For any parent, having a baby and raising a child is a challenge. Some days you may feel overjoyed. Other days you may feel overwhelmed, like you are struggling to meet your everyday needs.

First Connections is a FREE service that has supported thousands of Rhode Island pregnant women, mothers, families, and caregivers with children up to age three. Our nurses and trained specialists are available to meet with you at your home or in another place in your community.

We will answer your questions about your child’s growth and development. We’ll also connect you with resources and services to give you and your child every possible advantage.

Interpreting services are available.

In your community

Call First Connections:

South County Home Health Services | 782-0500
Charlestown
East Greenwich
Hopkinton
New Shoreham
Richmond
Warwick
West Warwick

VNS Newport and Bristol Counties | 682-2100
Barrington
East Providence
Little Compton
Newport
Tiverton

Community Care Alliance | 235-6079
Burrillville
Foster
Johnston
North Providence
Scituate
Woonsocket

Children’s Friend and Service | 721-6400
Central Falls
Pawtucket

For more information visit www.health.ri.gov

*Funded in part by the RI Office of Health and Human Services and the Health Resources and Services Administration
First Connections

Support and services
to help you and your baby
get off to a great start
If you have any questions or concerns about your baby’s development, call First Connections or talk to your baby’s doctor.