

800.878.4403 • AllergyAsthmaNetwork.org Allergy & Asthma Network is a national nonprofit organization dedicated to ending needless death and suffering due to asthma, allergies and related conditions through outreach, education, advocacy and research.

## SHORT-ACTING BETA<sub>2</sub>-AGONIST BRONCHODILATORS

relax tight muscles in airways and offer quick relief of symptoms such as coughing, wheezing and shortness of breath for 3-6 hours

<p><b>Albuterol Sulfate Inhalation Solution</b> 0.63, 1.5, 2.5 mg; 3 mL G N</p> 	<p><b>ProAir® Digihaler™</b> 90 mcg albuterol sulfate inhalation powder 12B A</p> 	<p><b>ProAir® RespiClick®</b> 90 mcg albuterol sulfate inhalation powder 12B A</p> 	<p><b>Proventil® HFA</b> 90 mcg albuterol sulfate 12B A G</p> 	<p><b>Ventolin® HFA</b> 90 mcg albuterol sulfate 12B A G</p> 	<p><b>Xopenex®</b> 0.31, 0.63, 1.25 mg; 3 mL levosalbutamol hydrochloride inhalation solution A G N</p> 	<p><b>Xopenex® HFA®</b> 45 mcg levosalbutamol tartrate A G</p> 	<p><b>Brovana®</b> 15 mg; 2 mL arformoterol tartrate inhalation solution C N</p> 	<p><b>Perforomist®</b> 20 mcg; 2 mL formoterol fumarate inhalation solution C N</p> 	<p><b>Serevent® Diskus®</b> 50 mcg salmeterol xinafoate inhalation powder 12B A C</p> 	<p><b>Striverdi® Respimat®</b> 2.5 mcg olodaterol hydrochloride 12B C</p> 
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## LONG-ACTING BETA<sub>2</sub>-AGONIST BRONCHODILATORS

relax tight muscles in airways and offer lasting relief of symptoms such as coughing, wheezing and shortness of breath for at least 12 hours

## INHALED CORTICOSTEROIDS

reduce and prevent swelling of airway tissue; they do not relieve sudden symptoms of coughing, wheezing or shortness of breath

<p><b>Alvesco® HFA</b> 80, 160 mcg ciclesonide 12B A</p> 	<p><b>ArmonAi® Digihaler™</b> 55, 113, 232 mcg fluticasone propionate inhalation powder 12B A</p> 	<p><b>Arnuity® Ellipta®</b> 50, 100, 200 mcg fluticasone furoate inhalation powder 12B A</p> 	<p><b>Asmanex® HFA</b> 50, 100, 200 mcg mometasone furoate 12B A</p> 	<p><b>Asmanex® Twisthaler®</b> 110, 220 mcg mometasone furoate inhalation powder 12B A</p> 	<p><b>Fluticasone Propionate Diskus Inhalation Powder</b> 50, 100, 250 mcg Approved generic of Flovent Diskus 12B A</p> 	<p><b>Fluticasone Propionate HFA</b> 44, 110, 220 mcg Approved generic of Flovent HFA 12B A</p> 	<p><b>Pulmicort Flexhaler®</b> 90, 180 mcg budesonide inhalation powder 12B A</p> 	<p><b>Pulmicort Respules®</b> 0.25, 0.50, 1.0 mg; 2 mL budesonide inhalation suspension A G N</p> 	<p><b>QVAR® Redihaler™</b> 40, 80 mcg beclomethasone dipropionate 12B A</p> 
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## MUSCARINIC ANTAGONISTS (ANTICHOLINERGIC)

relieve cough, sputum production, wheeze and chest tightness associated with chronic lung diseases

<p><b>SHORT-ACTING</b></p> <p><b>Atrovent® HFA</b> 17 mcg ipratropium bromide 12B C</p> 	<p><b>LONG-ACTING</b></p> <p><b>Increase® Ellipta®</b> 62.5 mcg umeclidinium inhalation powder 12B C</p> 	<p><b>Ipratropium Bromide Inhalation Solution</b> 0.5, 2.5 mg; 2.5 mL C G N</p> 	<p><b>Spiriva® HandiHaler®</b> 18 mcg tiotropium bromide inhalation powder C</p> 	<p><b>Spiriva® Respimat®</b> 1.25, 2.5 mcg tiotropium bromide 12B A C</p> 	<p><b>Tudorza® Pressair™</b> 400 mcg aclidinium bromide inhalation powder 12B C</p> 	<p><b>Yupelri®</b> 175 mcg; 3 mL revelfenacin inhalation solution C N</p> 
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## PDE4 INHIBITORS

target lung inflammation and reduce exacerbations

**Daliresp®**  
250, 500 mcg  
roflumilast  
C



## COMBINATION MEDICATIONS

contain both inhaled corticosteroid and long-acting beta<sub>2</sub>-agonist (LABA)

