

First Connections

This family visiting program provides free support to pregnant women and families with children younger than three. You can join if you live in any city or town in Rhode Island.

We will visit you at home or anywhere in your community.

You may get a call from a First Connections agency soon after your child is born. You can also call the First Connections agency in your community any time and request a visit.

This program may be good for:

- parents and families who have questions about their new baby or toddler
- parents who need a little extra short-term support



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What happens during a visit?

A trained professional will ask you what you would like to talk about. Each visit is different, because each family is different.

Some families just want a visit from a friendly expert to ask questions about feeding a baby, or others may want support if they are caring for a baby, feeling sad or anxious after having a baby, or to help keep their home safe. Family visitors can also help families sign up for community services such as low-cost child care, healthy foods, and programs for their children.

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To learn more or sign up:

- Talk to your family visitor, if you have one, or call the First Connections agency in your community.

Central Falls, Cranston, Pawtucket, Providence:

Children's Friend
401-721-6400

Northern Rhode Island:

Community Care Alliance
401-766-0900

South County, Warwick, West Warwick:

South County Home Health Services
401-782-0500

East Bay, Jamestown, Aquidneck Island:

VNS of Newport and Bristol Counties
401-682-2100

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