

# 7 Tools for Protection Against COVID-19



## PREVENT

1

### Vaccination

Stay up to date with your vaccines and recommended boosters.

2

### Ventilation

Outdoor or well-ventilated areas are safest.

3

### Masking

Wear a high-quality mask in crowded indoor settings.



## DETECT

4

### Symptom screening

Watch for symptoms after travel or indoor gatherings.

5

### Testing

Get tested if you have symptoms or are exposed.



## TREAT

6

### Isolation

Stay away from others if you test positive.

7

### Treatment

Ask a healthcare provider about treatment if you test positive.