



Burden of Tobacco/Nicotine Use in Rhode Island

Tobacco use remains the leading preventable cause of death and disease in the United States and in Rhode Island. Approximately 480,000 deaths each year are attributed to smoking and other tobacco use in the United States, with 1,800 deaths in Rhode Island¹. Approximately 29.8% of cancer deaths in Rhode Island are attributable to smoking¹. Nationally and locally, tobacco-related disparities exist that negatively impact health equity².

An estimated 1,400 youth in Rhode Island will try smoking cigarettes for the first time this year¹. Nearly 9 out of 10 (90%) adults who currently smoke cigarettes started using tobacco/nicotine products by age 18, and 99% started by age 26². Youth are more likely to use flavored tobacco/nicotine products. In Rhode Island, 93% of high school students who use e-cigarettes use flavored products³, and the most common flavors used nationwide are fruit, candy, mint, and menthol. Youth and young adults up to age 25 are most vulnerable to nicotine's effects as their brains and bodies are still developing, and sustained nicotine use impairs memory, learning, concentration, emotional processing, and impulse control, while also priming the brain for further addiction⁵.

Rhode Island Current Tobacco Use

High School, 2021 ³	Percent (%)
E-cigarettes	17.8
Daily e-cigarette use	4.6
Cigars, cigarillos, or little cigars	2.7
Cigarettes	3.0
Smokeless tobacco products	2.5
Middle School, 2021 ³	Percent (%)
E-cigarettes	5.6
Adults, 2022 ⁴	Percent (%)
Cigarettes	11.8
E-cigarettes	6.7
Menthol cigarettes*	49.0

*among current adult cigarette users

Rhode Island Youth Tobacco Use Behaviors

High School, 2021 ³	Percent (%)
Ever tried cigarettes	11.9
Ever tried e-cigarettes	32.0
Flavored e-cigarette use	16.6
Purchased cigarettes from store*	15.6
Purchased e-cigarettes from store	12.8
Borrowed e-cigarette from someone†	50.63

*not including e-cigarettes

†among current e-cigarette users under 18

**For more information please contact
the Rhode Island Department of Health
Tobacco Control Program:**

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Reducing the Tobacco/Nicotine Use Burden with Treatment:

Rhode Island offers free, effective, customized, and confidential help for adults and youth interested in quitting or reducing tobacco/nicotine use:

Rhode Island Nicotine Helpline

- Recommended for adults ages 18+
- Text: "Start" to 300500
- Call: 1-800-QUIT-NOW /
1-800-8-DEJALO
- Visit: [QuitNowRI.com](https://quitnowri.com)

QuitNowRI.com



My Life, My Quit™

- Recommended for youth ages 13-17
- Text: "Start" to 36072
- Call: 855-891-9989
- Visit: mylifemyquit.com

MY LIFE MY QUIT™



Smoking-Caused Monetary Costs for Rhode Island per Year¹

\$744 million

Annual healthcare costs

\$233.0 million

Medicaid costs

\$1.1 billion

Losses in productivity

References:

- ¹ Campaign for Tobacco-Free Kids. [The Toll of Tobacco in Rhode Island](#).
- ² Office of the Surgeon General. [The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General](#).
- ³ Rhode Island Department of Health. Center for Health Data Analysis. [2021 Youth Risk Behavior Survey](#).
- ⁴ Rhode Island Department of Health. Center for Health Data Analysis. [2022 Behavioral Risk Factor Surveillance System](#).
- ⁵ Centers for Disease Control and Prevention. [Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults](#).