



Get healthy. Live better.

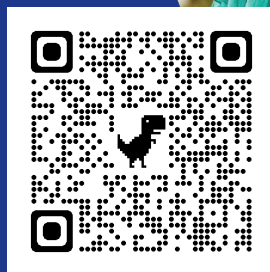
Community Health Network

Your connection to FREE and low-cost health programs

CHN connects you to programs proven to help you take control of your health. Programs are free or low-cost and held in convenient locations throughout Rhode Island.

Programs are proven to work for:

- Pre-diabetes and diabetes
- Heart health
- Nicotine and tobacco addiction
- Alzheimer's disease and related dementias
- Movement, balance, and fall prevention
- Chronic pain and chronic disease management



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