You have tested positive for COVID-19. It is very important that you isolate from other people, so they don't get sick. You need to stay home for at least 10 days, even if you don't have symptoms, starting now. In addition, your close contacts (for example, the people you live with) will need to quarantine and also stay home. If you need assistance to be able to stay home, there is help available for you.

Call the BeatCOVID Hotline at 1-855-843-7620 for:
- Food assistance
- Food delivery
- Delivery of supplies such as masks, cleaning supplies, hand sanitizer
- Employment assistance
- Utilities assistance
  Monday - Friday 8:00 a.m. to 5:00 p.m.

Call the Rhode Island Department of Health COVID-19 Info Line at 401-222-8022 for:
- Supports to help you stay home from work
- Housing supports to help you isolate safely
- Letters about your isolation or quarantine status required by your employer or school
  Monday - Friday 7:30 a.m. to 7:00 p.m.
  Saturday - Sunday 8:30 a.m. - 4:30 p.m.

Call 2-1-1 and choose option 6 for:
- Any other supports you need, such as rental assistance
  Open 24 hours, 7 days a week

Someone from the Rhode Island Department of Health will call you within a few days to ask about your symptoms and the people you have been in contact with. Please answer the call.

For more information about COVID-19, visit www.health.ri/covid

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