or any school sponsored event or in any school bus or other vehicle used for school purposes. Pursuant to RIGL § 23-20.9-5.

**Possession of tobacco product** - No student shall at any time possess any tobacco product or tobacco paraphernalia, including electronic nicotine-delivery systems, in any school building, on any school grounds, at any athletic event or any school-sponsored event or in any school bus or other vehicle used for school purposes.

**Confiscation** - When there is evidence that a student is in possession of tobacco products or tobacco paraphernalia, including electronic nicotine-delivery systems, administrators or other designated staff will confiscate such items.

**Fair and equitable implementation** – This policy, response and sanctions for alleged violations of policy will be administered fairly and equitably. Enforcement and sanctions shall be applied universally regardless of a student’s race, religion, color, national origin, age, sex, sexual orientation, gender identity or expression, disability, primary language, academic standing, employment status, family income, zip code, participation in student athletics, the arts, student government, etc. The school will conduct periodic review regarding consistency of policy enforcement and sanctions with consideration towards known demographics.

**Sanction Timeline** – Ongoing use of tobacco products, including electronic nicotine-delivery systems, can indicate addiction and may be triggered by social-emotional circumstances. It is important to intervene with responses that are aligned with student tobacco use at a point in time. This policy will reset at the beginning of each school year.

**Tobacco industry promotions prohibited** - No one on behalf of [the district] may solicit or accept any contributions, gifts or money from the tobacco industry to include, but not be limited to, donations, monies for sponsorships/scholarships, advertising, promotions, loans or support for equipment, uniforms and sports and/or training facilities. No one on behalf of [the district] may solicit or accept curricula or other educational materials of any kind that are created by or with input from the tobacco industry.

### **SECTION IV. SANCTIONS**

#### **First Violation**

- Confiscation and destruction of tobacco product and/or tobacco paraphernalia including electronic nicotine delivery systems, regardless of student age or parent consent
  - RIGL § 23-20.9-5 prohibits use of tobacco products, including electronic nicotine delivery systems.

- [Click here](#) for FDA’s guidance on safe disposal of e-cigarettes and e-liquid waste
- Mandatory referral to in-school Student Assistance Counselor (SAC) for one (1) to three (3) sessions for screening, assessment, and motivational interviewing. The school will notify the parent/guardian that the student has been referred to the SAC.
  - The first session with the in-school SAC should occur within one (1) week of violation or next available opening and should last for no fewer than thirty (30) minutes. Future sessions will be at the discretion of the SAC.
  - In the case that the school does not currently have a SAC, the student will meet with a school social worker, psychologist, or similar support professional for a screening, assessment, and motivational interview.
- Completion of an Educational Program (timing of program at the discretion of Administrator)
  - Educational Program Option #1
    - Student must complete [INDEPTH™](#) Alternative to Suspension program
      - Session 1: Getting the Facts: Breaks down the program for participants.
      - Session 2: Addiction: Explains the harmful effects of nicotine and tobacco products.
      - Session 3: Alternatives: Helps teens understand their urges and identify healthy alternatives to replace tobacco use.
      - Session 4: Past, Present, Future: Talks about next steps and how to avoid future tobacco-related problems.
  - Educational Program Option #2:
    - Review of information and complete two-page essay or ten-minute video on one of the following topics
      - Nicotine addiction and the developing brain.
      - Health problems associated with long term use of tobacco products, including electronic nicotine delivery systems.
      - Tobacco, nicotine and vaping as equity and social justice issues.
    - Essay must be graded by educator and graded at 75.0 numerical level
      - Review and return to student until they meet academic criteria.
    - Essay must be completed within five school days of violation
  - Educational Program Option #3:
    - Prevention retreat curated by prevention specialists.
    - Student required to attend a training on substance use prevention, mental health promotion, coping strategies, and will be responsible for taking a pre- and post-test to measure what they learned.
    - During this prevention retreat, the student must meet with school personnel to review the resources available to them.
- If the student does not comply, it would result in school sanctioned conduct response
  - School sanctioned conduct response
    - Student will write a reflection letter detailing how behavior may affect themselves and others, acknowledging awareness for exposing them to secondhand smoke/vapor/aerosol.

