

HEALTH EQUITY SUMMITBuilding Healthy and Resilient Communities

September 20, 2018

Providence





2018 **Building Healthy and Resilient Communities**

Thursday, September 20, 2018 | 7:30 a.m. - 6:30 p.m.

Rhode Island Convention Center 1 Sabin Street, Providence, RI

Sponsored By

Rhode Island Department of Health (RIDOH) Rhode Island Commission for Health Advocacy and Equity Warren Alpert Medical School of Brown University Community Sponsor: Advance Clinical and Translational Research (Advance-CTR)

For More Information

Contact the Rhode Island Department of Health Health Information Line 401.222.5960 | RI Relay 711 www.health.ri.gov/equity









Welcome to the 2018 Health Equity Summit: Building Healthy and Resilient Communities!

At the Rhode Island Department of Health (RIDOH), we believe that everyone – no matter who they are or where they live – deserves the opportunity to live a healthy life in a healthy community. Your health shouldn't be determined by your zip code, race, ethnicity, sexual orientation, gender identity, level of education or income, or insurance status. Yet the data show that differences in health outcomes can vary widely across these groups, and even in adjacent neighborhoods. We come together now so we can do something about those data disparities. Together, we're moving from talking about health equity to mobilizing action.

We spend a great deal on healthcare as a society, but health starts in our homes, schools, jobs, and communities. It begins with the services available in our neighborhoods, the quality of our housing, the safety of our communities, the food we have access to, and our employment opportunities. This means that achieving the conditions for better health will require us to shift our investments to the place where health happens the most – our communities.

Ensuring that everyone has what they need to be healthy is more than a good idea, or a smart financial move. It's also a matter of justice and fairness that impacts all of us! The good news is that we've witnessed tremendous progress in recent years to move our conversations about health equity into action. The best example of this work is Rhode Island's Health Equity Zone (HEZ) initiative, where communities across the state are harnessing their collective power to transform conditions in their neighborhoods for better living, long term.

With this third Health Equity Summit, we hope to build on the progress of our HEZs throughout RI, and generate new ideas for how we can work together to ensure all of our neighbors have the opportunity to live a healthy life. Our theme this year is "Building Healthy and Resilient Communities." We're especially excited for the opportunity to launch the 2018-2019 Association for State and Territorial Health Officials (ASTHO) President's Challenge during our Summit. As the incoming ASTHO President, I am leading the ASTHO President's Challenge in partnership with the National Association of County and City Health Officials (NACCHO). The Challenge, which is aligned with the US Surgeon General's focus on Community Health and Economic Prosperity, will call on public health officials across the country to build healthier, more resilient communities by supporting investments in community-led, place-based approaches.

Thank you to all of our speakers, panelists, and community partners for helping us make such a meaningful, dynamic event so successful. We also want to extend a special thank you to RIDOH's Health Equity Summit Planning Committee, the Commission for Health Advocacy and Equity, ASTHO, Advance-CTR, and the Warren Alpert Medical School of Brown University for your valuable contributions to the planning and implementation of this year's Summit.

And finally, thank you to everyone joining us today. Your imagination, strengthened voices, and collective energy are critical to helping us envision and effectively advance towards a healthier, more resilient, and more just society for all.

Please enjoy the 2018 Health Equity Summit, on behalf of the Rhode Island Department of Health!

Sincerely,

Nicole Alexander-Scott, MD, MPH



Nicole Alexander-Scott, MD, MPH Director Rhode Island Department of Health



Deborah Garneau Director, Health Equity Institute Co-Chair, Health Equity Summit Rhode Island Department of Health



Michelle Wilson Lead, Racial and Ethnic Population Policy Team, Health Equity Institute Co-Chair, Health Equity Summit Rhode Island Department of Health



Seema Dixit Director, Division of Environmental Health Co-Chair, Health Equity Summit Rhode Island Department of Health

Building Healthy and Resilient Communities

Program Description

The 2018 Health Equity Summit: **Building Healthy and Resilient Communities**, provides individuals from all walks of life with the opportunity to come together to learn about and discuss current and emerging issues affecting health equity in our state. Health equity means everyone has fair and just opportunity to be healthier. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and healthcare. The Summit will highlight current efforts to advance community well-being across Rhode Island, showcase best practices to promote health equity throughout the region, and feature the regional launch of the 2018-2019 Association for State and Territorial Health Officials (ASTHO) President's Challenge.

Key focus areas of the Summit include:

- 1. Strengthening community-led, place-based approaches like RI Health Equity Zones
- 2. Promoting positive social connectivity
- 3. Improving community resilience

Learning Objectives

At the conclusion of this activity, participants should be able to:

- Promote a shared framework for advancing health equity;
- Explore recent progress and emerging opportunities and challenges related to addressing health disparities;
- Showcase regional, state, and local policy initiatives, systems change, and strategic practices that support the advancement of health equity; and
- Renew their call to action through cross-sector collaborations, partnerships, and networking opportunities.

This Summit was partially funded by the federal grant or cooperative agreement by the Centers for Disease Control and Prevention (CDC), Health Resources and Services Administration (HRSA), Administration for Children and Families (ACF), and by the Kresge Foundation's Emerging Leaders in Public Health Initiative.

Planning Committee

Rhode Island Department of Health (RIDOH) Co-Chairs: Seema Dixit

Deborah Garneau Michelle Wilson

Christopher Ausura	Carmen Boucher
Steven Boudreau	Laura Bozzi
Ashley Fogarty	Deborah Golding
Robert Ireland	Kathy Marceau
Denise Marte	Sophie O'Connell
Pat Raymond	Sidra Scharff
Kristen St. John	Samuel Zwetchkenbaum

Special thanks to Tim McGrath for designing this year's program.

Warren Alpert Medical School of Brown UniversityMaria SullivanAndrea Goldstein

Credit Designation

Nurses: This continuing nursing education activity was approved by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. | 8.25 Contact Hours until August 30, 2020.

Social Workers: An application for continuing education credits has been submitted to the National Association of Social Workers (NASW), RI Chapter.

Approved Sessions

(attendees can claim a maximum of 4.5 hours)

9:45 a.m. - 11:00 a.m. (1.25 hours)

- Enhancing Transgender Community Cohesion and Health
- Advocacy and Healthcare
- 11:15 a.m. 12:15 p.m. (1.0 hours)
- Cultural Barriers to Refugees Seeking & Accessing Healthcare Services
- 1:30 p.m. 2:45 p.m. (1.25 hours)
- Addressing Structural Racism in Healthcare: Brown Advocates for Social Change and Equity Program
- You've Got This: Community- and School-based Interventions to Prevent Unplanned Pregnancies and STDs among Rhode Island's Youth
- Trauma-Sensitive Schools: Going Beyond ACEs to Resiliency

3:00 p.m. - 4:00 p.m. (1.0 hours)

• Improving Social Cohesion to Address Racial and Social Economic Disparities in Advance Care Planning: Inspire the Leader Workshop

Building Healthy and Resilient Communities

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Building Healthy and Resilient Communities

RIDOH Health Equity Institute

The Rhode Island Department of Health (RIDOH)'s Health Equity Institute is a team working from the Office of the Director to elevate the department-wide priority of equity by:

- Implementing programs focused on eliminating health disparities; and
- Incorporating an equity approach into the work conducted by RIDOH and its sister agencies.

Vision

The Health Equity Institute envisions a Rhode Island where everyone has a fair opportunity to achieve their full potential, recognizing that every individual has inherent value as a member of a family, workplace, and community.

Mission

The mission of the Health Equity Institute is to address systemic inequities so that all Rhode Islanders reach their full potential, regardless of:

- The color of their skin
- Where they were born
- Disability
- Gender identity
- Sexual orientation
- Neighborhood
- Religion
- Occupation
- Language
- How much money they make
- Age
- Level of education

What We Do

The Health Equity Institute gives voice to the vulnerable populations in the state to ensure that everyone has an opportunity to achieve health.

We implement programs to support:

- Individuals with disabilities and special needs
- Racial and ethnic populations
- Mothers, babies, and families with young children
- Rhode Island's Health Equity Zones

We support equity initiatives at RIDOH and in the community, including the:

- Social Justice Roundtable
- Community Health Resilience Project
- Sexual Orientation and Gender Identity Equity Workgroup
- Vulnerable Populations Workgroup
- Determinants of Health Workgroup
- Equity Performance Measurement Workgroup
- Community Health Assessment Group
- Kresge Foundation Emerging Leaders in Public Health (ELPH) initiative
- Community Health Worker Association of Rhode Island
- Commission for Health Advocacy and Equity

Learn More and Get Involved

To learn more about the Health Equity Institute, visit www.health.ri.gov/equity.

2018 Building Healthy and Resilient Communities

RIDOH Sexual Orientation and Gender Identity (SOGI) Equity Workgroup

Background

Every Rhode Islander deserves the opportunity to live a healthy life and achieve their full potential. Yet Lesbian, Gay, Bisexual, Trans*, Two-Spirit, Queer, and Questioning (LGBTTQQ+) individuals often face a variety of challenges to healthy living, including social stigma, discrimination, and difficulties accessing healthcare providers who are knowledgeable about their health risks and behaviors and who provide culturally affirming care.

RIDOH's SOGI Equity Workgroup, which is supported by RIDOH's Health Equity Institute, was formed to explore RIDOH's capacity to better serve members of Rhode Island's LGBTTQQ+ communities. The SOGI Equity Workgroup works to:

- Ensure that health surveillance systems include questions about sexual orientation and gender identity;
- Create a more welcoming and inclusive environment for sexual and gender minority people at RIDOH;
- Offer training to RIDOH staff and develop organizational capacity to improve our ability to recognize and respond to sexual and gender minority health disparities; and
- Build relationships with other organizations to improve sexual and gender minority health equity statewide.

