# WHAT YOU TOLD US ABOUT Tobacco





(smokeless tobacco, cigars, cigarettes)

**BOYS ARE MORE LIKELY THAN GIRLS TO USE TOBACCO (18% VS. 12%)** 



1 in 2 STUDENT SMOKERS TRIED TO QUIT IN THE PAST YEAR.

**YAY! STICK WITH IT!** 



students think

### smokeless tobacco

is less harmful than cigarettes. IT'S NOT.

It's all bad for you.

## GOOD NEWS: HERE'S WHAT YOU CAN DO:

**Commit yourself or** encourage a friend to quit. Visit

teen.smokefree.gov

Stay active to fight cravings. **Get physically active** (walk, bike, or join a sports team). You'll look and feel better.

Don't be manipulated by the tobacco industry.

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Facebook.com/BeAnOriginal to find out more.

This information is from the 2013 High School Youth Risk Behavior Survey (YRBS), administered by the Rhode Island Department of Health. (www.health.ri.gov/data/youthriskbehaviorsurvey) 401-222-5111

