As COVID-19 cases are rising rapidly across Rhode Island and the United States, here is what you can do to keep yourself and others safe.

Get **vaccinated** and stay up to date with your vaccines. This means getting a third dose and/or a **booster** dose, if you are eligible.

Wear a high-quality, well-fitting **mask** such as an N-95, a KN-95, a KF-94, or a surgical mask.

**Limit social gatherings, travel, and in-person activities with others** as much as possible. This is especially important for people age 65 or older or who have a compromised immune system. Visit [covid.ri.gov/prevention](https://covid.ri.gov/prevention).

If you are around others indoors, **ensure there is adequate ventilation** by opening windows to filter in clear air.

Stay home if you have **symptoms**, contact your healthcare provider, and get **tested**.