

# COVID-19 Information for Child Care Programs: Resource Guide



This Resource Guide outlines the steps child care programs and families can take to help [prevent the spread of COVID-19](#). This Guide also outlines how to get a COVID-19 test, what to do if you test positive, and how to get treatment.

## PREVENT

### Vaccination:

- Stay up to date with COVID-19 vaccines [\[English\]](#) [\[Español\]](#)
- COVID-19 Vaccine Information for Rhode Island [\[English\]](#) [\[Español\]](#) [\[Português\]](#)
- 6 Things to Know about COVID-19 Vaccination for Children [\[English\]](#)

### If You Have COVID-19 Symptoms or are Exposed to Someone with COVID-19:

- Staff and children should [stay home when sick](#) and [get tested](#) when they have [symptoms of COVID-19](#).
- Encourage anyone [exposed](#) to someone who has COVID-19 to watch for symptoms, get tested after 5 full days, and wear a [well-fitting mask](#) for 10 days.
- CDC Webpage on Understanding Exposure [\[English\]](#) [\[Español\]](#)

### Everyday Steps to Prevent COVID-19

- How to Protect Yourself and Others [\[English\]](#) [\[Español\]](#)
- [Take Steps to improve](#) ventilation inside child care programs
- [Promote good hygiene](#), like good handwashing, and covering coughs and sneezes
- Regularly [clean and disinfect](#) surfaces to prevent the spread of germs
- Follow data from the CDC, like how many people are admitted to local hospitals because of COVID-19, to help you decide what prevention measures to use [\[English\]](#) [\[Español\]](#)
- Child care programs should consider [universal masking](#) when [COVID-19 Hospital Admission Levels](#) are high
- Schools should consider [screening testing](#) when [COVID-19 Hospital Admission Levels](#) are medium or high
- Flyer: Prevent COVID-19 [\[English\]](#) [\[Español\]](#) [\[Português\]](#)



# COVID-19 Information for Child Care Programs: Resource Guide continued



## DETECT

### Testing:

- COVID-19 Testing: What You Need to Know [\[English\]](#) [\[Español\]](#)
- COVID-19 Testing in Rhode Island [\[English\]](#) [\[Español\]](#) [\[Português\]](#)
- Reporting Self Tests to RIDOH [\[English\]](#) [\[Español\]](#) [\[Português\]](#)
- Factsheet: COVID-19 Testing in Rhode Island [\[English\]](#) [\[Español\]](#) [\[Português\]](#)

## TREAT

**Isolation:** If positive for COVID-19, [isolate at home](#) for at least 5 full days and wear a mask around other people through day 10.

- Letter to Child Care Families on Isolation Protocol [\[English\]](#) [\[Español\]](#) [\[Português\]](#)

**Treatment:** Treatment can reduce your risk of going to the hospital or dying from COVID-19.

- CDC: Treatments and Medications [\[English\]](#) [\[Español\]](#)
- Treatment locator [\[English\]](#) [\[Español\]](#)

## MANAGE OUTBREAKS

- CDC: Responding to Outbreaks [\[English\]](#) [\[Español\]](#)
- Letter to Families about Outbreak Exposure to COVID-19 [\[English\]](#) [\[Español\]](#) [\[Português\]](#)
- Review [CDC COVID-19 Hospital Admission Levels](#) for additional outbreak recommendations

6/13/2023