

Rhode Island Commercial Health Insurance Tobacco Cessation Benefits



Tobacco Cessation Treatment Coverage (*Fully Insured Plans Only*)

| Benefits Information Contacts | Blue Cross/Blue Shield of RI (800) 639-2227 bcbsri.com | United Healthcare (800) 422-1404 uhc.com | Tufts Health Plan (800) 682-8059 tuftshealthplan.com | Neighborhood Health Plan of RI (401) 459-6637 nhpri.org |
|--|--|---|---|---|
| Pharmacotherapy Support: Over-The-Counter | | | | |
| Nicotine patch | Yes | Yes | Yes | Yes |
| Nicotine gum | Yes | Yes | Yes | Yes |
| Nicotine lozenge | Yes | Yes | Yes | Yes |
| Is a prescription required? | Yes | Yes | Yes | Yes |
| Over the Counter covered? | Yes | Yes | Yes – generics only pursuant to a prescription | Yes |
| Length of treatment | 180 days per 365 | Two 90-day cycles per 365 days | 365 days per 365 | 365 days per 365 |
| Co-pay (for 90 day supply) | \$0 (90 day supply not covered) | \$0 | \$0 | \$0 |
| Deductible required? | No | No | No | No |
| Comments | See length of treatment limits | Prior Authorization required for all tobacco treatment products | Prescription is required | None |
| Pharmacotherapy Support: Prescription | | | | |
| Zyban | No | Yes (generic Zyban) | Yes | Yes |
| Wellbutrin SR (Brand) Bupropion (Generic) | Yes, generic | No | No | Yes |
| Chantix® (varenicline) | Yes | Yes-Step Therapy | Yes | Yes |
| Nicotine inhaler | Yes | Yes-Step Therapy | Yes | Yes |
| Nicotine nasal spray | Yes | Yes-Step Therapy | Yes | Yes |
| Deductible required? | No | No | No | No |
| Comments | See length of treatment limits | Prior Authorization required for all tobacco treatment products | Generic Zyban is covered as well. Wellbutrin SR which is indicated for depression is not included | None |
| Length of treatment | 180 days per 365 | Two 90-day cycles per 365 days | 365 days per 365 | 365 days per 365 |
| Co-pay (for 90 day supply) | \$0 (90 day supply not covered) | \$0 | \$0 | \$0 |

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|---|---|---|--|---|
| Counseling Support | | | | |
| Counseling support to stop smoking covered CPT codes 99406, 99407 | Yes | Yes | Yes | Yes |
| What is covered | Individual counseling | Individual and group counseling | Individual, telephone, group counseling | Individual, group and telephonic counseling and smoking cessation classes |
| Length of treatment - # of session, minutes, etc. | No limits on smoking and tobacco use cessation counseling visits. | None | None | There are no visit time limits or # of session limits |
| Co-pay | No | No-Network providers at 100% (PPACA Preventive Care Services benefit) | No | No |
| Deductible required? | No | No | No | No |

* Healthcare providers should review specific Health Plans, benefits are subject to change.

The Five "A"s of Intervention

Ask about tobacco use at every visit.

Advise to quit.

Assess readiness to quit/willingness to make a quit attempt.

Assist the patient willing to make a quit attempt.

Arrange follow-up/referral as follows:

- To have the Quitline contact your patients, go to QuitworksRI.org and complete the fax referral form or web referral form
- For patients to refer themselves, they can call 1-800-QUIT NOW
- For information on quit resources, patients can visit QuitNowRI.com

Billing Codes for Tobacco Addiction Treatment

The following list of codes for treatment of tobacco addiction is **not all-inclusive** as there may be additional codes available. **Contact the Health Plans for specific questions regarding billing of services.**

| HCPCS/CPT Code | Type of Counseling | Description |
|----------------|------------------------------|---|
| 99406 | Intermediate | Smoking and tobacco use cessation counseling visit is greater than three minutes, but no more than 10 minutes |
| 99407 | Intensive | Smoking and tobacco use cessation counseling visit is greater than 10 minutes |
| 99381-99397 | Preventive medicine services | Comprehensive, preventive evaluation based on age and gender to include appropriate history (identify tobacco use status), examination, counseling/anticipatory guidance, risk factor reduction interventions, and related plan of care |

| Suggested Tobacco-Related ICD-10 CM Diagnosis Codes | Description |
|--|--|
| F17.200 | Tobacco use disorder |
| O99.33 | Tobacco use disorder complicating pregnancy, childbirth, or puerperium |
| T65.221 | Toxic effect of tobacco and nicotine |
| Code Listings: The American Academy of Family Physicians -Coding Reference for Tobacco Use Prevention and Cessation Counseling Find A Code, LLC – 2016 American Medical Association | |

DISCLAIMER: To the best of our knowledge, the information contained herein is accurate and complete at or near the date of publication; however, we do not warranty nor do we assume any liability whatsoever for the accuracy and completeness of this information. Healthcare providers, and where appropriate other interested parties, should review specific Health Plans for benefits, which benefits are subject to change without notice.