

**Small State
Big Deal**



Get Vaccinated!



Protect Mom and Baby: Get Vaccinated During Pregnancy!



Are you pregnant or planning to be? It's important to keep both you and your baby healthy. One way to do that is by getting vaccinated!

Why Vaccination Matters:

- Babies benefit from vaccination during pregnancy because you pass on some protection to your baby, helping them stay healthy after they're born.
- Vaccination helps protect your baby against hospitalization. Diseases like whooping cough and RSV can be life-threatening for newborns.

What Vaccines Are Recommended:

- **Flu and COVID-19 vaccine** protect you and your baby from risk of illness, which can be dangerous during pregnancy.
- **Whooping cough (Tdap) vaccine** is best when given between 27 to 36 weeks of pregnancy.
- **Respiratory Syncytial Virus (RSV) vaccine** is best when given between 32 and 36 weeks of pregnancy, and during respiratory illness season most active months of September-January.

How to Protect Your Baby After Pregnancy:

- Newborns are too young to get flu, COVID-19, and Tdap vaccination. Everyone who cares for a baby should get routine vaccines to help keep newborns safe.
- Ask friends and family to stay away if they are sick or have been around sick people.

Getting up-to-date on vaccination is an important step to protect your family. Talk to your doctor about which vaccines are right for you.

Immunization Information for Pregnancy: health.ri.gov/preg-vax

