



WIC ELIGIBILITY GUIDE

With income guidelines effective from July 1, 2020 to June 30, 2021

Are **YOU** eligible for WIC?

In order to be eligible to participate in the WIC program, you must be **one or more** of the following:

- Pregnant **or**
- Breastfeeding an infant up to one year old **or**
- Post-partum (have been pregnant within the last 6 months) **or**
- The parent/guardian of a child up to age 5 (any parent or guardian can apply)

AND you must meet **one or more** of the following criteria:

- Be enrolled in Rite Care (sometimes called “Rhode Island Medical” or Medicaid) **or**
- Be a participant of the SNAP program (sometimes called food stamps or EBT) **or**
- Meet the following income guidelines (below), based on your family size. **Note that if you are pregnant and your current family size and income do not qualify you for WIC benefits, your family size may be recalculated to include your unborn baby/babies, which might then make you eligible.**

If your household has this many people:

And you make **this much or less** every:

Family Size	Year	Month	Twice Monthly	Two Weeks	Week
1	\$23,828	\$1,986	\$993	\$917	\$459
2	\$32,227	\$2,686	\$1,343	\$1,240	\$620
3	\$40,626	\$3,386	\$1,693	\$1,563	\$782
4	\$49,025	\$4,086	\$2,043	\$1,886	\$943
5	\$57,424	\$4,786	\$2,393	\$2,209	\$1,105
6	\$65,823	\$5,486	\$2,743	\$2,532	\$1,266
7	\$74,222	\$6,186	\$3,093	\$2,855	\$1,428
8	\$82,621	\$6,886	\$3,443	\$3,178	\$1,589
(Each Additional Family Member)	+\$8,399	+\$700	+\$350	+\$324	+\$162