Current Initiatives

Data and Surveillance

In 2016, RIDOH began including the Centers for Disease Control and Prevention (CDC) optional module on Sexual Orientation and Gender Identity in Rhode Island's adult Behavioral Risk Factor Surveillance System (BRFSS) survey. RIDOH also began including a gender identity question in Rhode Island's high school Youth Risk Behavior Survey (YRBS) in 2017.

RIDOH is analyzing findings from these surveys related to gender identity, with the goal of releasing additional data later this year.

H 7765 - An Act Relating to Health and Safety -Vital Records

RIDOH Director Nicole Alexander-Scott, MD, MPH submitted a letter of support for H 7765, legislation which aims to ensure that gender markers on death certificates are correctly aligned with the decedent's identified gender if it does not correlate with sex assigned at birth. RIDOH has also been working with GLBTQ Legal Advocates & Defenders (GLAD) on an amendment to include "any additional document as authorized by the Rhode Island Department of Health" to the list of qualifying documents that can be presented to memorialize a decedent's identified gender.

LGBTTQQ+ Health Resources

RIDOH has developed a list of resources that Rhode Island LGBTTQQ+ community members may find helpful in accessing culturally proficient healthcare. To view these resources, visit www.health.ri.gov/lgbt.

RI Pride Sponsorship

RIDOH has been a proud sponsor of Rhode Island's Pride Festival since 2016, distributing public health resources and standing with LGBTTQQ+ Rhode Islanders to celebrate their many contributions to our wider community.

Listening Forum on Health and Public Safety

RIDOH held a listening forum with the City of Providence in 2016 to learn more about ways to improve health and public safety for LGBTTQQ+ community members. RIDOH is planning to hold another listening forum later this year.

All-Access Restroom at RIDOH's Cannon Building

As part of planned renovations to modernize its public restrooms, RIDOH is installing an all-access bathroom on the lower level of the Cannon Building. These facilities will ensure a more welcoming and private space for gender nonconforming visitors and staff, as well as families, caregivers, individuals with disabilities, individuals with atypical bodies and physical presentations, and others.

Learn More and Get Involved

For more information on partnering with the SOGI Workgroup, please contact C. Kelly Smith at CKelly.Smith@health.ri.gov.

Building Healthy and Resilient Communities

RIDOH Social Justice Roundtable

"Social justice is a process, not an outcome, which seeks fair redistribution of resources, opportunities, and responsibilities. Social justice challenges the roots of oppression and injustice, including marginalization based on race, class, gender, and other social classifications, and empowers all people to exercise self-determination and realize their full potential through collaborative action."

*Definition of "Social Justice" from Place Matters (Alameda County Health Department)

Who We Are

The Social Justice Roundtable (SJR) is supported by the Rhode Island Department of Health (RIDOH)'s Health Equity Institute. The RIDOH SJR is comprised of public health professionals motivated by a commitment to use the core principles of social justice as a lens to help review and inform public health policies and practices.

What We Do

The RIDOH SJR works to create safe spaces to engage in open dialogue and spur action to address the root causes of structural inequities and institutional systems that adversely impact the health and well-being of communities. The SJR hosts the "Health Equity Dialogue Series," which is an open forum on topics including racism, mass incarceration, ableism, housing and gentrification, economic inequality, community resilience, and socioeconomic and environmental determinants of health.

Why We Do It

Social injustice is one of several root causes of inequities in the health and well-being of individuals. RIDOH's SJR has a crucial role in ensuring that the process of social justice is embedded into the foundations of state public health policy and practice. While the SJR recognizes that public health cannot solve all the problems related to bias or the "isms" (racism, sexism, etc.), it can develop means to mobilize institutional change and support grassroots social movements to address unequal and poor health outcomes within specific populations and communities in Rhode Island.

How We Do It

With support from the Kresge Foundation Emerging Leaders in Public Health (ELPH) initiative, the RIDOH SJR aims to provide ongoing training opportunities to engage RIDOH leadership/staff and community partners to include social justice core values, policies, and processes in public health practice by:

- Identifying specific opportunities to embed social justice frameworks into program policies and practices;
- Creating space for personal/professional dialogue around the intersection of public health and social justice;
- Developing trainings, tools, publications, and resources to help staff utilize and apply the "social justice lens" in all the work at RIDOH; and
- Empowering RIDOH staff, partners, and organizations to include social justice processes in their efforts to achieve health equity.

Learn More and Get Involved

To learn more or get involved, contact Dana McCants Derisier at dana.mccantsderisier@health.ri.gov.

Building Healthy and Resilient Communities

The Equity Manifesto

It begins by joining together, believing in the potency of inclusion, and building from a common bond.

It embraces complexity as cause for collaboration, accepting that our fates are inextricable.

It recognizes local leaders as national leaders, nurturing the wisdom and creativity within every community as essential to solving the nation's problems.

It demands honesty and forthrightness, calling out racism and oppression, both overt and systemic.

It strives for the power to realize our goals while summoning the grace to sustain them.

It requires that we understand the past, without being trapped in it; embrace the present, without being constrained by it; and look to the future, guided by the hopes and courage of those who have fought before and beside us.

This is equity: just and fair inclusion into a society in which all can participate, prosper, and reach their full potential. Unlocking the promise of the nation by unleashing the promise in us all



The Equity Manifesto has been inspired by the work, commitments, insights, and resolve of the many partners with whom PolicyLink has shared this journey. Please use it, share it, and reflect on it in your lives, your work, your struggle. Just please don't change it.

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Building Healthy and Resilient Communities

AGENDA

Thursday, September 20, 2018

Time	Event	
7:30 a.m. – 9:00 a.m.	Registration Networking with Breakfast (7:30 a.m 8:15 a.m.) Featuring music by the Inner City Rhythm Drummers	
8:15 a.m. – 8:30 a.m. Welcoming Remarks Ana Novais, MA Executive Director, Rhode Island Department of Health		
	Opening Remarks Nicole Alexander-Scott, MD, MPH Director, Rhode Island Department of Health	
8:30 a.m. – 9:30 a.m.	General Plenary Session Keynote Address Edward P. Ehlinger, MD, MSPH	
9:30 a.m. – 9:45 a.m.	Break; Resource Table and Poster Session	
9:45 a.m. – 11:00 a.m.	Concurrent Workshop Series 1: Building a Framework	
	Improving Neighborhood Health Through the Built Environment	Ballroom A
	Supporting Families with Substance-Exposed Newborns: A Discussion of Overcoming Barriers and Various Supports Including Family Treatment Drug Court	Ballroom B
	Enhancing Transgender Community Cohesion and Health	Ballroom C
	Coalition-Building for RI Nutrition Incentive Programs Across Sectors	Room 554A
	Healthy Aging and Why It Matters	Room 554B
	How Housing Works to Support Health	Room 555A
	Diverse and Equitable Workforce Development	Room 555B
	Mobilizing Youth in the Building of Healthy Communities	Room 556A
	t's All Connected: Tackling Health Equity and Climate Change Together	Room 556B
	Immigrants and Healthcare: Critical Issues for Healthcare Providers and the Community	Room 557
	Advocacy and Healthcare	Room 558A
	Beyond High School Civics: The Nuts and Bolts of Grassroots Lobbying	Room 558B

Break; Resource Tables and Poster Session

Time	Event		
11:15 a.m. – 12:15 p.m.	Concurrent Workshop Series 2: Closing Gaps in Health Disparities		
	Stand Up to Stigma: Let's Talk About Mental Health	Ballroom A	
	Innovating SDOH Responsiveness in Primary Care Settings: The MLPB-Connect for Health Partnership that Builds Capacity in Care Teams	Ballroom B	
	The "Health" in Health Equity: How a Clinic for Immigrants Significantly Improves Health Outcomes Through Access to Care and Health Education	Ballroom C	
	Criminalization and Inequity in Rhode Island's Overdose and Addiction Crisis	Room 554A	
	Mindfulness: A Key Ingredient for Resilience in the Face of Toxic Stress	Room 554B	
	Climate Change is a Civil and Human Rights Issue	Room 555A	
	Cultural Barriers to Refugees Seeking and Accessing Healthcare Services	Room 555B	
	When the Pie is Too Small, How Do We Prioritize? Strategies for Greatest Impact	Room 556B	
	Parent and Community Engagement with Schools	Room 557	
	Self-Care Strategies for All of Us	Room 558A	
	Health in All Policies: A Health Equity Primer and Policy Tools for Lawmakers	Room 558B	
12:15 p.m. – 1:30 p.m.	Grab-n-Go Lunch; Resource Tables and Poster Session		
	Roundtable Discussions (12:30 p.m. – 1:30 p.m.)		
	Meet Leaders of RIDOH's Health Equity Initiatives	Table A	
	Eliminating Secondhand Smoke Exposure in Multi-Unit Housing	Table B	
	Social Cohesion in Public Health	Table C	
	Health Equity Zones and Opportunity Zones	Table D	
	Promoting Internship Opportunities for Vulnerable Populations of Transitioning Yo	outh Table E	
	Effective Communication During an Emergency	Table F	
	Disparities in Maternal and Child Health in RI	Table G	
	Leveraging Community Health Workers for Health Equity	Table H	
	The RIPIN Call Center - Helping Rhode Islanders Navigate Healthcare and Special Education	Table I	
	Experiencing the Unimaginable: How Rhode Island State Agencies and Local Communities Responded to the Preventable Deaths of Infants	Table J	
	Minority Youth Mentoring - Building Equity Through Experience and References	Table K	
	Third Spaces – Libraries as Community Assets	Table L	
	Federal Resources at Risk: The Critical Role of Community-based Organizations in Census 2020	Table M	
	Biodiversity and Community Health	Table N	
	Healthy Aging	Table O	
	Ocean State Center for Independent Living	Table P	
	Overcoming Stigma in Medication-Assisted Treatment (MAT) for Opioid Use Disorder (OUD)	Table Q	

