

WHAT YOU TOLD US ABOUT Drugs & Alcohol

1 in 4 STUDENTS SMOKES MARIJUANA

7% smoked before they were 13

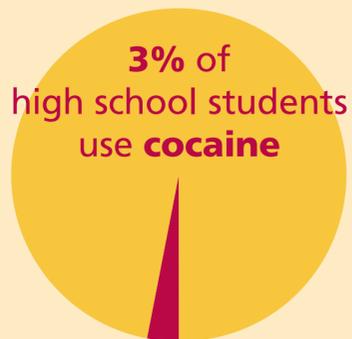


1 in 3 STUDENTS
DRINKS ALCOHOL

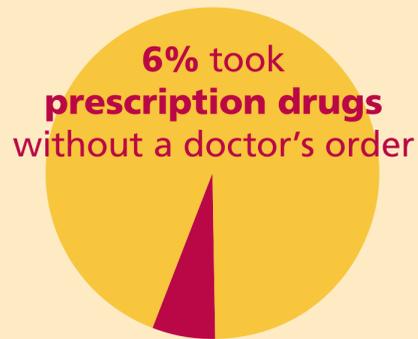
15% are
binge drinkers



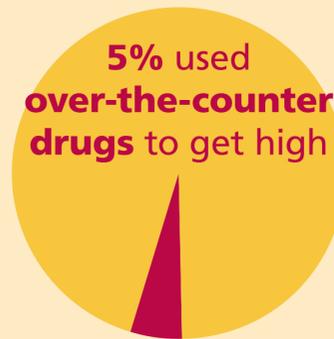
It's okay to
not drink.
Most students
don't!



3%



6%



5%

GOOD NEWS: HERE'S WHAT YOU CAN DO:

Participate in healthy group activities and after-school programs. Your social life will improve and you'll feel better!



Take prescription drugs only as directed by your doctor and follow the instructions for "over-the-counter" drugs. All drugs can be dangerous. Never share your meds or another person's meds.

Discuss your substance use or alcohol consumption with a trusted friend or adult. Call 1-866-252-3784 or go to www.drugfree.org



Know the facts.

This information is from the 2013 High School Youth Risk Behavior Survey (YRBS), administered by the Rhode Island Department of Health. (www.health.ri.gov/data/youthriskbehaviorsurvey) 401-222-5111

