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Rhode Island Substance Use Treatment and Recovery Resources

If you are experiencing a mental health crisis or living with a substance use condition, there is help available.

Rhode Island has many resources to help you connect with treatment options, recovery support, harm reduction services, and more. Many of these resources are either free or offered at a low cost.

You can find additional resources on the Rhode Island Department of Behavioral Healthcare, Developmental Disabilities & Hospitals (BHDDH) <u>Links and Resources</u> webpage and the Prevent Overdose RI <u>Get Help</u> and <u>Recovery</u> webpages.

For immediate crisis services and support:

988 Suicide & Crisis Lifeline

Patients, clients, or their loved ones ages 18 and over who are experiencing a substance use crisis, emotional distress, or thoughts of suicide can call or text 988 or chat with 988 at 988lifeline.org to connect with a trained crisis counselor for support.

BH Link Triage Center

For adults, call or text 988 or chat at <u>988lifeline.org/chat</u> to reach <u>BH Link</u>.

The **BH Link Triage Center**, located at **975 Waterman Ave., East Providence, Rhode Island**, is a 24/7 community-based, walk-in/drop-off facility providing services for mental health and substance use crisis assessments and assistance with treatment referrals.

Safe Stations (24/7):

Providence Safe Stations

Available 24 hours a day, seven days a week. You can visit any of <u>Providence's 12 fire stations</u>, speak with the trained staff on duty, and immediately get connected to treatment support and services. Providence Safe Stations is free and provides a welcoming environment for when you're ready for recovery.

Certified Community Behavioral Health Clinics

A <u>Certified Community Behavioral Health Clinic (CCBHC)</u> is a specially-designated clinic that provides a comprehensive range of mental health and substance use services. CCBHCs serve anyone who walks through the door, regardless of diagnosis and insurance status.

At a CCBHC, a team of trained health professionals can:

- provide mental health support to you or a loved one,
- help you or a loved one with a substance use condition, and/or
- provide 24/7 crisis support.

The following locations are CCBHCs in Rhode Island:

Community Care Alliance (Woonsocket)

<u>Family Service of Rhode Island</u> (Providence)

Gateway Healthcare (Pawtucket, Johnston, and South County)

Newport Mental Health (Newport)

The Providence Center (Providence)

Thrive Behavioral Health (Warwick)

Please visit the website of a CCBHC near you to make an appointment or to learn about their walk-in services. You can also call 988 to learn more about their services or mobile crisis response.

If you are looking for detoxification services:

Detoxification treatment centers are inpatient facilities where you can stay for five to seven days and receive supervision for medically managed withdrawal, also commonly referred to as detoxification. This may include medications to ease the discomfort of withdrawal symptoms and treat substance use disorders. Anti-craving medications may also be prescribed during this time. It is important to note that currently, Butler Hospital is the onl detoxification treatment center in Rhode Island that accepts pregnant individuals.

AdCare

1950 Tower Hill Rd. North Kingstown, RI **401-294-0419**

Butler Hospital

345 Blackstone Blvd.
Riverview Building, Third Floor
Providence, RI
401-455-6214
844-401-0111 (For patient triage
and scheduling of inpatient or outpatient
services.)

Roger Williams Medical Center

825 Chalkstone Ave. Providence, RI **401-256-2363**

Patients must be triaged through the Roger Williams Medical Center Emergency Department to access detoxification services.

Zinnia Health

251 Main St. Exeter, RI **844-612-4180**

Individuals insured with Rhode Island

Medicaid: 866-767-1539

If you need inpatient rehabilitation, or "residential" services:

Inpatient rehabilitation facilities can provide you with residential services and support. It is where you can go during the early stages of recovery after completing detoxification. This means that you are no longer in acute withdrawal and may be taking medications to reduce cravings and treat substance use disorder..

In an inpatient facility, you can stay for up to 28 days. During your stay, you will be living with others who are starting their own recovery journey. You can participate in intensive group therapy, individual therapy, and other activities focused on building skills and confidence to maintain your recovery.