Time	Event		
1:30 p.m. – 2:45 p.m.	Concurrent Workshop Series 3: Changing the Context of Health		
	Outcomes-based Funding for Health Equity Interventions	Ballroom A	
	Development without Displacement: Gentrification and Public Health	Ballroom	
	You've Got This: Community- and School-based Interventions to Prevent Unplanned Pregnancies and STDs among Rhode Island's Youth	Ballroom	
	Trauma-Sensitive Schools: Going Beyond ACEs to Resiliency	Room 554	
	The Art of Storytelling	Room 554	
	Representation in Maternal Health: Unspoken Disconnect	Room 555	
	Family Visiting and the RI Department of Corrections: Supporting Women and Families at Vulnerable Times		
	OneCranston's Approach to Social Cohesion and Health Equity	Room 555	
	Addressing Disparities in Cancer Care Among Latinos in Rhode Island	Room 556	
	Engaging Teens to Reduce Access to Tobacco Using Local Environmental Policy Change Strategies	Room 556	
	Place, Race, and Disasters: Why Good Messaging Matters	Room 55	
	Addressing Structural Racism in Healthcare: Brown Advocates for Social Change and Equity Program	Room 558,	
	Community Health Workers, Bridging the Gap	Room 558	
2:45 p.m. – 3:00 p.m.	Break; Resource Tables and Poster Session		
3:00 p.m. – 4:00 p.m.	Concurrent Workshop Series 4: Paving a New Path Towards Health Equity		
	Health Equity, Value-Based Care, and the Need to Work Together for Population Health	Ballroom A	
	Inclusive Practice: Tools for Meaningful Resident Engagement	Ballroom	
	Improving Social Cohesion to Address Racial and Social Economic Disparities in Advance Care Planning: Inspire the Leader Workshop	Ballroom	
	Striving to Become Anti-racist Organizations	Room 554	
	Promoting Father Engagement & Involvement for Successful Childhood & Adulthood	Room 554	
	Race, Ethnicity, Geographic Location, and Selected Child Welfare Indicators		
	Community-based Community Health Workers (CHWs): Community- and State-level Infrastructure Development for Health Equity	Room 555,	
	A Tradition of Healing: A Native American, Culturally Based Approach to Drug and Alcohol Prevention in Middle School Children	Room 555	
	We're In This Together: Building Connections through a School Family	Room 556	
	Addressing Equity in Walk/Bike Opportunities on Providence's South Side	Room 556	
	Oral Health, Overall Health, and Community Resiliency: They're Connected	Room 55	
	Bridging the Nature Gap	Room 558	
9	Transition Home Plus (THP) Improves Outcomes and Reduces Unnecessary Rehospitalizations of High-Risk Infants and Families	Room 558	

Time	Event	
4:00 p.m. – 4:50 p.m.	General Plenary Session:	
	A Health Equity Zones Panel Presentation with Dr. Nicole Alexander-Scott	
4:50 p.m. – 5:00 p.m.	AS220 Youth ZuKrewe Performance	
5:00 p.m. – 5:30 p.m. Closing Session:		
	2018-2019 Association of State and Territorial Health Officials	
	(ASTHO) President's Challenge Launch	
	Nicole Alexander-Scott, MD, MPH	
	Director, Rhode Island Department of Health	
	President-Elect, ASTHO	
5:30 p.m. – 6:30 p.m.	ASTHO President's Challenge Networking Event	
	Featuring music by Kim Trusty	

Notes

Building Healthy and Resilient Communities

Featured Guests

KEYNOTE SPEAKER:

Edward P. Ehlinger, MD, MSPH



Dr. Edward Ehlinger is a public health metaphysician who has spent his professional career working in various settings to advance health equity and optimal health for all. He has integrated the values, practices, and approaches of medical care, public health, and social justice in

his work as a Senior Assistant Surgeon with the National Health Service Corps, Director of Maternal and Child Health at the Minneapolis Health Department, Director and Chief Health Officer at Boynton Health Service at the University of Minnesota, and Commissioner of Health at the Minnesota Department of Health.

Dr. Ehlinger received his BA degree in English and his MD degree from the University of Wisconsin – Madison and his Master of Science in Public Health degree from the University of North Carolina – Chapel Hill. He is a Fellow of the American College Health Association, a Robert Wood Johnson Clinical Scholar, and a Bush Fellow. He is board certified in internal medicine and pediatrics and is an Adjunct Professor in the School of Public Health at the University of Minnesota. He is a past president of the Minnesota Public Health Association, the North Central College Health Association, the Twin Cities Medical Society, the Association of State and Territorial Health Officials, and the first board chair of CityMatCH.

AS220 Youth ZuKrewe



The AS220 Youth ZuKrewe is a hip hop performance troupe dedicated to using music, dance, and theatre to engage communities in dialogue about social justice issues that impact our daily lives, especially issues affecting communities of color.

Inner City Rhythm Drummers



The Inner City Rhythm (ICR) Drummers program is an established "Save the Music" program targeting the most low-income districts in our state. The ICR drummers unite kids and teenagers from all cultures to experience music at its highest level through drums and percussion. The

goal is to award even beginner drummers the opportunity to perform in front of live audiences.

Kim Trusty



Kim Trusty hails from Media, Pennsylvania. Her foray into songwriting started at a young age and eventually brought her to New England to study songwriting at the Berklee College of Music in Boston, Massachusetts. She has spent the last three decades residing in Providence,

Rhode Island, refining her musical skills, crafting and branding her own style of Jazz, R&B, Blues, and original music. Trusty's reputation has moved well beyond the Ocean State as a consummate technician, vocalist, lyricist, and songstress. She is also known for her work in the community. Trusty has worked with kids from diverse backgrounds, teaching elementary school music, primarily working with African Americans and Latinos. She helped start Providence's first school for the arts, Trinity Academy for the Performing Arts, which opened its doors in September of 2010. Trusty is currently working with a screenwriter to tell her amazing story as a black lesbian artist, educator, stroke and cancer survivor.

Kim Trusty photo credit: Erin X. Smithers

Building Healthy and Resilient Communities

Poster Presentations and Resource Tables

The Summit agenda includes time for attendees to visit poster presentations and resource tables stationed in the ballroom pre-function space. Please take a moment to engage with these presenters and exhibitors for more information about initiatives promoting health equity in Rhode Island!

Location: Ballroom Pre-function Space

Posters:

Addressing Health and Social Needs Through Community Health Teams (CHTs) Linda Cabral, MM; Elizabeth Fortin, MSW, LICSW; Karen Baldyga; Jenna Stanley, MPH

A Snapshot of Adherence to American Diabetes Association Guidelines in a Free Clinic for the Uninsured: Striving for Equitable Healthcare for All Naaman Mehta; Roshini Kalagara; Martha Franco; Valerie Joseph; Annie S. De Groot, MD

SBIRT Implementation in Non-traditional Healthcare Settings: Addressing Disparities in Access to Substance Use Care Shayna S. Bassett, PhD; Laurel Murphy, BA; L.A.R. Stein, PhD

Inclusive Data Policies Alvaro Tinajero, MD, MPH, ScM

The Impact of Smoke-Free Housing on Sick Visits and Hospitalization for Respiratory Illnesses in Children Ages 0-12 Gail M. Davis, BSN, RN, CCM; Joanne F. Costello, MPH, PhD, RN

Breastfeeding Initiation Among Women in Rhode Island, 2012-2015 Alison Z. Weber, MPH candidate

Girls Empowerment, Mentoring and Support (GEMS) Antonio Da Veiga Rocha; Sterling Clinton Spellman; Meghan Grady

Princes to Kings (P2K) Antonio Da Veiga Rocha; Kobi Dennis; Scott Lapham; Akilah Alleyne

Cigarette Use During Pregnancy Among Rhode Island Mothers, 2012-2015, RI PRAMS Annie Gjelsvik, PhD; Hanna Kim, PhD; Karine Monteiro, MPH; Ailis Clyne, MD, MPH; Dana McCants Derisier, MS; Elsa Larson, PhD, MS

Histories of First and Second Order Violence among Undocumented, Uninsured Free Health Clinic Patients Vivian Chan; Annie S. DeGroot, MD

Improving Efficiency at Clínica Esperanza: Lessons Learned Naaman Mehta; Emily Derecktor; Diana Ponitz; Stefan Rodriguez; Lanbo Yang; Melanie Brown

Patient Advocacy by Peer Community Health Workers and the Advanced Navegante Training Program at Clínica Esperanzal Hope Clinic Meghan McCarthy; Katherine Barry; Damaris Rosales; Cindy Estrada; Brenda Veliz; Rosa Roman; Annie S. De Groot, MD

Resource Tables:

Bristol Health Equity Zone (HEZ), Town of Bristol

Newport Health Equity Zone (HEZ), Women's Resource Center

Pawtucket and Central Falls Health Equity Zone (HEZ), Local Initiatives Support Corporation

Providence Health Equity Zone (HEZ): Olneyville Neighborhood, ONE Neighborhood Builders

Providence Health Equity Zone (HEZ): Southside, West End, and Elmwood Neighborhoods, *Providence Children and Youth Cabinet*

Washington County (South County) Health Equity Zone (HEZ), South County Health

West Warwick Health Equity Zone (HEZ), *Thundermist Health* Center

Woonsocket Health Equity Zone (HEZ), *Thundermist Health* Center

Family Visiting Program, Rhode Island Department of Health

Immunization Program, Rhode Island Department of Health

Community Health Network / Diabetes, Heart Disease, and Stroke Program, *Rhode Island Department of Health*

Infectious Diseases & Climate Change Programs, Rhode Island Department of Health

Tobacco Control Program, Rhode Island Department of Health

We Ask Everyone Campaign, A Partnership between Rhode Island College, the State Innovation Model, and the Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals

Advance Clinical and Translational Research (Advance-CTR), Brown University

Building Healthy and Resilient Communities

Concurrent Workshop Session 1:

Building a Framework

Topics in this series begin to build a shared language around community health and resiliency through applying a health equity lens to: coalition-building; grassroots lobbying; understanding the built and physical environment; and addressing unique needs in substance-exposed, youth, transgender, aging, and special needs populations.

