



**State of Rhode Island
Department of Health
Quarantine and Isolation Facility**

Please direct any questions or concerns to your Quarantine and Isolation Facility Care Manager:

Name: _____ **Phone:** _____

In addition, there will be 24-hour security present at the quarantine facility to ensure your safety and that of the facility.

What should I do or not do while living in the quarantine and isolation facility?

Do not leave your room. To prevent the possible spread of disease, you must stay in your assigned room while you are awaiting test results, or while quarantining for the full duration of your isolation period.

- You may not invite guests to the hotel or have people in your room.
- You cannot leave the facility unless directed to by a healthcare professional or your assigned care manager.
- Wear a mask and gloves when opening the door to your room.

Monitor your symptoms. If you develop any new symptoms or your condition gets worse, please let your assigned care manager know. For general questions about COVID-19, call **401-315-9229**.

Take steps to prevent the spread of viruses.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash and immediately wash your hands.
- Avoid close contact with other individuals; within six feet is considered close contact.