



PROTECT YOURSELF AND OTHERS FROM COVID-19

WHAT TO DO AFTER EXTENDED EXPOSURE AT PUBLIC GATHERINGS

If you have recently been in a large gathering, like a protest, and had close contact¹ with non-household members, you might have been exposed to COVID-19.

GET TESTED

- 1 Even if you don't have COVID-19 symptoms, you should get tested. Make an appointment for free testing at portal.ri.gov or call **401-222-8022** Monday – Friday 8:30 a.m.-4:30 p.m., or **2-1-1** on Saturday, Sunday, or after-hours.

BE ALERT FOR SYMPTOMS

- 2 COVID-19 symptoms include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, stuffy nose or runny nose, diarrhea, and nausea or vomiting. Avoid being near people who are at higher risk, such as older adults or people with underlying medical conditions.

IF YOU DEVELOP SYMPTOMS, STAY HOME

- 3 Call a healthcare provider and share your concerns. Stay away from household members who are at higher risk. If you need emergency help, call **9-1-1**.

Visit health.ri.gov/covid/testing to learn more.

¹ Close contact is considered being within six feet of a person for more than 15 minutes.