

Newport Health Equity Zone Year 4 Workplan

April 1, 2018- March 31, 2019

Component 1 - Collaborative Support

Strategies and resources targeted at supporting the growth, sustainability, and diversity of the HEZ collaborative should be used to continue to engage the community in addressing issues that are important to them and will improve the social and environmental condition of their HEZ. Resources should be deployed in ways that will encourage a culture of health, and continue to develop and grow a common/shared vision for a healthy community.

Objective 1: Develop a sustainability plan for the HEZ Collaborative

- Engage with Salve Regina University's Graduate Leadership Program to complete a sustainability assessment to determine what components of the current HEZ work should continue, what can be let go, and what should be added
- Engage with SRU's Graduate Leadership Program to complete a sustainability plan for the HEZ collaborative that addresses infrastructure, programmatic, and financial supports necessary to meet prioritized goals

Objective 2: Ensure alignment between HEZ practices, principles, infrastructure, and goals.

- Review/update all policy and procedure documents, including operating agreements, communication protocols, collaborative fund development agreement, etc. Assess all for alignment with principles and priorities as determined in the sustainability planning process. Update accordingly.
- Review/update logic model and evaluation plan, practices, and procedures. Assess all for alignment with principles and priorities as determined in the sustainability planning process. Update accordingly.

Objective 3: Ensure ongoing resident leadership on the HEZ collaborative

- Continue to incorporate Transformational Leadership practices into backbone and collaborative operations
- Determine frequency, format(s), and content of ongoing feedback loops with the broader community; identify funding to support feedback events
- Continue to prioritize resident capacity building in HEZ practices
- Identify funding sources to increase resident employment on the HEZ project
- Engage in sustainability assessment and planning process related to resident leadership in the HEZ.

Component 2 - Addressing Cross Cutting Social and Environmental Determinants of Health

Strategies and resources targeted at supporting changes to substance abuse and preventable injury related to violence, tobacco use and reducing exposure to secondhand smoke, adult mental and behavioral health, poverty, health disparities, racial and ethnic inequities, and healthy housing.

Objective 1: Increase civic engagement among HEZ residents

- Continue to support the development of the North End Neighborhood Association

- Advocate for North End residents to be appointed to 2 additional boards and commissions.
- Support voter registration activities
- Educate residents on how city and state government operates.
- Develop a guide for residents on how to write a city ordinance
- Identify funds and/or sponsors for ongoing social cohesion building activities in the HEZ, e.g. cookouts, movie nights, etc.
- Engage in sustainability assessment and planning process related to civic engagement strategies.

Objective 2: Support initiatives that impact the Social Determinants of Health in the HEZ

- Provide technical assistance to the Newport Working Cities collaborative related to resident-led infrastructure and practices
- Provide leadership and technical assistance to the Florence Gray Center re-design project
- Support the Newport School Department in establishing an Equity in Education committee to address educational disparities
- Support increased participation among parents in the Newport Partnership for Families' Chronic Early Absenteeism and Truancy Reduction Initiative
- Support implementation of the Newport Open Space Plan; advocate for increased open space, trees, and outdoor recreational spaces in the HEZ
- Partner with the Newport Art Museum and Salve Regina University to implement the Sidewalk Parade and at least one additional public art project, e.g. the Tree Path Project
- Engage in sustainability assessment and planning process related to ongoing support of these initiatives related to increasing and maintaining resident leadership.

Objective 3: Increase commitment among civic, municipal, and non-profit sectors working in the HEZ to practices and policies that address racial health disparities

- Coordinate an anti-racist organizational development learning circle with non-profits and other interested organizations
- Facilitate conversations with municipal and non-profit leaders related to ongoing racial equity training in Newport
- Document and share HEZ practices and policies related to racial equity in workplace
- Convene work group of healthcare leaders to discuss increasing diversity among healthcare staff in Newport
- Identify funding to support a second cohort of the Community Health Worker Fellowship Program
- Identify funding to support ongoing racial equity training, to include the Groundwater training and 2-Day intensive

Component 3 - Implementation of Chronic Disease and Maternal Child Health Outcome Improvements

Strategies and resources RIDOH has available from state and federal grants that are targeted at improvements to specific areas of public health. The implementation of work in the core domains below are tied to the existing deliverables and performance measures of the grant funding sources, and will require coordination between the HEZ and RIDOH to ensure programmatic fidelity.

Objective 1: Increase access to fruits and vegetables in the HEZ through expansion of the Fresh Zone Initiative

- Expand the Fresh Zone initiative to one additional corner store
- Expand the Fresh Zone initiative to two additional food pantries
- Identify sponsors to facilitate the expansion of the Fresh Zone initiative to additional locations
- Identify two additional vending or concession locations to adopt the Fresh Zone Healthy Eating Guidelines.
- Implement the North End Community Farmers Market; identify funding sources for ongoing Market support
- Identify funding sources to support restoration of hours for the Food Access Community Health Worker
- Engage in sustainability assessment and planning related to Food Access Working Group and related activities.

Objective 2: Advocate for policies that increase active transportation in Newport.

- Continue to advocate for the adoption of a Complete Streets Ordinance in Newport.
- Identify funding sources to support restoration of hours for the Transportation Community Health Worker
- Advocate for municipal, private sector business, community organizations, and citizen engagement in activities that promote active transportation in their setting, as outlined in the NHEZ Active Transportation Plan.
- Collaborate with the City of Newport's Bike and Pedestrian Advisory Committee (BPAC) to support additional policies and initiatives related to active transportation.
- Advocate for the appointment of a HEZ resident to the BPAC; support resident's transition onto the BPAC
- Engage in sustainability assessment and planning related to transportation working group and related activities.

Objective 3: Advocate for increased access to physical activity in the HEZ

- Identify potential partners to fund ongoing physical activity mini-grants in the HEZ.
- Engage Frederick Prince Memorial Fund to determine if a resident could be on their review committee
- Educate school department and other organizations with physical activity space on Shared Use Agreements
- Identify funding sources for infrastructure improvements that promote health; priorities identified by residents: outdoor adult fitness equipment in the neighborhood, a playground near the Festival Field housing development, a splash pad at Florence Gray Center
- Engage in sustainability assessment and planning related to physical activity working group and related strategies.

Objective 4: Complete Diabetes Prevention Programs started in Year 3

- Complete the two Diabetes Prevention Programs still in progress at the conclusion of Year 3.
- Identify funding sources to support restoration of hours for Chronic Disease Community Health Worker
- Identify sponsors to support Diabetes Prevention Program implementation beyond these sessions.
- Engage in sustainability assessment and planning related to chronic disease prevention and management strategies.

Objective 5: Offer Diabetes Self-Management in collaboration with Healthcentric Advisors

- Support the offering of Diabetes Self-Management in the HEZ by assisting with identifying locations and recruiting participants on an as needed basis.

Objective 6: Increase access to maternal child services among women of color in Newport.

- Establish lactation support group for women of color
- Identify funding sources to support restoration of hours for Maternal Child Health Community Health Worker
- Support Thrive by Five in the implementation of Baby Bags
- Coordinate a Community Baby Shower
- Engage in sustainability assessment and planning related to maternal child health strategies.