Wear the right mask to protect yourself and others from COVID-19.

The Rhode Island Department of Health recommends wearing a mask indoors near anyone you don’t live with if the state becomes a high-risk area. **If you choose to wear a mask, make sure it fits snugly but comfortably over your nose, mouth, and chin without any gaps.**

**RECOMMENDED**

- **Great protection:** N-95, KN-95, or KF-94 mask
- **Good protection:** Surgical mask that fits
- **OK protection:** Cloth mask made of a tightly woven, breathable fabric that's at least two layers thick and fits

**NOT RECOMMENDED**

- Face shield alone
- Bandana, scarf, or ski mask
- Cloth mask with valve or vent
- Mask worn the wrong way or that doesn’t fit
- Mask that makes it hard to breathe or is only one layer thick

Always wash your hands after handling or touching a used mask. Wash and dry cloth face coverings after use each day. Learn more about how to handle and care for your mask at [covid.ri.gov/masks](http://covid.ri.gov/masks)

Masks should not be worn by children younger than age two, anyone who has trouble breathing, or anyone who is unable to remove the mask without help.

[covid.ri.gov/masks](http://covid.ri.gov/masks)