Inpatient rehabilitation for men and women:

<u>AdCare</u>

1950 Tower Hill Rd. North Kingstown, RI 401-294-0419

Zinnia Health

251 Main St. Exeter, RI 888-671-9392 Salvation Army:
Providence Adult
Rehabilitation Center
201 Pitman St.
Providence, RI
401-421-5270

Women-only facilities:

The Providence Center:
Women's Road to Recovery

15 Baker Pines Rd. Wyoming, RI **401-491-5909**

Services and support to individuals

who are pregnant.

SSTARbirth

80 East St. Cranston, RI **401-463-6001**

Services and support to pregnant and post-partum individuals and their children.

Men-only facilities:

Bridgemark Recovery

2020 Elmwood Ave.

Warwick, RI

401-781-2700

Community Care Alliance:

Robert J. Wilson House

80 Summit St. Pawtucket, RI **401-235-7439**

Galilee Mission

268 Kingstown Rd. Narragansett, RI 401-789-9390 **Community Care Alliance:**

Jellison House

203 Greenville Ave.

Johnston, RI

401-235-7439

MAP Behavioral Health Services

66 Burnett St. Providence, RI 401-785-0050

The Providence Center:
Men's Road to Recovery

111 Howard Ave. Cranston, RI **401-462-1020**

For outpatient services and support, partial hospitalization program (daily Monday-Friday) or intensive outpatient (several times a week):

These programs provide assessments, medications for substance use disorders (e.g., buprenorphine or methadone for opioid use disorder), and counseling to maintain work, school, or family commitments.

Partial Hospitalization Programs (Monday-Friday)

Butler Hospital

345 Blackstone Blvd.

Providence, RI

1-844-401-0111

Newport Hospital Virtual Telehealth and Dual Diagnosis Program

Zoom Meeting

401-845-1910

Ocean State Recovery Center

1524 Atwood Ave., Suite 244

Johnston, RI

401-443-9071 and 401-425-6070

(Admissions)

Intensive Outpatient Programs (three appointments/week)

Butler Hospital

345 Blackstone Blvd.

Providence, RI

1-844-401-0111

VICTA

110 Elmwood Ave.

Providence, RI

401-300-5757

AdCare

49 S. County Commons Way

South Kingstown, RI

401-795-3055

600 Putnam Pike

Greenville, RI

401-949-2220

400 Bald Hill Rd., Suite 517

Warwick, RI

401-732-1500

Community Care Alliance

800 Clinton St.

Woonsocket, RI

401-762-7565

Ocean State Recovery Center

1524 Atwood Ave., Suite 244

Johnston, RI

401-443-9071

Northeast Family Services

2348 Post Rd., Suite 107

Warwick, RI

401-681-4637

Trinity Healthy Living Behavioral

Health Clinic

58 East Main Rd.

Middletown, RI

401-608-3322

MAP Behavioral Health Services

66 Burnett St.

Providence, RI

401-785-0050

Roger Williams Outpatient Addiction

Services at Our Lady of Fatima Hospital

200 High Service Ave.

North Providence, RI

401-456-2362

If you are in early recovery and need support from a recovery residence:

A "recovery residence" is a broad term describing a sober, safe, and healthy living environment that promotes recovery from alcohol or other substance use and associated issues. The purpose of a recovery residence is to improve one's physical, mental, spiritual, and social wellbeing.

Recovery residences are divided into different levels of support. The levels are based on the type, as well as the intensity and duration, of support the residence offers. Services span from peer-to-peer recovery support (all recovery residences) to medical and counseling services (at recovery residences offering higher levels of support).

Visit the Rhode Island Communities for Addiction Recovery Efforts (RICARES) Housing webpage to <u>find a list of National Alliance for Recovery Residences (NARR)-certified recovery houses</u> in Rhode Island.