Time: 9:45 a.m. - 11:00 a.m.

Improving Neighborhood Health Through the Built Environment

The built environment can be designed to encourage healthy activity from its inhabitants. Understanding and designing for the human instinct to play and explore can make neighborhoods healthier. This presentation will showcase a variety of initiatives across the state, instilling in its audience an understanding of how urban spaces can be transformed to encourage joyful walking, the power of curiosity and play, and more.

Location: Ballroom A

Speakers:

- C.J. Opperthauser, Co-Producer, Tour de Tentacle
- Angela Marandola, Health Equity Zone Project Co-Coordinator, Women's Resource Center
- Gail Ahlers, Executive Director, The Empowerment Factory
- Eric Weis, President, Cogent
- Susan Mara, Director of Planning, Pawtucket, RI
- Valerie Benoit, *Blackstone Valley Community Action Program*

Topic Areas: Health Equity Zones and other place-based initiatives, Built Environment, Social Connectivity

Supporting Families with Substance-Exposed Newborns: A Discussion of Overcoming Barriers and Various Supports Including Family Treatment Drug Court

Navigating pregnancy and life with a newborn is complicated regardless of the circumstances. For those in recovery there is added complexity. Objectives of this session are: to summarize the basics of opioid exposure and treatment during pregnancy and delivery; explain the complexity of navigating a substance-exposed pregnancy; strategize to combat negative public attitudes facing families with substanceexposed newborns; and identify the resources available to support new and expectant parents with a substance-exposed newborn, including family treatment drug court.

Location: Ballroom B

Speakers:

- Lia Stuhlsatz, Esq., Associate Judge, Rhode Island Family Court
- Laura Aussant, RN, Nurse Care Manager, Coastal Medical
- Lisa Conlan Lewis, Executive Director, Parent Support Network of Rhode Island
- Nicole Silvia, Peer Recovery Specialist
- Sarah Bowman, MPH, Program Evaluator, Office of Family Visiting, Rhode Island Department of Health

Topic Areas: Maternal and Child Health, Behavioral Health

Enhancing Transgender Community Cohesion and Health

The transgender community faces myriad health disparities including higher rates of unemployment, homelessness, violence, substance abuse, depression, and suicidality. This presentation will outline the development, implementation, and impact of a Trans* Wellness program as an important aspect of an integrated model of providing medical and behavioral health care to the trans community at a Federally Qualified Health Center. Challenges, successes and future plans will be described.

Location: Ballroom C

Speakers:

• Jaye Watts, LICSW, Director of Transgender Health, Thundermist Health Center

Topic Areas: Community Resiliency, Social Connectivity

Coalition-Building for RI Nutrition Incentive Programs Across Sectors

The purpose of Supplemental Nutrition Assistance Program (SNAP) incentives is to make healthier food more affordable to low-income residents. We will discuss the experiences we have had in implementing nutrition incentives in the Health Equity Zones (HEZs). This workshop will explore SNAP nutrition incentive programs through: describing their purpose and results; and describing key steps in scaling the program, including challenges and opportunities to scale the program statewide.

Location: Room 554A

Speakers:

- Eliza Dexter Cohen, *RI Public Health Institute and RI Food Policy Council*
- Thea Upham, Farm Fresh RI
- Steve Arthurs, RI Food Dealers Association
- Sue AnderBois, Director of Food Strategy, State of Rhode Island
- Winton Pitcoff, Director, Massachusetts Food System Collaborative

Topic Areas: Health Equity Zones and other place-based initiatives, Built Environment, Policy, Social Connectivity, Community Resiliency

Healthy Aging and Why It Matters

This session will explore the importance of changing traditional perceptions of aging. We will look at factors that are relevant to healthy aging, such as social and other determinants of health, as well as the roles communities can play in achieving healthy aging for older adults.

Location: Room 554B

Speakers:

• Rhonda Schwartz, Aging Services Program Specialist, US Department of Health and Human Services, Administration for Community Living

Topic Areas: Healthy Aging

How Housing Works to Support Health

This session will feature brief presentations from experts in policy and practice with an in-depth moderated discussion. Objectives are: to highlight the importance of housing stability in bolstering health; identify pressing issues facing Rhode Island residents at the intersection of health and housing; discuss examples of local pilot programs formalizing relationship between healthcare and housing; and discuss policies that can help different populations stabilize their housing and health.

Location: Room 555A

Speakers:

- Dr. Michael Fine, Health Policy Advisor to Mayor James Diossa of Central Falls; Senior Population Health and Clinical Services Officer, Blackstone Valley Community Health Care (BVCHC)
- Karen Santilli, President, Crossroads RI
- Tanja Kubas-Meyers, MSW, MA, Executive Director, RI Coalition for Children and Families
- Jody Shue, MPH, Executive Director, Age Friendly RI

Topic Areas: Maternal and Child Health, Health Equity Zones and other place-based initiatives, Housing and Community Development, Policy, Community Resiliency

Diverse and Equitable Workforce Development

In 2000 the release of The National Standards for Culturally and Linguistically Appropriate Services (CLAS) provided a blueprint for providing appropriate services in healthcare settings. We will utilize CLAS with a focus on governance, leadership and workforce development. The objectives are: to explain the importance of engaging leadership in CLAS adoption and implementation; and describe strategies, and list the benefits of building a diverse workforce.

Location: Room 555B

Speakers:

- Carmen Boucher, BS, Health Equity Institute, Rhode Island Department of Health
- Jennifer Gaviria, MSW, LCSW, Behavioral Health Clinician, Thundermist Health Center
- Sandra Victorino, MA, CAGS, LMHC, Associate Director of Adult Outpatient Services, The Providence Center

Topic Areas: Economic Opportunity

Mobilizing Youth in the Building of Healthy Communities

This session will introduce the Olneyville and Woonsocket Health Equity Zones (HEZs) through a presentation, panel discussion, and workshop activity. Objectives are: to improve health communications through a for-community/bycommunity model; aid in meeting program requirements while advancing community health equity work; and maximize cross-sector collaborations to provide youth opportunities to become advocates for community health.

Location: Room 556A

Speakers:

- Karen Barbosa, Executive Director, Riverzedge Arts
- Allegra Scharff, MPH, Community Building Manager, ONE Neighborhood Builders; Project Coordinator, Olneyville HEZ
- Meg Sullivan, Executive Director, Manton Avenue Project
- Anthony Hubbard, Executive Director, Youth Build Preparatory Academy

Topic Areas: Health Equity Zones and other place-based initiatives

It's All Connected: Tackling Health Equity and Climate Change Together

The effects of climate change are acting as "risk amplifiers," expanding problems that hinder the achievement of health equity. In this workshop, participants will identify how affordable housing, food access, mental health, public open space, and public transportation may be impacted by climate change. For instance, as hurricanes and floods become more intense, how might this disproportionately affect renters versus homeowners? Participants will leave with a better understanding of how to advance health equity while preparing for a changing climate.

Location: Room 556B

Speakers:

- Laura Bozzi, Climate Change Program Manager, Rhode Island Department of Health
- Shaun O'Rourke, Chief Resilience Officer and Director of Stormwater and Resilience, Rhode Island Infrastructure Bank

Topic Areas: Climate Change, Environmental Health, Community Resiliency

Immigrants & Healthcare: Critical Issues for Healthcare Providers and the Community

The current political and social environment creates a number of challenges to ensuring that Rhode Islanders who are not citizens access the healthcare services they need. Families need to know their rights regarding coverage and care. Providers have questions about how to make their services welcoming to non-citizens and respond to potential ICE requests for patient information. This workshop will explore what we each can do to help support our non-citizen neighbors in accessing healthcare.

Location: Room 557

Speakers:

- Jennifer Wood, Executive Director, Center for Justice
- Deborah Gonzalez, Director, Immigration Clinic, Roger Williams University
- Sarah Friedman, Director, The Learning Community
- Catarina Lorenzo, Director, AMOR
- Linda Katz, Policy Director, The Economic Progress Institute

Topic Areas: Immigrants and Health Care

Advocacy and Healthcare

Health equity begins with people's voices being heard and respected. For people in the disability community, this begins with ensuring that they are equipped to voice their views on their healthcare and make adequate choices for themselves. This session will explore up-to-date, appropriate customer service practices in healthcare systems for the community of people with disabilities, as well as how to best equip these individuals to advocate for themselves.

Location: Room 558A

Speakers:

 Sarah Helena Vazquez, MA, Speaker, Writer and Advocate, Support Coordinator, Neighbours Inc.

Topic Areas: Health Equity Zones and other place-based initiatives, Social Connectivity

Beyond High School Civics: The Nuts and Bolts of Grassroots Lobbying

This workshop will demystify the lobbying process and demonstrate how agencies and organizations can get legislation passed through community engagement. We will discuss ways to build on organizational strengths and develop community support. Topics include: building a citizens' lobby through coalition-building; steps involved in getting legislation passed; running a proactive campaign including organizing for meetings with legislators; engaging in public hearings and public events; and the use of social media and traditional media.

Location: Room 558B

Speakers:

• Roberta Hazen Aaronson, MSW, Consultant, Grassroots Initiatives

Topic Areas: Maternal and Child Health, Health Equity Zones and other place-based initiatives, Housing and Community Development, Policy, Environmental Health, Community Resiliency, Immigration, Economic Opportunity

Notes

Building Healthy and Resilient Communities

Concurrent Workshop Session 2:

Closing Gaps in Health Disparities

Topics in this series ask participants to identify and address gaps in policy and practice that, if closed, have the potential to bring us closer towards achieving health equity for all Rhode Islanders. Sessions will focus on topics ranging from mental health and wellness to complex care coordination, policy, funding, and investment, and supporting people who are school-aged, immigrants, or involved in the criminal justice system. Sessions will also showcase the organizations already doing this important work.

