

# REOPENING RI

## The COVID-19 Risks of 10 Common Summer Activities and Ways to Reduce Your Risk

Your personal risk depends on your age and health, the prevalence of the virus in your area and the precautions you take during any of these activities.

### 1 Spending the day at a beach or pool



#### LOWER RISK

**Risk factors:** Distance from others; shared spaces, such as bathrooms and concession areas.

**Reducing risk:** Ensure proper physical distancing; avoid shared spaces; wear a mask in crowded areas; beaches are safer than pools, go in the morning or late afternoon to avoid crowds; bring your own food and drinks; wash hands or use hand sanitizer.

### 2 Going to a vacation house with another family



#### LOWER RISK

**Risk factors:** Activity/risk levels of those traveling together; risk of environmental cleaning BEFORE you stay there.

**Reducing risk:** Set expectations about precautions to take for two weeks before trip and while there; make sure no one is sick; clean major surfaces in the house upon arrival; wash hands or use hand sanitizer.

### 3 Exercising outdoors



#### LOWER RISK

**Risk factors:** Contact level (i.e. running, golf, and tennis are safer than basketball and football); distance from others; shared equipment; size of group.

**Reducing risk:** Wear a mask if you can't keep 6 feet of physical distance; better to avoid touching shared objects like a ball; wash hands or use hand sanitizer.

### 4 A BYOB backyard gathering with one other household



#### LOWER RISK

**Risk factors:** Who's invited? What have their behaviors been?

**Reducing risk:** Avoid sharing food, drinks, utensils; limit alcohol consumption (makes people less careful, increases need to go in house to use bathroom); wash hands or use hand sanitizer.

### 5 Going camping



#### LOWER TO MEDIUM RISK

**Risk factors:** Size of group; physical distancing; common areas; sanitation.

**Reducing risk:** Choose more isolated locations instead of busy camping areas; self-contained RVs are safer than using shared bathroom/shower facilities; limit contact with others; wash hands or use hand sanitizer.

# REOPENING RI

## 6 Staying at a hotel



### LOWER TO MEDIUM RISK

**Risk factors:** Time spent in common areas such as the lobby, gym, restaurant, elevator.

**Reducing risk:** Bring disinfecting wipes to wipe down common surfaces; remove the bedspread; ask about the cleaning policies of the hotel; use knuckle of little or ring finger to press elevator buttons; take the stairs, if possible, and avoid taking the elevator with other people; wash hands or use hand sanitizer.

## 7 Watching a youth or adult athletic event



### LOWER TO MEDIUM RISK

**Risk factors:** Number of spectators, physical distance between spectators, compliance with face covering requirement, community spread of COVID-19 in area where game is being held (games can be played between teams within Rhode Island as well as outside of Rhode Island, provided that there isn't a stay-at-home order or other travel restrictions in that state), using public restrooms or portable toilets.

**Reducing risk:** Follow recommendations for no more than 2 spectators per player, wear face coverings, keep physical distance from other spectators and players, bring your own food/drink, wash hands/use hand sanitizer.

## 8 Eating outdoors at a restaurant



### LOWER TO MEDIUM RISK

**Risk Factors:** Physical distancing; other customers' compliance with physical distancing and mask wearing; restaurant's compliance with ReopeningRI guidelines (i.e. spacing of tables, reduced capacity dining, compliance of servers wearing masks, access to hand-washing stations, individually wrapped condiments and utensils.)

**Reducing Risk:** Minimize the size of your party; only go with members of your household; avoid busy times; keep face covering on when not eating; stay 6 feet apart from other parties; wash hands or use hand sanitizer.

## 9 An outdoor celebration such as a wedding



### MEDIUM TO HIGHER RISK

**Risk factors:** Large crowds, extended face-to-face conversations, drinking, dancing

**Reducing risk:** Keep gathering small with mostly local guests; limit alcohol consumption; urge older, vulnerable people to consider risks; stay 6 feet apart from other guests, don't closely mingle; wash hands or use hand sanitizer.

## 10 Going shopping at a mall



### RISK VARIES

**Risk factors:** Type of mall, how crowded, how much time you spend there.

**Reducing risk:** Don't browse or stay in one area for too long; go to an outdoor mall; less busy malls are better; avoid the food court; avoid busy hours; wear a mask; wash hands or use hand sanitizer.