

WHAT YOU TOLD US ABOUT Mental Health

1 in 4 STUDENTS FEELS SEVERELY DEPRESSED.

GIRLS SUFFER FROM DEPRESSION MORE THAN BOYS (35% vs. 14%)

One in eight students has an emotional or learning problem (12%)

Girls are more likely to have an emotional disability than boys (15% vs. 10%)



GOOD NEWS: HERE'S WHAT YOU CAN DO:

If you have thoughts
of suicide, call

1-800-273-TALK

for free assistance.



Discuss your feelings with a
trusted friend or adult.
Let them help you.



ALMOST ONE IN 7
STUDENTS

ATTEMPTS SUICIDE

1 IN 6 STUDENTS IS
EMBARRASSED
BY THEIR TEETH
(OR MOUTH).

GIRLS ARE MORE
→ **SELF-CONSCIOUS** ←
THAN BOYS
(21% VS. 12%).



Know the facts.

This information is from the 2013 High School Youth Risk Behavior Survey (YRBS), administered by the Rhode Island Department of Health. (www.health.ri.gov/data/youthriskbehaviorsurvey)
401-222-5111