Time: 11:15 a.m. - 12:15 p.m.

Stand Up to Stigma: Let's Talk About Mental Health

The Chariho Youth Task Force will showcase the important difference between mental health and mental illness. This presentation identifies daily stressors, utilizes youth-friendly strategies to address stress, and provides concrete calls to action through simple behavioral change strategies regarding the language we use. Coming from a youth voice to best inform supportive adults about this topic, we will provide tools that youth and adults need to start a conversation.

Location: Ballroom A

Speakers:

- Daniel Fitzgerald, MPH, ICPS, Director, Chariho Youth Task Force
- Additional members of the Chariho Youth Task Force

Topic Areas: Behavioral Health, Social Connectivity, Community Resiliency

Innovating SDOH Responsiveness in Primary Care Settings: The MLPB-Connect for Health Partnership that Builds Capacity in Care Teams

MLPB, with expertise in public interest law, and Connect for Health (C4H), of the Lifespan Community Health Institute, are mission-driven programs that leverage distinct strategies to advance health equity. This workshop will spotlight how primary care clinics must adapt—structurally and culturally to better meet the needs of individuals and families. The learning objectives are: to identify consumers' rights in a range of social determinants of health (SDOH) domains impacted by state and federal law; identify approaches to screening for SDOH in the clinic; evaluate adaptations clinics must make to successfully integrate SDOH care team collaborators and interventions; and examine emerging measurement strategies.

Location: Ballroom B

Speakers:

- Jeannine Casselman, JD, Program Manager, MLPB
- Carrie Bridges Feliz, MPH, Director, Community Health Services, Lifespan

• Carinel LeGrand, MPA, Project Coordinator, Connect for Health

• Michelle Wheelock, BS, CLC, *Project Coordinator, Connect for Health*

Topic Areas: Maternal and Child Health, Health Equity Zones and other place-based initiatives, Housing and Community Development, Policy, Social Connectivity, Immigration, Community Health Work, Interprofessional Education

The "Health" in Health Equity: How a Clinic for Immigrants Significantly Improves Health Outcomes Through Access to Care and Health Education

This presentation will describe the services that are offered to the uninsured, low-income Hispanic immigrant patient population at Clínica Esperanza/Hope Clinic (CEHC). We will demonstrate the benefits that we create for our patients and for the wider Rhode Island community by highlighting a few of our most successful programs. The presentation will be broken up into 4 parts: 1) Our history and the demographic we serve; 2) The Clínica Esperanza/Hope Clinic Emergency Room Diversion Program (CHEER); 3) Vida Sana, a Naveganteled group lifestyle coaching program; 4) The Bridging the Gap (BTG) program.

Location: Ballroom C

Speakers:

- Katherine Barry, Project Director, CEHC
- Meghan McCarthy, Project Manager, CEHC
- Valerie Almeida-Monroe, Nurse Director, CEHC

• Patricia M. Risica, Associate Professor of Behavioral and Social Sciences and Epidemiology, Brown University School of Public Health

• Adelaide Lafferty Ritt, WISEWOMAN Program Manager, Rhode Island Department of Health

- Nisha Janardhanan Nair, Data Analysis Volunteer, CEHC
- Pooja Hindocha, Data Analysis Volunteer, CEHC

• Anne S. De Groot, MD, Volunteer Medical Director/Executive Director, CEHC

Topic Areas: Social Connectivity, Immigration, Access to Health Care, Minority Health

Criminalization and Inequity in Rhode Island's Overdose and Addiction Crisis

While addiction is increasingly understood as a disease, drug use is also classified as a criminal activity. There are inequities along race and class lines in who is considered a "patient" and who is a considered a "criminal" for their drug use. Objectives of this session are: to understand the negative impacts that incarceration-based drug policies have had, specifically in lowincome communities and communities of color; to examine racial disparity data on criminalization of drug use in RI; and to build frameworks that work holistically to support all Rhode Islanders who use substances.

Location: Room 554A

Speakers:

Annajane Yolken, Executive Director, Protect Families First

Topic Areas: Behavioral Health, Policy, Social Connectivity, Community Resiliency, Economic Opportunity, Racial Justice, Substance Use, Mass Incarceration

Mindfulness: A Key Ingredient for Resilience in the Face of Toxic Stress

Toxic stress is a health concern that derails healthy development, particularly affecting children in poverty and those facing systemic discrimination. This presentation will address the use of mindfulness skills in a school setting for students of all ages to build resilience. At the close of this session, attendees will be able to: define toxic stress and how it affects those who face adversity; define resilience skills and explain their impact; and practice basic resilience skills.

Location: Room 554B

Speakers:

• Vanessa Weiner, Executive Director, Center for Resilience

Topic Areas: Behavioral Health, Social Connectivity, Community Resiliency

Climate Change is a Civil and Human Rights Issue

Research demonstrates that climate change does not and will not affect all communities equally. People of color, low-income communities, and women are more vulnerable to the negative effects of climate change. We will discuss why climate change is an important human and civil rights issue, and explain how the NAACP is working to empower community leaders to address the causes of climate change, rectify its impacts, and advance a global society that fosters sustainable, cooperative, regenerative communities.

Location: Room 555A

Speakers:

• Jacqueline Patterson, MSW, MPH, Director, NAACP Environmental and Climate Justice Program

Topic Areas: Climate Change, Environmental Health, Community Resiliency

Cultural Barriers to Refugees Seeking & Accessing Healthcare Services

The objective of the presentation is for participants to have an adequate understanding of what exactly a refugee is, their resettlement challenges, their cultural differences, traumatic barriers, concepts of cultural idioms of expression and perception of health, and mental health; as well as gain understanding of refugees' diverse cultures and their approach to postcare vs. preventive health approaches.

Location: Room 555B

Speakers:

• Omar Bah, MPA, MA, Founder & Executive Director, Refugee Dream Center

Topic Areas: Health Equity Zones and other place-based initiatives, Behavioral Health, Policy, Social Connectivity, Community Resiliency

When the Pie is Too Small, How Do We Prioritize? Strategies for Greatest Impact

The basic idea is captured by the title. The goal of this presentation is to give organizations a way to plan and prioritize projects in a world of limited resources.

Location: Room 556B

Speakers:

• Joseph Margulies, Professor of Law and Government, Cornell University

Topic Areas: Health Equity Zones and other placebased initiatives, Housing and Community Development, Built Environment, Social Connectivity, Community Resiliency, Sustainable Community Well-being in an Age of Gentrification and Displacement

Parent and Community Engagement with Schools

Understand factors that prevent and facilitate parent and community engagement with schools. Effective strategies will be shared for engaging families from different backgrounds and with different educational needs. The panel will include students, parents, teachers, school support staff, and community members. Together we will learn how to empower families and communities to take positive steps toward improving the learning experience of all students.

Location: Room 557

Speakers:

- Ken Wagner, PhD, Commissioner of Elementary and Secondary Education, Rhode Island Department of Education
- Daniel Smith, Principal, Harry Kazirian Elementary School
- Lisa Valentine, Parent, Cranston School District
- Yeimy Bakemon-Morel, Parent, Providence School District
- Michelle Davidson, Parent, Providence School District
- Young Voices Student, to be announced
- Educator, to be announced

Topic Areas: Social Connectivity, Social Cohesion

Self-Care Strategies for All of Us

As we learn more about self-care, we realize how important it is to make it a part of our routine. This interactive workshop aims to have participants leave with the ability to: define self care and think about what their individual self-care needs are and how to make those needs a priority. Please bring your charged laptops and cell phones. An online collaboration platform will be used to engage all participants. Attendees will leave with a 31-day self-care journal.

Location: Room 558A

Speakers:

• Niko Merritt, Founding Executive Director, Sankofa Community Connection; Certified Community Health Worker, Newport Health Equity Zone

Topic Areas: Community Resiliency, Self Care

Health in All Policies: A Health Equity Primer and Policy Tools for Lawmakers

This workshop will provide the knowledge, skills, and tools needed for legislators to apply a health equity lens to the legislative process, also known as a health-in-allpolicies approach. In this interdisciplinary panel, attendees will be able to: differentiate health equity, disparities, and inequalities; explain the connection between social determinants of health and health outcomes; rank as important the promotion of health equity through all policy and budget decisions; and evaluate policy and budget proposals for their impact on health equity using a checklist.

Location: Room 558B

Speakers:

- Larry Warner, MPH, Strategic Initiative Officer, Rhode Island Foundation
- Taino Palermo, EdD, Program Director, Community Development and Healthy Communities degree programs, Roger Williams University

Topic Areas: Maternal and Child Health, Health Equity Zones and other place-based initiatives, Housing and Community Development, Behavioral Health, Sexual Health, Built Environment, Climate Change, Policy, Environmental Health, Social Connectivity, Community Resiliency, Immigration, Economic Opportunity

Notes

Period Health EQUITY SUMMIT

Building Healthy and Resilient Communities

Lunchtime Roundtable Discussions

Roundtable discussions offer an opportunity to engage in lively informal discussion about important topics in health equity. There are 17 roundtable topics at this year's Summit. Each roundtable will begin with a brief (10-15 minute) introduction of the topic followed by lively questioning and dialogue by all participants in the roundtable. Join any discussion and move between and among tables and groups, as you wish.

Time: 12:30 p.m. - 1:30 p.m.

Ballroom A

Meet Leaders of RIDOH's Health Equity Initiatives

The mission of RIDOH's Health Equity Institute is to address systemic inequities so that all Rhode Islanders reach their full potential. The Institute oversees the Offices of Special Needs and Minority Health, the Maternal and Child Health Program, Culturally and Linguistically Appropriate Services, and the Health Equity Zones (HEZ) initiative and provides support to a wide range of additional equity initiatives.

