Prevent COVID-19 and Other Illnesses this School Year

Follow these steps to make sure kids can have a healthy and productive year learning in their classroom.

1. Stay home if you feel sick.
   - Monitor symptoms and contact your healthcare provider for advice.
   - If you have symptoms of COVID-19, get tested.

2. If you test positive for COVID-19, isolate at home for at least 5 days and wear a mask around others for a full 10 days.
   - If you’re at risk for getting very sick from COVID-19, talk to a doctor about treatment.

3. If you have been exposed to someone who has COVID-19, watch for symptoms, get tested after 5 full days, and wear a well-fitting mask for 10 days.

4. Stay up to date with all recommended vaccinations including the COVID-19 vaccine.
   - Children who are vaccinated are less likely to get COVID-19. And if they do, they’re less likely to get very sick.

5. Take basic steps to help stop the spread of COVID-19, the flu, and other contagious illnesses.
   - Wash hands frequently with soap and water.
   - Cover coughs and sneezes.

For more information, visit covid.ri.gov.