



# **TEAMWorks**

## **DIABETES Group Visit**

For Optimal Management of Diabetes

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**TEAMWorks** is a unique, comprehensive education program for adult patients with diabetes. The program promotes the American Diabetes Association standards of care. Certified Diabetes Educators (CDOES), a nurse, dietitian and pharmacist, team-up with the physician. Together they provide an interactive program for patients with diabetes in the physician's office. **TEAMWorks** is designed to teach patients how to manage diabetes in order to delay or prevent complications and improve their quality of life.

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- ***The physician leads the team effort.***

The physician provides a diabetes centered office visit, billable to third party insurers. The visit allows for individualized treatment to ensure that diabetes standards of care are met. In addition the physician is given time to discuss diabetes with patients in a group setting.

- ***State-of- the-art education program provided by CDOES helps patients manage diabetes.***

- *Nurse* reinforces special care needs for feet, skin and eyes and use of blood glucose monitors.
- *Dietitian* teaches meal planning for healthy living as well as the importance of physical activity.
- *Pharmacist* reviews safe use of medications.

- ***There is no charge for the TEAMWorks program.***

The RI Department of Health provides the **TEAMWorks** program with a grant from the CDC. The physician bills each patient's insurance company for the office visit, usual co-payment applies.

- ***Patients are considered a member of the team.***

They are taught the skills needed to achieve overall diabetes self-management goals as prescribed by the physician. Significant others may also attend and participate.

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**TEAMWorks** is a collaboration between the  
Rhode Island Department of Health Diabetes Prevention  
& Control Program and Healthcare Providers.