Rhode Island Communities for Addiction Recovery Efforts (RICARES)

133 Mathewson St.

Providence, RI

401-475-2960

State-Funded Financial Support for Recovery Housing: 1-Year Grant

To receive the <u>1-Year Grant</u>, an individual's eligibility must be reassessed every 90 days for up to 365 days. House managers or operators of recovery houses complete reassessments. Reimbursement will be at \$25/day for NARR Level II recovery housing on a tiered system:

- Days 1-90: State pays 100% (\$25 per day); Resident pays \$0
- Days 91-180: State pays 80% (\$20 per day); Resident pays 20% (\$5 per day)
- Days 181-365: State pays 60% (\$15 per day); Resident pays 40% (\$10 per day)

For patients seeking State-funded financial support for recovery housing:

RI Hope & Recovery Line

State-funded financial support for recovery housing can only be accessed by calling the RI Hope & Recovery Line at 401-942-STOP (7867) between 7 a.m. and 7 p.m.

If you are looking for outpatient treatment with options for medications for substance use disorders (such as buprenorphine, methadone, or naltrexone):

Visit the Substance Abuse and Mental Health Services Administration (SAMHSA) <u>Buprenorphine</u> <u>Practitioner Locator</u> webpage to find a healthcare professional by city, state, or ZIP code.

Rhode Island-based outpatient treatment options for opioid use disorder include:

Behavioral Health Group

82 Pond St.

Pawtucket, RI

401-727-1287

985 Plainfield St.

Johnston, RI

401-946-0650

86 Beach St.

Westerly, RI

401-596-0969

160 Narragansett Ave.

Providence, RI

401-948-4488

26 Valley Rd.

Units 201 and 202

Middletown, RI

401-552-4673

Addiction Recovery Institute

31 North Union St.

Pawtucket, RI

401-725-2520

205 Hallene Rd., Suite 102

Warwick, RI

401-737-4788

For those seeking outpatient treatment with options for medications for opioid use disorder, such as buprenorphine, methadone, or naltrexone:

CODAC Behavioral

Healthcare

349 Huntington Ave.

Providence, RI

401-942-1450

Walk-in Intakes:

Monday-Friday

6:30 a.m.-11 a.m.

850 Waterman Ave.

East Providence, RI

401-434-4999

600 Pawtucket Ave.

Pawtucket, RI

401-808-6278

93 Thames St.

Newport, RI

401-847-4150

3045 Tower Hill Rd.

Saunderstown, RI

401-789-0934

50 Health Lane

Warwick, RI

401-384-7300

Rhode Island

Buprenorphine Hotline

(Buprenorphine only)

24/7 Telehealth Services

to Start Buprenorphine

Treatment

401-606-5456

VICTA

110 Elmwood Ave.

Providence, RI

401-300-5757

Comprehensive

Treatment Centers:

Discovery House

66 Pavilion Ave.

Providence, RI

401-461-9110

Walk-in Intakes:

Monday-Friday

6:30 a.m. to 9:30 a.m.

Comprehensive

Treatment Centers

1625 Diamond Hill Rd.

Woonsocket, RI

401-762-1511

Roger Williams Outpatient

Addiction Services at the Lady of Fatima Hospital

(Buprenorphine only)

200 High Service Ave.

North Providence, RI

401-456-2362

Lifespan Recovery Center

(Buprenorphine only)

200 Corliss St.

Providence, RI

401-606-8530

The Center for Primary Care Recovery Clinic

(Buprenorphine only)

245 Chapman St., Suite 300

Providence, RI

401-444-4741

Thundermist Health Center

(Buprenorphine only)

450 Clinton St.

Woonsocket, RI

401-767-4100

Thundermist Health

Center

(Buprenorphine only)

186 Providence St.

West Warwick, RI

401-615-2800

Addiction Care Today

(ACT)

Medical Office Center

2 Dudley St., Suite 375

Providence, RI

401-606-8100

Walk-in Intakes:

Monday-Friday;

8:30 a.m. to 4 p.m.

