

As COVID-19 cases are rising rapidly across Rhode Island and the United States, here is what you can do to **keep yourself and others safe.**



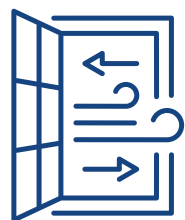
Get vaccinated and stay up to date with your vaccines. This means getting a third dose and/or a booster dose, if you are eligible.



Wear a high-quality, well-fitting mask such as an N-95, a KN-95, a KF-94, or a surgical mask.



Limit social gatherings, travel, and in-person activities with others as much as possible. This is especially important for people age 65 or older or who have a compromised immune system. Visit covid.ri.gov/prevention.



If you are around others indoors, **ensure there is adequate ventilation** by opening windows to filter in clear air.



Stay home if you have symptoms, contact your healthcare provider, and get tested.

1/10/2022