## **Second Violation**

- Confiscation and destruction of tobacco product and/or tobacco paraphernalia, including electronic nicotine delivery systems, regardless of student age or parent consent
  - RIGL § 23-20.9-5 prohibits use of tobacco products, including electronic nicotine delivery systems

- [Click here](#) for FDA’s guidance on safe disposal of e-cigarettes and e-liquid waste
- Mandatory referral to in-school Student Assistance Counselor (SAC) for three (3) to five (5) sessions for screening, assessment, and motivational interviewing. The school will notify the parent/guardian that the student has been referred to the SAC.
  - The first session with the in-school SAC should occur within one (1) week of violation or next available opening and should last for no fewer than thirty (30) minutes. Future sessions will be at the discretion of the SAC.
- School sanctioned conduct response and educational program at discretion of Administrator
  - Educational program requirements
    - Identical to those outlined in first violation.
  - School sanctioned conduct response requirements
    - Identical to those outlined in first violation.
    - Student is accompanied by parents/guardians to meeting with school administrators
      - Discussion of openness to behavior change, support resources and potential future conduct responses with parent/guardian and student.

**Third+ Violation:**

- Confiscation and destruction of tobacco product and/or tobacco paraphernalia, including electronic nicotine delivery systems, regardless of student age or parent consent.
  - RIGL § 23-20.9-5 prohibits use of tobacco products, including electronic nicotine delivery systems.
  - [Click here](#) for FDA’s guidance on safe disposal of e-cigarettes and e-liquid waste
- Mandatory referral to in-school Student Assistance Counselor (SAC) for three (3) to seven (7) sessions for screening, assessment, motivational interviewing, and referral to cessation/quit resources. The school will notify the parent/guardian that the student has been referred to the SAC.
  - The first session with the in-school SAC should occur within one (1) week of violation and should last for no fewer than thirty (30) minutes. Future sessions will be at the discretion of the SAC.
- School sanctioned conduct response and educational program at discretion of Administrator
  - Educational program requirements
    - Identical to those outlined in second violation.
  - School sanctioned conduct response requirements
    - Identical to those outlined in second violation.

**SECTION V. ENFORCEMENT**

Enforcement should be congruent with enforcement of any other alleged policy violation of the student handbook.

**SECTION VI. EFFECTIVE DATE**

This policy shall take effect in full on [insert date] upon its passage.

## Additional Resources:

### **Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health:**

- [INDEPTH™](#) is:
  - a convenient alternative to suspension or citation that helps schools and communities address the teen vaping problem in a more supportive way.
  - Instead of solely focusing on punitive measures, INDEPTH™ is an interactive program that teaches students about nicotine dependence, establishing healthy alternatives and how to kick the unhealthy addiction that got them in trouble in the first place.
- [INDEPTH™](#) was piloted at 11 schools across the United States with 60 percent of student participants reporting that they were willing to quit using tobacco products after completing the program.
- [REGISTER](#) for our **FREE** online training today!

### **Conversation Guide for Parents, Guardians, and Family members**

- [The Vape Talk](#) – an awareness campaign encouraging parents to talk to their kids about vaping before it's too late.

### **Additional Resources for Schools**

- **Educational Resources:**
  - [Tobacco Free Rhode Island](#): Product specific education and school curricula
  - [American Lung Association](#): A variety of downloadable one-pagers are available in English and Spanish
  - [American Heart Association](#): How to Keep Kids and Teens from Smoking and Vaping
  - [Rhode Island Department of Health Tobacco Control Program](#)
- **Quit Resource:**
  - My Life My Quit is free, confidential, and evidence-based help for youth ready to quit nicotine. This program offers trained tobacco treatment specialists, to provide real-time counseling by phone, text, or web-chat.
    - Phone – 855-891-9989
    - Text – “Start” to 36072
    - Chat – [www.MyLifeMyQuit.com](http://www.MyLifeMyQuit.com)
  - Free promotional and educational resources for schools, parents, and healthcare providers are available online at [www.MyLifeMyQuit.com](http://www.MyLifeMyQuit.com) or by contacting the Rhode Island Department of Health Tobacco Control Program’s Youth and Young Adults Coordinator: [jillian.Angell@health.ri.gov](mailto:jillian.Angell@health.ri.gov)

**District/school guidance:** This policy was revised effective \_\_\_\_\_. This policy provided guidance for schools regarding tobacco and nicotine and should be complemented by a proactive school-wide education program. This model policy is intended for schools to use as is or with adjustments to sanctions as needed to best fit the needs of the district and their students.