All People Face Different Challenges

Asking for the support you need can help keep you safe.

1 in 4 high school students identify as lesbian, gay, bi, transgender, or other/questioning (LGBTQ). You or your friends may face different pressures than students who are straight.



Feelings of sadness/hopelessness were more common among students who identify as LGBTQ (64%) than among those who identify as straight (29%).

Reach out to a trusted adult or a friend when you're feeling down.



Among students who identify as LGBTQ, 23% report current marijuana (cannabis) use, compared to 13% among students who identify as straight.

There are healthier ways of dealing with stress than using drugs or alcohol. If you're experiencing problems related to marijuana use, a student assistance counselor or behavioral health professional at your school can help. Get connected to a counselor or other staff member at your school.



Visit risas.org/about/participating-schools



28% of students who identify as LGBTQ report being bullied - a rate more than twice as high as that among students who identify as straight (13%).

Some students who identify as LGBTQ may feel unsafe. Talk to someone you trust if you don't feel safe at school or in the community. If you see someone being bullied, you can make a difference.



Visit righttobe.org

Positive connections help make school a safe place for everybody. Do your part to make sure everyone feels included and respected.

Visit glsen.org





Visit youthprideri.org









