

# Are you expecting a baby or have children under age four?

If so, this is a busy time for you and you have a lot going on. You may be interested in a voluntary, **no-cost program** that offers families support and resources. Thousands of families in Rhode Island participate in Family Visiting each year.

## What is Family Visiting?

Family Visiting provides trained professionals that will meet with you and your baby wherever it is convenient for you—at home, school, the library, or anywhere you like. You can get together regularly and they can support you with your busy life, helping your baby grow and develop into a healthy, happy child.



**Family Visiting**

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that  
baby™



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## How can Family Visiting benefit my family?

The program can improve your health and the health of your child. Family Visitors can help with questions and concerns you might have about your baby or being a new mom or dad, including:

- concerns about becoming a new parent
- keeping your baby safe while he or she is sleeping
- concerns about your child's behavior
- being the best parent you can be
- finding new activities to do with your baby to help him or her learn
- connecting with other families in your area

## When can I enroll?

You can enroll as early in pregnancy as possible, or after the birth of your child. The earlier you enroll, the more support you will receive.

## How do I enroll?

- Call the Health Information Line at **401-222-5960**
- or
- Text "**baby**" to **444999**

For more information visit: **FamilyVisitingRI.org**

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under D89MC28279 Affordable Care Act- Maternal, Infant and Early Childhood Home Visiting Program \$9,272,115.00. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

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