

TEAMWorks

DIABETES Group Visit

For Optimal Management of Diabetes



Program Goal:

- To integrate diabetes education, screening and care to better meet diabetes standards of care. **TEAM**Works is conducted in a 2 1/2 hour group visit utilizing a multidisciplinary team including a Physician, a Registered Pharmacist, Registered Nurse and Registered Dietitian.

Clinical and Educational Objectives:

- To provide interactive sessions in small groups with the RN and RD to target key self-management issues.
- To document and conduct a brief individual review of the patient's medications with the pharmacist.
- To review recent laboratory testing: HgA1c, lipid profile, and urine for microalbumin with results ready for **TEAM**Works Day.
- To provide a pedometer to each participant and review the importance of exercise
- To educate the patient on an appropriate diabetes meal plan.
- To conduct the **TEAM**Works visit and include: blood pressure, body weight, BMI, a foot exam, and vaccinations for flu and pneumonia as needed. Referrals for DRE, dental care and DOE.

Contact Susan Cesare, BSN **TEAM**Works Coordinator (401) 222-4851
Rhode Island Department of Health, 3 Capitol Hill, Providence, RI 02908

TEAMWorks

Outcomes

Physician Testimonials

15mon

“Very satisfied. It is always gratifying to get as much assistance as possible.” Dr. M

Pre TW

Post TW

Hba1c

7.57%

7.27%

“It’s a great program”. Dr.G

BP (<130/80)

29.5%

46.5%

“It was of great value to my patients and everyone of them seemed to really enjoy it!” Dr. A.

LDL

113.1ug/dl

104.9ug/dl

DR.V. says that he will participate in this program again because “all the patients walked away with new knowledge.”

Insulin

Dr. O writes about the TEAMWorks Educators, “Excellent, motivated team!” and “Found the program to be an excellent educational resource.”

Compliance*

51.9%

81.5%

*Self reported

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