Assisted Recovery

Centers of America

(Buprenorphine only)

678 Park Ave.

Cranston, RI

401-228-7866

Comprehensive Community

Action Program

Family Health Services

(Buprenorphine only)

1090 Cranston St.

Cranston, RI

401-467-9610

Harm Reduction Services and Supplies

If you or a loved one are still using substances and need access to harm reduction services and supplies:

Harm Reduction Vending Machines

AIDS Care Ocean State (ACOS)

ACOS harm reduction vending machines provide free, safer use supplies 24 hours a day, seven days a week. The vending machines are currently stocked with fentanyl test strip kits, hygiene kits, naloxone (Narcan®), safer injection kits, safer sex kits, referral cards, and wound care kits. Individuals can call **401-401-7881-0665** to receive an anonymous vending machine PIN code and get three free safer-use items per week. Visit the Prevent Overdose RI <u>Get Help</u> webpage and select "Harm Reduction Vending Machines" to find one near you.

Harm Reduction Supplies and Education

AIDS Care Ocean State

557 Broad St.
Providence, RI
Monday-Friday 10 a.m. - 1 p.m.;
Tuesday and Thursday, 6 p.m. - 8 p.m.
(Mobile services available)

The AIDS Care Ocean State ENCORE program is the only sterile needle exchange program in Rhode Island. The ENCORE mobile outreach team delivers free, sterile needles, safer sex kits, HIV-testing information, and toiletries throughout the state. The mobile outreach team also offers counseling, HIV prevention and education, and referrals to substance use treatment and medical care facilities.

Project Weber/RENEW (PWR)

PWR provides syringe exchange services at the main drop-in center and through their mobile outreach team. The street outreach team offers free HIV and hepatitis C testing, sterile syringes, fentanyl test strips, naloxone, condoms, and other supplies. Additionally, PWR provides peer recovery coaching and can help connect individuals with a treatment program if they are ready for one. **PWR provides mobile services**.

640 Broad St. Providence, RI 02907 **401-383-4888**

124 Broad St. Pawtucket, RI 02860 **401-867-2882**

Recovery Support Services

If you are looking for resources to help you start or maintain your recovery:

Rhode Island has many groups and meetings that can help you in your recovery journey. These include 12-step programs and meetings with others in recovery. You can find resources for Rhode Island Alcoholics Anonymous, <a href="Island

There are many <u>recovery community centers</u> across Rhode Island where you can connect to services and start or help your recovery. Recovery community centers provide support from others with lived experience. There are opportunities to join support groups and access basic needs, housing, family support, financial literacy classes, and health and wellness activities.

Marigold Health

Virtual Peer Support

Anchor Recovery Center

310 Reservoir Ave.

Providence, RI

401-889-5770

890 Centerville Rd.

Warwick, RI

401-615-9945

RICARES

133 Mathewson St.

Providence, RI

401-475-2960

Serenity Center at Community

Care Alliance

66 Social St.

Woonsocket, RI

401-488-4426

East Bay Recovery Center

31 Railroad Ave.

Warren, RI

401-289-2055

220 High St.

Bristol, RI

401-302-6231

12-Step Based Groups

Alcoholics Anonymous

Find in-person meetings <u>here</u> Find virtual meetings <u>here</u>

Narcotics Anonymous

Find in-person meetings <u>here</u> Find virtual meetings <u>here</u>

SMART Recovery Meetings

Peer Recovery Coaching for Pregnant and Postpartum People

Pregnant or postpartum people who are using or in recovery, can call or text **401-895-6592** to speak with an English- or Spanish-speaking peer recovery coach and access <u>free, confidential help and support</u>. No cost, no judgement.

Visit recoveryhope4momsri.com or esperanzaxsanarmadresri.com for more information.

Reducing the Tobacco/Nicotine Use Burden

Rhode Island offers free, effective, customized, and confidential help for adults and youth interested in recovery from tobacco/nicotine addiction.

Quit Support for Adults:

Rhode Island Nicotine Helpline
Recommended for adults age 18 and older
Text "Start" to 300500 / text "INSCRIBIR" to 300500 en español
1-800-QUIT-NOW / 1-800-8-DEJALO
QuitNowRI.com

Quit Support for Youth:

My Life, My Quit™
Recommended for youth age 13 to 17
Text "Start" to 36072
1-855-891-9989
mylifemyquit.com

Notes:			



Rhode Island Department of Health 3 Capitol Hill, Providence, RI 02908 Health Information Line: 401-222-5960 / RI Relay 711 www.health.ri.gov