Location: Table A

Facilitator(s):

• Deborah Garneau, MA, Director, Health Equity Institute, Rhode Island Department of Health

Eliminating Secondhand Smoke Exposure in Multi-Unit Housing

The Rhode Island Department of Health's Live Smoke Free Program will discuss how you can protect residents, employees, and visitors from secondhand smoke exposure and exposure to e-cigarette aerosol in multi-unit buildings. Learning objectives are: to understand benefits of a smoke-free building policy; understand basic no-smoking policy implementation and enforcement approaches; and understand available cessation services and resources. This session is ideal for public health advocates, Public Housing Authorities, affordable multi-unit property management groups, residents, and housing administrators considering a no-smoking policy and those wanting to strengthen enforcement efforts for an existing policy.

Location: Table B

Facilitator(s):

• Benvinda Santos, MPA, Tobacco Control Community Coordinator, Tobacco Control Program, Rhode Island Department of Health

Social Cohesion in Public Health

Using data from the 2012-14 Rhode Island Behavioral Risk Factor Surveillance System (BRFSS), this presentation will introduce the concept of social cohesion and its elements and provide evidence to promote the use of social connectedness information as a component of public health surveillance. This serves as an update of 2005-09 findings and provides information on changes in the social cohesion of Rhode Islanders during the last decade.

Location: Table C

Facilitator(s):

• Alvaro Tinajero, MD, MPH, ScM, Senior Epidemiologist, Rhode Island Department of Health

Health Equity Zones and Opportunity Zones

This roundtable will discuss the potential impacts of the Opportunity Zone funding that is included in the most recent tax bill.

Location: Table D

Facilitator(s):

• Christopher J. Ausura, Health Equity Zone Project Manager, Health Equity Institute, Rhode Island Department of Health

Promoting Internship Opportunities for Vulnerable Populations of Transitioning Youth

This roundtable discussion will include the explanation and benefits of providing opportunities to underemployed, transition-age young adults. Learning objectives are: to identify the underemployed young adults; provide supports and opportunities; train the workforce/coworkers; partner with local schools/agencies; and develop internship opportunities.

Location: Table E

Facilitator(s):

- Jane DeMelo, Teacher, Northern RI Collaborative Transition Employment Center
- Carmen Boucher, BS, Community Program Liaison, Health Equity Institute, Rhode Island Department of Health

Effective Communication During an Emergency

A core component of community resilience includes effective risk communication for all populations. This roundtable will discuss how organizations can play a key role in educating diverse populations to ensure consistent, accurate information is disseminated to the public about preparedness, risks, and resources before, during, and after a disaster.

Location: Table F

Facilitator(s):

• Annemarie Beardsworth, CCHP, Provider and Internal Communications, Center for Public Health Communication, Rhode Island Department of Health

Disparities in Maternal and Child Health in RI

The mission of the Maternal and Child Health Program at the Rhode Island Department of Health is to support and promote the health of all mothers, children, and families to reduce inequities and improve outcomes. Join us as we discuss key programs targeting disparities in maternal and child health in Rhode Island.

Location: Table G

Facilitator(s):

• Jamie Comella, MPH, Maternal and Child Health Program Manager, Health Equity Institute, Rhode Island Department of Health

Leveraging Community Health Workers for Health Equity

Community Health Workers (CHWs) are increasingly recognized as having the skill set, resource knowledge, and relationship with community members that can help improve health outcomes for marginalized populations. This roundtable will discuss how to strategize the deployment of CHWs across multiple sectors in the social services and health services fields in ways that empower CHWs and maximize the effectiveness of their work.

Location: Table H

Facilitator(s):

• Sarah R. Lawrence, CCHW, MSW, PhD, Director, Community Health Worker Association of Rhode Island (CHWARI)

The RIPIN Call Center - Helping Rhode Islanders Navigate Healthcare and Special Education

This roundtable discussion will feature an overview of the Rhode Island Parent Information Network (RIPIN) integrated call center model, which offers a variety of supports to Rhode Islanders through a person-centric approach utilizing crosstrained staff. We will review and discuss program design and data.

Location: Table I

Facilitator(s):

• Sam Salganik, Attorney & Health Policy Analyst, Rhode Island Parent Information Network

Experiencing the Unimaginable: How Rhode Island State Agencies and Local Communities Responded to the Preventable Deaths of Infants

Join us for this discussion on Rhode Island's Safe Sleep program. Objectives are: to define Sudden Infant Death Syndrome (SIDS) and infant sleep-related death; recognize safe sleep practices and common barriers to implementing them; discuss Rhode Island's experience with infant sleep-related mortality from 2012–2016; examine how the Rhode Island Department of Health and other partners responded to infant sleep-related deaths through training, education, and resources; explain the shared and unique training objectives; and describe the interagency response to infant sleep-related deaths.

Location: Table J

Facilitator(s):

- Margo Katz, MA, Assistant Program Administrator, Safe Sleep Program, Rhode Island Department of Health
- Nicole Faison, Supervisor, Healthy Families America
- Sergeant Michael Wheeler, Detective, Providence Police Department
- Joseph Carr, Assistant Administrator, Rhode Island Department of Children, Youth and Families
- Debra Quinton, RN, First Connections, Family Service of Rhode Island

Minority Youth Mentoring - Building Equity Through Experience and References

This discussion will focus on the importance of youth mentoring as a healthy-lives goal. We will discuss the evidence that supports the objectives of programs such as Princes to Kings (P2K) and RI's Girls Empowerment, Mentoring, and Support (RI-GEMS) and how partnerships are an integral part of equity building in communities of higher needs. This roundtable is an opportunity to ponder the next waves of integrated and multi-discipline youth mentoring programming.

Location: Table K

Facilitator(s):

- Antonio Da Veiga Rocha, Manager, Minority Youth Mentoring, Health Equity Institute, Rhode Island Department of Health
- Sterling Clinton Spellman, Founder, The Refine, Lead, Profit Incubator
- Kobi Dennis, P2K Coordinator, Providence Boys and Girls Clubs
- Scott Lapham, P2K Staff, Providence Boys and Girls Clubs

Third Spaces – Libraries as Community Assets

During this roundtable discussion, participants will learn to: define third spaces and their value to communities; explore libraries as resources for community health and wellness; and discuss the challenges faced by library staff in relation to community needs.

Location: Table L

Facilitator(s):

- Lynn Blanchette, PhD, RN, Smith Hill Partners Initiative
- Raquel Lynn Perez, Community Engagement & Building Supervisor, Smith Hill Community Development Corporation

Federal Resources at Risk: The Critical Role of Community-Based Organizations in Census 2020

More than \$3 billion of annual federal funding for education, health, community development and basic needs in Rhode Island is determined by Census data. More than half of the Ocean State census tracts are considered "hard to count" (HTC- including people of color, immigrants, and residents of low-income areas), and in today's political environment many HTC populations will be reluctant to participate in Census 2020. If Rhode Island's residents are not accurately counted, the State and nonprofit partners will lose funds that are essential to the health and well-being of Rhode Islanders and their communities. Join us to talk about this important topic and resources available to businesses, nonprofits, government, and the public to mobilize and ensure that every Rhode Islander counts, and is counted.

Location: Table M

Facilitator(s):

- Elizabeth Burke Bryant, Executive Director, RI KIDS COUNT
- John Marion, Executive Director, Common Cause
- Nancy Wolanski, Director, Grantmakers Council of Rhode Island

Ballroom A

Biodiversity and Community Health

People who live in more biodiverse communities are healthier. Let's talk about why, and how to keep biodiverse communities biodiverse as a way to help them become more resilient.

Location: Table N

Facilitator(s):

• Greg Gerritt, Director of Research, ProsperityForRI.com; Watershed Steward, Friends of Moshashuck

Healthy Aging

Join us as we continue the discussion on healthy aging and why it matters.

Location: Table O

Facilitator(s):

• Rhonda Schwartz, Aging Services Program Specialist, US Department of Health and Human Services, Administration for Community Living

Ocean State Center for Independent Living (OSCIL)

The Ocean State Center for Independent Living provides services to assist people with disabilities to be independent at home and in the community. Come and find out how this agency may help you or someone you know.

Location: Table P

Facilitator(s):

- Matthew Delillo, Youth Transition Coordinator, OSCIL
- Amanda Reed, Independent Living Coordinator, OSCIL

Overcoming Stigma in Medication-Assisted Treatment (MAT) for Opioid Use Disorder (OUD)

The current overdose epidemic has heightened public awareness of the disease of opioid addiction, yet denial and stigma continue to present significant barriers to medicationassisted treatment (MAT). Misperceptions about addiction and MAT can compound these issues. Working together, the public health community can help increase awareness that OUD is a chronic, relapsing disease and that MAT is a proven, evidence-based approach to the successful treatment of OUD.

Location: Table Q

Facilitator(s):

• Linda E. Hurley, MA, LCDCS, CAGS, *Chief Executive Officerl President, CODAC, Inc.*

Notes

Building Healthy and Resilient Communities

Concurrent Workshop Session 3:

Changing the Context of Health

This series features key topics in healthcare, community leadership, community development, education, and social cohesion and asks participants to re-imagine a Rhode Island where health and health equity are the rule, not the exception.

Time: 1:30 p.m. - 2:45 p.m.

Outcomes-based Funding for Health Equity Interventions

This panel of experts will discuss emerging funding mechanisms connecting "outcomes-oriented" communitybased interventions with the state or local beneficiaries of those organizations and philanthropists or foundations that support these initiatives, also known as Pay for Success (PFS). The most successful PFS initiatives involve evidence-based interventions that demonstrate cost savings or improve 'performance' efficiency. This panel will address current funding mechanisms for Pay for Success, describe successful models, and report on local initiatives in Health Equity.

