

Testing Yourself for COVID-19

At-home tests are a fast and easy way to test yourself for COVID-19 infection. But testing yourself may not be as good as a test by a trained professional. Please read this flyer before you test yourself. Be sure to follow the test kit directions exactly.

If you are a close contact of someone who tested positive for COVID-19, you cannot use an at-home test to end quarantine. Close contact means you've been closer than 6 feet to someone who has COVID-19 for more than 15 minutes in one 24-hour period. Go to a test site listed below.

If your at-home test result is positive:

- Call The Rhode Island Department of Health's COVID-19 Info Line at **401-222-8022** and press 6 to report your positive result. The COVID-19 Info Line is open on weekdays from 8:30 a.m. – 7 p.m. and on weekends from 8:30 a.m. – 4:30 p.m.
- Isolate (stay home and stay away from other people). Wear a mask if you cannot stay away from other people where you live.
- For more information about what to do after you test positive, visit covid.ri.gov/whattodo.

If you have COVID-19 symptoms and your at-home test result is negative, get a PCR test that is processed at a lab to make sure the result of your at-home test is accurate. Visit covid.ri.gov/testing to find out how to get a PCR test.

- You can schedule a COVID-19 test at a State-run test site online at portal.ri.gov or by calling **401-222-8022**. You can also call **2-1-1** if you need to talk to someone who speaks another language. Tests at State-run sites are free, and you do not need health insurance.
- Call your local pharmacy or clinic to find out how to make an appointment for a COVID-19 test. Some pharmacies and clinics may charge for testing or related services.

If you have symptoms of COVID-19, even if you are vaccinated, isolate away from others and stay home until all of your symptoms are gone.

Do not go to work or school, and do not spend time near other people while you're sick. For more information about what to do when you have symptoms of COVID-19, visit covid.ri.gov/whattodo.

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