



Protect Your Health During Hurricane Season

The Atlantic Hurricane Season is June 1 through November 30. Hurricanes can cause illness, injury, damage to houses and buildings, and environmental concerns like flooding and mold. We can't stop hurricanes. But we can take three steps now to protect our health from the effects of hurricanes: **Make a plan, build a kit, stay informed.**



Make A Plan

Complete the My Emergency Plan Workbook



Build a Kit

Make an emergency kit in advance



Stay Informed

Sign up for CodeRED to get notifications from your local emergency response team if there is an emergency in your area



Learn more:

health.ri.gov/emergency/about/hurricanes

health.ri.gov/emergency