Prevent COVID-19 and Other Illnesses this School Year

Follow these steps to make sure kids can have a healthy and productive year learning in their classroom.





Stay home if you feel sick.

- Monitor symptoms and contact your healthcare provider for advice.
- If you have **symptoms** of COVID-19, **get tested**.





If you test positive for COVID-19, <u>isolate</u> at home for at least 5 days and wear a mask around others for a full 10 days.

• If you're at risk for getting **very** sick from COVID-19, talk to a doctor about **treatment**.





If you have been <u>exposed</u> to someone who has COVID-19, watch for symptoms, get tested after 5 full days, and wear a well-fitting mask for 10 days.





Stay up to date with all recommended vaccinations including the **COVID-19** vaccine.

• Children who are vaccinated are less likely to get COVID-19. And if they do, they're less likely to get very sick.





Take basic steps to help stop the spread of COVID-19, the flu, and other contagious illnesses.

- Wash hands frequently with soap and water.
- Cover coughs and sneezes.



