



# Rhode Island WIC PROGRAM

## Vendor Minimum Inventory Requirements for WIC Allowed Foods Effective October 1, 2019

WIC-allowed foods must always be kept in stock. They must be in sales areas, or upon request, and immediately accessible to the WIC shopper. To remain in good standing with the WIC Program, vendors must have WIC-allowed foods readily available for review by WIC officials at the minimum inventory levels listed. RIDOH will not include excessively priced foods, out-of-code, altered or contaminated foods, and damaged containers in calculating inventory levels.

**NOTE: LARGE STORES = Four or more registers**

**SMALL STORES = One to three registers**

### FRUITS AND VEGETABLES ALL STORES

Any brand or variety      **NO added fats or sugars**      **NO glass jars**      **NO dried fruits or vegetables**

**Total of 10 pounds; Two fruits and two vegetables - fresh, frozen, and/or cans**

### 100% JUICE ALL STORES

Approved brands and flavors listed in the Food Guide only      **NO refrigerated cartons**      **NO fruit drinks**

Shelf-stable bottle: 64 oz      |      Frozen concentrate: 11.5-12 oz      |      Liquid Concentrate: 11.5-12 oz

**Two types, two 64-oz bottles of each AND two types, 12 cans total of 11.5 – 12-oz frozen and/or liquid concentrate**

### BEANS, PEAS, LENTILS ALL STORES

Store brand or least expensive      **NO refried beans**

One-pound bag and 15-16-oz can      **NO flavorings**

**Dried: Two types, two pounds each AND Canned: Two types, four cans each**

### TOFU LARGE STORES

Approved brands listed in the food guide only

14-16 oz package      **NO gourmet NO imported**

**Six pounds**

### PEANUT BUTTER ALL STORES

Store brand or least expensive      **NO added flavorings**

16-18-oz container      **NO organic**

Any texture

**Five containers**

### CANNED FISH ALL STORES

Store brand or least expensive      **NO pouches**

Tuna: 5 oz      |      Pink Salmon: 5-15 oz      |      Sardines: 3.75 oz

**Total of 30 oz, any combination**

### EGGS ALL STORES

Store brand or least expensive

Grade A Large      White or Brown

**Five dozen**

### INFANT CEREAL ALL STORES

Beech-Nut and      **Approved flavors listed in the food guide only**

8 or 16-oz packages      **NO added DHA/ARA**      **NO added fruit**

**Total of 48 oz, any combination**

### INFANT FORMULA/SOY FORMULA

Similac Advance 13-oz concentrate

Similac Sensitive 12-oz powder

Similac Soy Isomil 12.4-oz powder

Similac Advance 12.4-oz powder

Similac Spit-Up 12-oz powder

Similac Total Comfort 12-oz powder

#### **SMALL STORES:**

**18 cans minimum of any combination of Similac Advance Formula powder and/or concentrate.**

**Any type not carried should be made available to participant, upon request, within 48 hours.**

#### **LARGE STORES:**

**20 cans Similac Advance 13-oz concentrate AND**

**36 cans Similac Advance 12.4-oz powder AND**

**14 cans Similac Soy Isomil 12.4-oz powder AND**

**24 cans total; any combination of Similac Sensitive 12-oz powder, Similac Spit-Up 12-oz powder, and Similac Total Comfort 12-oz powder**

**For all other contract formulas, stock is not required but should be made available to participant, upon request, within 48 hours.**

## INFANT FOOD

Beech-Nut: Classics, Naturals 4-oz jars | Gerber 4-oz 2-packs (2-pack = 2 jars) **Approved flavors listed in the Food Guide only**

Beech-Nut: Classics 2.5-oz meats | Gerber 2.5-oz meats **NO organic NO added sugar or DHA/ARA**

### **SMALL STORES:**

**Total of 128 oz (32 jars); Two different fruits and two different vegetables. Infant food meats should be available within 48 hours, upon request.**

### **LARGE STORES:**

**Total of 128 oz (32 jars); Two different fruits and two different vegetables AND  
Total of 80 oz (32 jars) of infant food meats.**

## CEREAL ALL STORES

12-36-oz packages **Approved brands and flavors listed in the Food Guide only NO single servings**

**Four types, four packages of each; of those, two types must be whole grain**

## MILK

### **ALL STORES:**

Store brand or least expensive  
Whole, fat-free or 1%

**NO flavored NO high-calcium**

**Whole milk: Two gallons and two half gallons**

**AND**

**Fat free or 1%: Two gallons and two half gallons**

### **LARGE STORES ONLY:**

#### **SOY**

8<sup>th</sup> Continent: Plain, Vanilla  
Pacific Natural Foods: Plain  
Silk: Plain

**NO gourmet**

**NO imported**

**NO other flavorings**

**Total of 256 oz of any combination**

### **EVAPORATED**

Store brand or least expensive

**Twelve 12-oz cans**

### **LACTOSE REDUCED/FREE**

Store brand or least expensive

**Six half gallons**

### **POWDERED**

Store brand or least expensive

**Total of 150 oz of any combination**

## CHEESE ALL STORES

Sliced, shredded, block Regular and/or low-fat

Any brand Types of cheese: American, cheddar, colby,  
16-oz package Monterey jack, mozzarella, muenster, Swiss and  
provolone

**NO deli, individually wrapped, blends, added ingredients, imported, cheese food products or spreads**

**Total of 6 pounds; Two types: Three pounds of each type**

## YOGURT LARGE STORES

Whole, 1% or non-fat **Approved brands and flavors listed in the Food Guide only NO Greek NO Organic**

32-oz container

**Total of six 32-oz containers; four containers of 1% or non-fat AND two containers of whole**

## WHOLE GRAINS ALL STORES

### **SLICED BREADS AND ROLLS**

16-oz package

**Approved brands and flavors listed in the food guide only**

### **TORTILLAS AND WRAPS**

16-oz package

**Approved brands and flavors listed in the food guide only**

### **WHOLE-WHEAT PASTA**

Store brand or least expensive

16-oz package

### **BROWN RICE**

Store brand or least expensive

Box or bag including instant and boil-in bag

14-16-oz package

**Total of 6 pounds: Any combination of whole-wheat bread, rolls, tortillas, brown rice, and/or pasta**