Location: Ballroom A

Speakers:

- Matthew Eldridge, *Policy Program Manager, Research to* Action Lab, Urban Institute
- Malini Nayar, Vice President and Chief Credit Officer, LISC Rhode Island
- Seth Magaziner, Rhode Island Treasurer
- Anne S. De Groot, MD, Volunteer Medical Director/Executive Director, Clínica Esperanza/Hope Clinic (CEHC)
- Katherine Barry, Project Director, CEHC

Topic Areas: Economic Opportunity, Policy

Development without Displacement: Gentrification and Public Health

Research shows that gentrification results in devastating health impacts and inequities, yet many place-based community health improvement efforts like community gardens and walkable neighborhoods can contribute to gentrification and displacement. The lead authors of a ground-breaking report, "Development Without Displacement: Resisting Gentrification in the Bay Area," will share stories about their innovative collaboration between housing justice community organizers and the health department.

Location: Ballroom B

Speakers:

- Tram Nguyen, Management Analyst, Alameda County Public Health Department
- Malcolm Torrejón Chu, *Communications Strategist, Right to the City Alliance*

Topic Areas: Housing and Community Development

You've Got This: Community and School-Based Interventions to Prevent Unplanned Pregnancies and STDs among Rhode Island's Youth

Rhode Island has seen a 10-year spike in sexually transmitted disease (STD) cases, especially in the urban core. A number of innovative programs to reach youth representing communities of color and Spanish-speaking youth have been developed and implemented in both school and community settings. The objectives of this session are: to understand trends in STDs and unplanned pregnancy in RI; learn about programs tailored to urban youth in community and school settings that aim to reduce STD and pregnancy rates; and understand how consumer-driven programs using a health equity lens have been successfully implemented to reduce unplanned pregnancy and STD rates in Rhode Island.

Location: Ballroom C

Speakers:

- Thomas Bertrand (Facilitator), *Rhode Island Department* of *Health*
- Eliesel Morales, Founder, listamundial.com
- Brittany Huffman, CHES, Youth Development Specialist and Community Educator, Planned Parenthood of Southern New England, Inc.
- Beata Nelken, MD, Pediatrician and Medical Director of Adolescent Health, Blackstone Valley Community Health Care
- Youth educators from the Students Teaching About Responsible Sexuality (STARS) Program

Topic Areas: Health Equity Zones and other place-based initiatives, Sexual Health, Social Connectivity, Community Resiliency

Trauma-Sensitive Schools: Going Beyond ACEs to Resiliency

This presentation will provide an overview of the Adverse Childhood Experiences (ACE) Study and will also discuss how providers can promote resiliency in individuals and communities in the face of ACEs. We will also cover the process in which elevated anxiety, depression, and trauma were selected as priorities through the use of data and community prioritization. We will use real prevalence and reduction data as well as demonstrate an arts-integrated clinical session.

Location: Room 554A

Speakers:

- Matthew Billings, BA, Deputy Director, Providence Children & Youth Cabinet; Project Coordinator, Providence Health Equity Zone (HEZ): Southside, West End, and Elmwood Neighborhoods
- Sarah Kelly-Palmer, LICSW, Vice President, Trauma and Loss, Family Service of Rhode Island

Topic Areas: Maternal and Child Health, Health Equity Zones and other place-based initiatives, Behavioral Health, Social Connectivity, Community Resiliency

The Art of Storytelling

A person's story is his or her most valuable possession. A story teller weaves a thread of intimacy and intrigue to connect what has happened before us to what will happen after we are memories. For health equity to become part of our vernacular, it requires people to learn how to share their stories in a way that engages and connects people to the evidence of living in a community. The workshop will help folks learn to value the art of storytelling in their work.

Location: Room 554B

Speakers:

• Richard Asinof, editor and publisher, ConvergenceRI

Topic Areas: Health Equity Zones and other place-based initiatives, Social Connectivity, Community Resiliency

Representation in Maternal Health: Unspoken Disconnect

Family Visiting and the RI Department of Corrections: Supporting Women and Families at Vulnerable Times

This two-part presentation will convene community leaders in maternal health to discuss ideas and action plans around the provision of additional resources for underrepresented communities in maternal health through: identification of grassroots organizations; promotion of existing support systems; and awareness of resources from community-led programs and services. This presentation will also showcase how cross-sector collaboration can work to address health disparities and improve outcomes for vulnerable populations. Following the presentation, participants will be able to explain the motivation for the Rhode Island Department of Corrections (RIDOC) / Rhode Island Department of Health (RIDOH) collaboration and the expansion of this collaboration.

Location: Room 555A

Speakers:

- Quatia Osorio, Executive Director, Our Journ3i
- Shaylene Costa, Founder, Carrier Connections RI
- Jennifer Fantasia, Doula & Childbirth Educator
- Ada Johnson, Infant Loss Support Group
- Sara Remington, Family Visiting Implementation Manager, Family Visiting Program, Rhode Island Department of Health
- Amy Morin, Meeting Street Healthy Families America
- TeLisa Richardson, Parenting Coordinator, Rhode Island Department of Corrections

Topic Areas: Maternal and Child Health

OneCranston's Approach to Social Cohesion and Health Equity

During this presentation, participants will actively participate and learn about what Social Cohesion is and what community engagement is necessary to promote it. They will also participate in a Power Analysis in order to create placemaking strategies. The objective is for participants to be able to connect their own work with OneCranston's approach to social cohesion and health equity and determine new strategies for actively engaging communities in addressing health disparities.

Location: Room 555B

Speakers:

- Ayana Crichton, Initiative Director, OneCranston through Comprehensive Community Action Program (CCAP); Rhode Island Afterschool Alliance Ambassador; and Fuel Up to Play 60 Program Advisor
- Annette Bourne, Research & Policy Director, HousingWorks RI at Roger Williams University; OneCranston Chair for Faces and Places
- Caitlyn Blankenship, Community Engagement Specialist, OneCranston through CCAP

Topic Areas: Housing and Community Development, Social Connectivity, Economic Opportunity, Racial Equity and Social Cohesion

Addressing Disparities in Cancer Care Among Latinos in Rhode Island

The objectives of this presentation and panel are to: demonstrate prevalence and trends in colorectal and gynecologic cancer care disparities among Latinos in RI; demonstrate understanding of a patient navigator program as an effective care model to address disparities in colorectal cancer care; and showcase a student-led free women's clinic model as an effective initiative to address cervical cancer screening disparities among Latin-American women.

Location: Room 556A

Speakers:

- Abdul Saied Calvino, MD, MPH, Associate Professor of Surgery, Boston University
- Sheyla Medina, MD candidate, The Warren Alpert Medical School of Brown University; Co-manager, Women's Clinic at Clínica Esperanza/Hope Clinic (CEHC)
- Denise Marte, MD candidate, The Warren Alpert Medical School of Brown University; Co-manager, Women's Clinic at CEHC
- Luz Marin, Women's Health Educator, Women's Clinic at CEHC
- Luwam Ghidei, MD, PGY-4 resident in Obstetrics and Gynecology, Brown University

Topic Areas: Cancer Care Disparities

Engaging Teens to Reduce Access to Tobacco Using Local Environmental Policy Change Strategies

The Rhode Island Tobacco-Free Youth Initiatives (TFY) partners will present how they used the Policy Adoption Model (PAM) framework to build teen capacity and make the case for local-level policy change addressing youth access to tobacco products at the point of sale. Objectives: understand the PAM framework; learn how to engage teens in the policymaking process; and learn promising point-of-sale strategies to address youth access.

Location: Room 556B

Speakers:

- Benvinda Santos, MPA, Tobacco Control Community Coordinator, Tobacco Control Program, Rhode Island Department of Health
- Denise Alves, Director, East Bay Regional Coalition
- Vernia Carter, Central Falls Prevention Coalition
- Judith Chick and Kimberly Maine, West Warwick Prevention Coalition
- Teens from each Coalition group

Topic Areas: Policy, Environmental Health

Place, Race and Disasters: Why Good Messaging Matters

By the end of this presentation, participants will be able to: understand data about perceived risk as it relates to healthseeking behaviors; identify communications needs of diverse and at-risk populations; and develop effective messaging to engage vulnerable populations.

Location: Room 557

Speakers:

- Nicolette Louissaint, PhD, *Executive Director, Healthcare Ready*
- Annemarie Beardsworth, CCHP, *Provider and Internal Communications, Center for Public Health Communication, Rhode Island Department of Health*
- Bunmi Lewis, Emergency Communications Coordinator, Center for Public Health Communication, Rhode Island Department of Health

Topic Areas: Community Resiliency

Addressing Structural Racism in Healthcare: Brown Advocates for Social Change and Equity Program

This workshop introduces structural racism and how it manifests within the US healthcare system. The objectives are: to define structural racism and how it manifests in health outcomes; explore how policies and structures within institutions impact individuals' actions; apply this knowledge to individual institutions; and develop a language and strategies to develop solutions to combat structural racism and promote health equity.

Location: Room 558A

Speakers:

- Ry Garcia-Sampson, MD/MPH candidate, The Warren Alpert Medical School of Brown University; Founder, Brown Advocates for Social Change and Equity program
- Joe Diaz, MD, MPH, FACP, Associate Dean for Diversity and Multicultural Affairs and Associate Professor of Medicine, The Warren Alpert Medical School of Brown University
- Radhika Rajan, MD candidate, *Diversity Fellow, Office of Diversity and Multicultural Affairs, The Warren Alpert Medical School of Brown University*

Topic Areas: Antiracism, Healthcare Disparities

Community Health Workers, Bridging the Gap

This presentation will describe the broad scope of the Community Health Worker (CHW) role. The audience will gain an understanding of how the CHW is integral in bridging gaps between systems of care and will show how the CHW workforce builds organizational capacity by addressing social determinants of health.

