

Kubera iki ngomba guhabwa urukingo rwa COVID-19?



Indwara ya koronavirusi (COVID-19) ni indwara nshya, isaba ko hakorwa inkingo nshya. Ni byiza kugira icyo wibaza ku buryo inkingo zikoramo, niba zitekanye kuri wowe ndetse niba byoroshye kuzibona.

Inkingo za COVID-19 zikiza ubuzima

Inkingo za COVID-19 eshatu zemejwe ko zikoreshwa muri Amerika: Pfizer-BioNTech, Moderna, no Johnson & Johnson (Janssen) —zakoze neza cyane mu igerageza ryo kwa muganga rrimo abantu benshi.



Abantu bakingiwe bafite ubwirinzi bukomeye bwo kuba bahangana na COVID-19.



Abantu benshi batandukanye bahawe urukingo rwa COVID-19 haboneka umusaruro **mwiza**, barimo **Abirabura**, **Abanyahisipaniya**, ba **kavukire**, n'abandi **bantu batari abazungu**; abantu bafite **ibibazo by'ubuzima**; n' **abagore** batwite.

Abantu barenga **miriyoni 157** muri Amerika bahawe inkingo zose kugeza tariki ya 6 Kamena.



Inkingo za COVID-19 ziratekanye

abantu benshi bagira ubwirinzi bw'umubiri cyangwa **ingaruka zidakomeye gusa**, nko kubabara ku kuboko cyangwa kuribwa umutwe



Inkingo za COVID-19 zirenga miriyoni imwe zimaze gutangwa muri Rhode Island, kugeza tariki ya 7 Nyakanga.

Ingaruka zikomeye z'inkingo za COVID-19 ntizikunze kubaho. Umubare muke w'abantu bavuze ko bagize ikibazo cyo kwipfundika kw'amaraso kidakunze kubaho kandi gikomeye kuva nyuma y'icyumweru kimwe kugera kuri bibiri bamaze guhabwa urukingo rwa Johnson & Johnson; bikaba biri ku gipimo **cy'abantu 7 muri miriyoni 1 y'abantu bakingiwe** mu bagore bafite imyaka kuva kuri 18 kugeza kuri 49.



Ibyago byo kuzahazwa na COVID-19 ni byinshi cyane kurusha ibyago byo kugira ingaruka zikomeye zaterwa n'urukingo.

Inkingo ntabwo zishobora gutuma wandura COVID-19. Inkingo ntizigira ingaruka ku bushobozi bwo kuba umuntu yatwita cyangwa bwo kugira umwana. Nta kimenyetso gihari kigaragaza ko inkingo za COVID-19 zishobora kugira ingaruka ku burumbuke. Byagaragajwe neza ko ko zizewe kandi zikora neza mu gihe umuntu atwtite. **Ntizishobora guhindura ingirabuzima (DNA) zawe.** N'ubwo waba waranduye COVID-19 mbere, ni ngombwa ko ukirirwa kugira ngo wirinde ubundi bwoko bwayo.

“ Ni ingenzi ku gace dutuyemo, kandi ni ingenzi mu mu bihe turimo no ahazaza hacu. Tuzahamagara, tuzavugana, tuzabaza ibibazo, tuzabasaba; ariko icy'ingenzi kurusha ibindi, twifuza kubona buri wese yahawe urukingo. ”

Bethel AME, Providence

Pastor Howard Jenkins, Umuyoboke w'urusengero rwa



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Uko abantu bensi bahabwa urukingo, ni ko icyorezo kizarangira vuba. Abatuye muri Rhode Island bose nibakingirwa bagezweho, tuzasubira mu buzima bwacu n'imiryango yacu, inshuti zazu, ku ishuri, mu kazi no kwishimisha. **Iyo uhawe urukingo bitume dutera intambwe.**

Inkingo za COVID-19 bishingiye kuri siyansi n'akazi kakozwe imyaka mirongo

Abashakashatsi bo ku isi bahuje imbaraga kugira ngo bakore urukingo rwa COVID-19 ku buryo bwiuse kubera ko ubuzima bwa bensi bwari mu kaga. Ntibigeze basimbuka ibyiciro na bimwe mu kwiga no mu [gusuzuma inkingo za COVID-19](#).



Nta bikomoka ku ngurube, ADN cyangwa ingarangingofatizo zica ziri mu nkingo.



Ushobora guhitamo urukingo rwa COVID-19 uhabwa igihe uri gusaba gahunda. Ukeneye kumenya byinshi wasura [C19vaccineri.org](#).

Inkingo za COVID-19 ni ubuntu ku bantu bose bo muri Rhode Island

Inkingo ntacyo zigura. Ntabwo ukeneye kugira ubwishingizi. Ntabwo ari ngombwa ko utanga amakuru ku byerekeye sitati y'ubwimukira.

Gahunda zo guhabwa urukingo zitangwa mu gace utuyemo. Sura [health.ri.gov/vaccinesites](#) kugira ngo ureba ahatangirwa urukingo rwa COVID-19 hakwegereye.

Hari ahantu **harenga 180** ushobora guhererwa urukingo muri Rhode Island.



Ushobora **gukenera ubufasha bwo kubona ivuriro**, kubona **ukora ingendo**, no **no gusaba** gahunda mu ndimi nyinshi uhamagaye **844-930-1779** cyangwa **211**. Niba udashobora kuva mu rugo, ushobora kubona umuntu ukuzanira urukingo ugiye kuri [C19vaccineRI.org](#).



“ Ndatekereza ko unafite **inshingano ubwawe** ndetse no **mu muryango mugari ubamo** ndetse no **ku muryango wawe** mu gukora ubushakashatsi ndetse no **guhabwa urukingo.****”**

Virginia L. Thimas, Umuyoboke w'urusengero rwa Bethel AME, Providence

Ntacyo bitwaye niba ugifite ibibazo. Vugana n'uguha serivisi z'ubuvuzi wizeye. Sura [C19vaccineRI.org](#) umenye ibindi. Ohereza imeyiri kuri RIDOH.COVID19Questions@health.ri.gov cyangwa uhamagare **401-222-8022** ufile ikibazo kuri COVID-19.

Menya ibindi byerekeye urukingo rwa COVID-19 bivugwa n'abayobozi b'uduce dutandukanye kuri bit.ly/vaxRIcommunity