<p><b>Advair Diskus®</b> 100/50, 250/50, 500/50 mcg fluticasone propionate and salmeterol inhalation powder 12B A C G</p> 	<p><b>Advair® HFA</b> 45/21, 115/21, 230/21 mcg fluticasone propionate and salmeterol xinafoate 12B A G</p> 	<p><b>AirDuo® Digihaler™</b> 55/14, 113/14, 232/14 mcg fluticasone propionate and salmeterol inhalation powder 12B A</p> 	<p><b>AirDuo® RespiClick®</b> 55/14, 113/14, 232/14 mcg fluticasone propionate and salmeterol inhalation powder 12B A G</p> 	<p><b>Breo® Ellipta®</b> 50/25, 100/25, 200/25 mcg fluticasone furoate and vilanterol inhalation powder 12B A C G</p> 	<p><b>Breyna™</b> 80/4.5, 160/4.5 mcg Budesonide and formoterol fumarate dihydrate (approved generic of Symbicort) 12B A C</p> 	<p><b>Dulera®</b> 50/5, 100/5, 200/5 mcg mometasone furoate and formoterol fumarate dihydrate 12B A</p> 	<p><b>Symbicort®</b> 80/4.5, 160/4.5 mcg budesonide and formoterol fumarate dihydrate 12B A C G</p> 	<p><b>Wixela™ Inhub™</b> 100/50, 250/50, 500/50 mcg fluticasone propionate and salmeterol xinafoate (approved generic of Advair Diskus) 12B A C</p> 
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contain both long-acting beta<sub>2</sub>-agonist (LABA) and long-acting muscarinic antagonist (LAMA)

<p><b>Anoro® Ellipta®</b> 62.5/2.5 mcg umeclidinium and vilanterol inhalation powder 12B C</p> 	<p><b>Bevespi Aerosphere®</b> 9/4.8 mcg glycopyrrolate and formoterol fumarate 12B C</p> 	<p><b>Duakir® Pressair®</b> 400, 12 mcg aclidinium bromide and formoterol fumarate 12B C</p> 	<p><b>Stiolto™ RespiMat®</b> 200/62.5/25 mcg, 100/62.5/25 mcg fluticasone furoate, umeclidinium and vilanterol inhalation powder 12B A C</p> 
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contain inhaled corticosteroid, long-acting beta<sub>2</sub>-agonist (LABA) and long-acting muscarinic antagonist (LAMA)



<p><b>Trelegy® Ellipta®</b> 200/62.5/25 mcg, 100/62.5/25 mcg fluticasone furoate, umeclidinium and vilanterol inhalation powder 12B A C</p> 	<p><b>Breztri Aerosphere™</b> 160/9/4.8 mcg budesonide, glycopyrrolate and formoterol fumarate 12B C</p> 
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contain both short-acting beta<sub>2</sub>-agonist and short-acting muscarinic antagonist

**Combivent® RespiMat®**  
20/100 mcg  
ipratropium bromide and albuterol  
12B C




contain inhaled corticosteroid and short-acting beta<sub>2</sub>-agonist (SABA)

<p><b>Ipratropium Bromide and Albuterol Sulfate Inhalation Solution</b> 2.5 mg; 3 mL C G</p> 	<p><b>AirSupra®</b> 80, 90 mcg budesonide and albuterol 12B A</p> 
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## BIOLOGICS

target cells and pathways that cause airway inflammation; delivered by injection or IV

<p><b>Cinqair®</b> 62.5/25 ml reslizumab A</p> 	<p><b>Dupixent®</b> 100, 200, 300 mg dupilumab A</p> 	<p><b>Fasenra™</b> 30 mg benralizumab A</p> 	<p><b>Nucala®</b> 100 mg mepolizumab A</p> 	<p><b>Tezpire™</b> 210 mg tezepelumab-ekko A</p> 	<p><b>Xolair®</b> 75 to 375 mg omalizumab A</p> 
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## LEUKOTRIENE MODIFIERS

block chemicals called leukotrienes that cause airway inflammation; available as tablet or granules

<p><b>Singulair®</b> 4, 5, 10 mg montelukast A</p> 	<p><b>Zafirlukast</b> 10, 20 mg zafirlukast A</p> 	<p><b>Zyflo CR®</b> 600 mg zileuton A</p> 
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trusted  
messenger

# Free Virtual Asthma Coaching



Available in English and Spanish languages

This 6-week virtual asthma education program helps people with uncontrolled asthma to better understand their condition and improve self-management skills. The program is guided by certified asthma educators.

## Benefits for Patients

- Learn how to keep asthma under control
- Practice correct inhaler technique
- Track asthma symptoms
- Stay motivated to self-manage asthma

## Benefits for Doctors

- Improve adherence to treatment plan
- Overcome time constraints with patients
- Support better health outcomes

*"I was dealing with my asthma symptoms as they would occur. I would let myself wheeze, not knowing how dangerous that was. Asthma coaching gave me the knowledge and confidence to control my asthma. It saved my life."*

– Sonya A., Texas



Visit:  
[AsthmaCoach.org](https://AsthmaCoach.org)



Free Virtual Asthma Coaching for Patients