What Travelers Need to Know About Zika

- Zika virus is spread primarily through the bite of an infected mosquito.
- Zika can also be spread by a man to his sex partners.
- Infection with Zika during pregnancy is linked to birth defects in babies.

Headed to a place with Zika? Prevent mosquito bites.
- Use EPA-registered repellent with 20-30% DEET
- Wear long-sleeved shirts and long pants
- Stay in places with air conditioning or window and door screens
- Sleep under a mosquito net

Returning from a place with Zika?
- Talk to your doctor if:
  - You are pregnant, or planning to become pregnant
  - Have a pregnant partner
  - Have symptoms of Zika (fever, rash, joint pain, red eyes)
- Avoid mosquito bites during mosquito season

For information about areas with Zika: www.health.ri.gov/zika