COVID-19 Testing for **Symptomatic People**

(Testing asymptomatic people is not recommended.)

**Most common symptoms:** fever, cough, shortness of breath

**Others possible symptoms:** runny nose, sore throat, body aches, diarrhea

---

### YOU DO NOT NEED RIDOH PERMISSION TO ORDER A COVID-19 TEST

<table>
<thead>
<tr>
<th>RIDOH State Health Laboratories (RISHL) Testing</th>
<th>Hospital Lab or Commercial Lab Testing (No RIDOH form needed)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fax <strong>PUI for COVID-19 Reporting Form</strong> to 401-222-2488</td>
<td></td>
</tr>
</tbody>
</table>

#### COVID-19 Risk Factors

- Symptoms + ANY:
  - Hospitalized patient
  - Healthcare worker or emergency medical services (EMS) personnel
  - Nursing home resident or congregate living setting

- Anyone with symptoms, including (but not limited to) those with:
  - Chronic illness (e.g. heart, lungs, diabetes)
  - Immunocompromised
  - Travel in the 14 days prior to symptom onset
    - International travel/cruise
    - Any domestic air travel
    - Any domestic travel (e.g., by car) to communities with widespread transmission
  - Close contact of positive COVID-19 case (14 days prior to symptom onset)
  - Attendee of mass gathering with positive COVID-19 case(s) (14 days prior to symptom onset)

#### How to order

- Obtain nasopharyngeal (NP) specimen
- Send specimen stat to RISHL and include **RISHL Test Requisition Form** with specimen

- Obtain nasopharyngeal (NP) specimen
- Send specimen to hospital or commercial lab of choice

---

**GIVE PUI INSTRUCTIONS. PATIENT MUST ISOLATE PENDING TEST RESULT.**

<table>
<thead>
<tr>
<th>Lab</th>
<th>RIDOH State Health Laboratories</th>
<th>Hospital Lab, Commercial Lab</th>
</tr>
</thead>
</table>

| COVID-19 Positive Results | RIDOH State Health Laboratories will report results to ordering provider. RIDOH will inform patient of positive results. | Providers and laboratories must **report COVID-19 positive results to RIDOH immediately**: 401-222-2577 8:30 a.m. to 4:30 p.m. 401-276-8046 after hours |

---

COVID-19 TESTING GUIDANCE 3-17-2020  Rhode Island Department of Health (RIDOH)