Location: Room 558B

Speakers:

- Laura Jones, Director of Health Initiatives, Rhode Island Parent Information Network
- Alexia Arriaza, Cedar Peer Care Coordinator, Rhode Island Parent Information Network
- Baratang Stewart, Health Education Specialist, Community Health Network, Rhode Island Parent Information Network
- Holly Richard, Peer Navigator and SBIRT Screener, Rhode Island Parent Information Network
- Pamela Donor, Parent Consultant, Early Intervention, Rhode Island Parent Information Network
- Tara Townsend, Family Voices Coordinator, Rhode Island Parent Information Network

Topic Areas: Community Resiliency, Social Determinants of Health and Workforce Development

Notes

Building Healthy and Resilient Communities

Concurrent Workshop Session 4:

Paving a New Path Towards Health Equity

This final series asks participants to conceptualize sustainable and transformative approaches towards achieving health equity. It all begins from the ground up, and these presentations showcase how Rhode Island is harnessing collective community impact and combining innovative leadership for meaningful and lasting changes in healthcare delivery and reform, oral health, child welfare, community building and development, transportation, and the built environment.

Time: 3:00 p.m. - 4:00 p.m.

Health Equity, Value-Based Care, and the Need to Work Together for Population Health

Our healthcare system - hospitals and doctors' offices only determines ten percent of the population's health. Comparatively, social and environmental factors on the local level contribute to at least twenty percent or more of what determines the population's health. These factors also affect many of the other determinants of health, such as healthcare access and health behaviors. Developing robust, resourced community-clinical partnerships is needed now more than ever, as the population's life expectancy continues to decline. At this session, expert panelists will share their experiences associated with Health Equity Zone, Affordability Standard, and Unified Social Services Directory efforts, followed by a thoughtful dialogue on next steps for developing further alignment between these seemingly discreet programs. We'll hold time for you to meet others committed to breaking down the silos between community and clinical partners and encourage you to take next steps together. This session is intended for both clinical and community participants interested in innovation and a culture of collaboration.

Location: Ballroom A

Speakers:

- Christopher J. Ausura, Health Equity Zone Project Manager, Health Equity Institute, Rhode Island Department of Health
- Marti Rosenberg, MA, Project Director, Rhode Island's State Innovation Model Test Grant (SIM)
- James C. Rajotte, MS, State Innovation Model (SIM) Liaison, Rhode Island Department of Health

Topic Areas: Economic Opportunity, Health Equity Zones and other place-based initiatives

Inclusive Practice: Tools for Meaningful Resident Engagement

This workshop will explore how to embed health equity programs into your community in a way that sustains momentum and catalyzes meaningful change for residents. In this session, participants will have the opportunity to hear from residents and collaborative members on strategic initiatives from the Pawtucket and Central Falls Health Equity Zone (HEZ).

Location: Ballroom B

Speakers:

- Pauline Bellavance, HEZ Program Assistant, LISC Rhode Island
- Deanna Bruno, HEZ Program Assistant, LISC Rhode Island
- Olga Ayala, Community Health Worker, Blackstone Valley Community Action Program (BVCAP)
- Emily Mallozzi, Community School Resource Coordinator, Agnes Little Elementary School
- Jeanne Cola, Executive Director, LISC Rhode Island
- Peter Friedrichs, Director of Innovative Initiatives, The Policastro Group

Topic Areas: Health Equity Zones and other place-based initiatives, Social Connectivity, Community Resiliency, Housing and Community Development, Built Environment, Climate Change, Policy, Environmental Health, Immigration, Economic Opportunity

Improving Social Cohesion to Address Racial and Social Economic Disparities in Advance Care Planning (ACP): Inspire the Leader Workshop

In this interactive workshop featuring a Q&A session, role plays, and group discussions, participants will learn practical skills related to advance care planning (ACP). Facilitated by advisors with The Conversation Project, participants will: gain knowledge about end-of-life care rights; appreciate the benefits of ACP for patients and families; and learn how to initiate the conversation about end-of-life care.

Location: Ballroom C

Speakers:

- Maureen G. Glynn, JD, Improving Care Coalition, Rhode Island State Nurses Association
- Harriet Warshaw, MSW
- Terry Rochon, RNP

Topic Areas: Community Resiliency

Striving to Become Anti-racist Organizations

Systems of oppression not only create barriers to services, safety, and justice – they are the root causes of violence and inequity. In this presentation, the Rhode Island Coalition Against Domestic Violence (RICADV) and The Women's Resource Center will discuss: key elements of using an antiracist/anti-oppression approach in statewide work; potential barriers, challenges, and opportunities to its implementation; and opportunities for anti-oppression approaches that can lead to social change in statewide work and community-level, place-based work, citing examples from the Newport Health Equity Zone (HEZ).

Location: Room 554A

Speakers:

- Ian Colomer, Policy Associate, Rhode Island Coalition Against Domestic Violence (RICADV)
- Neyda DeJesus, Co-Coordinator, Newport HEZ, Women's Resource Center
- Carmen Recalde-Russo, Director of Community Engagement, RICADV
- Lucy Rios, Director of Prevention and Communications, RICADV
- Cynthia Roberts, PhD, Empowerment Evaluator, RICADV
- Jessica Walsh, Director of Prevention, Women's Resource Center
- John Wesley, JD, Director of Policy and Advocacy, RICADV

Topic Areas: Health Equity Zones and other place-based initiatives, Behavioral Health, Anti-racist Organizations; State Coalitions

Promoting Father Engagement & Involvement for Successful Childhood & Adulthood

Race, Ethnicity, Geographic Location, and Selected Child Welfare Indicators

Children raised without their fathers are at four times greater risk of poverty, and seven times more likely to become pregnant as a teen, have behavioral or substance use problems, commit a crime, or go to prison. Increasing our engagement with fathers is critical. In this presentation, the Parent Support Network of Rhode Island will share the outcomes of the multi-sector RI Fatherhood Initiative and how we are preparing to implement the Rhode Island Community Mobilization Approach.

The second part of this presentation will increase participants' knowledge of racial, ethnic and geographic inequities among children in three domains: those entering into the RI Department of Children, Youth and Families (DCYF) foster care system; their first placement in RI DCYF foster care; and children indicated for maltreatment in RI.

Location: Room 554B

Speakers:

• Representatives of the Rhode Island Fatherhood Initiative, the Parent Support Network of Rhode Island, and Prevent Child Abuse Rhode Island

• Colleen Caron, PhD, Epidemiologist and Administrator of Data Analytics and Evaluation, RI DCYF

• Kyeonghee Kim, MPH, Epidemiologist, Data Analytics and Evaluation, RI DCYF

Topic Areas: Maternal and Child Health, Behavioral Health, Social Connectivity, Community Resiliency, Child Welfare

Community-based Community Health Workers (CHWs): Community- and State-Level Infrastructure Development for Health Equity

The workshop will be a panel presentation and discussion with CHW Fellows in the Health Equity Zones (HEZ) initiative. The learning objectives of this presentation are: to identify the unique role of community-driven CHWs supported through the HEZ initiative; identify the HEZs in Rhode Island that hired and trained CHWs; explain how food insecurity and housing instability were identified by the CHWs; discuss how housing affects overall health; and identify how CHWs can better support our communities to attain and keep safe and affordable housing.

Location: Room 555A

Speakers:

- Dannie Ritchie, MD, MPH
- Jazmine Wray, Community Health Worker (CHW), Newport HEZ
- Amy Morales, CHW, Genesis Center, City of Providence HEZ
- Isabel Kayembe, CHW, Refugee Dream Center, City of Providence HEZ
- Olga Ayala, CHW, Blackstone Valley Community Health Care, Pawtucket and Central Falls HEZ

Topic Areas: Health Equity Zones and other place-based initiatives, Social Connectivity, Community Resiliency, Housing and Community Development

A Tradition of Healing: A Native American, Culturally Based Approach to Drug and Alcohol Prevention in Middle School Children

This presentation will explore Indigenous methodologies and cultural practices delivering evidence-based materials that decrease substance misuse in Native American middle school youth (11-13 years old). This holistic approach uses story, dance, image, and an interactive engagement in participatory healing and prevention and focuses on: decreasing the substance misuse disparities of Native American youth and other underserved communities; increasing positive selfidentity and skills to help youth make healthy choices; and supporting family members' roles in preventing substance misuse and its consequences. In concert with Native cultural values, this work often encompasses extended families, and the whole Native community.

Location: Room 555B

Speakers:

Larry Spotted Crow Mann

Topic Areas: Health Equity Zones and other place-based initiatives, Social Connectivity, Community Resiliency

We're In This Together: Building Connections through a School Family

In this session, participants will learn about Conscious Discipline (CD), a comprehensive self-regulation program that integrates social-emotional learning, school culture, and discipline. CD consists of 3 components: Safety through self-regulation; Connection through a compassionate culture called The School Family that embeds resiliency into classrooms; and Problem Solving through changing our perception and response to conflict and enhancing the development of executive skills.

Location: Room 556A

Speakers:

- Cristen Sassi, Lead Consultant and Trainer, The Autism Project
- Chrissy Johanson, Lead Consultant and Trainer, The Autism Project

Topic Areas: Maternal and Child Health, Behavioral Health, Social Connectivity, Community Resiliency

Addressing Equity in Walk/Bike Opportunities on Providence's South Side

This panel discussion will demonstrate equity considerations in attempts to increase active transportation—walking and bike riding—in communities of color. Panelists will describe the quantitative and qualitative methods used to measure the experience of South Side pedestrians and bike riders, and how they help set priorities for programmatic and infrastructure changes. Learners will come away with an understanding of Providence's City Walk and new Bike Share program, and how local data collection and national best models are shaping those projects.

Location: Room 556B

Speakers:

- Alex Ellis, Project Manager, City Walk Project, City of Providence Planning Department
- Dr. Dahianna Lopez, Healthy Communities Office, City of Providence
- Gregory Sankey
- Rachel Newman Greene, Deputy Director, Healthy Communities Office, City of Providence; Coordinator, City of Providence Health Equity Zone

Topic Areas: Health Equity Zones and other place-based initiatives, Built Environment, Transportation

Oral Health, Overall Health, and Community Resiliency: They're Connected

Increasing oral health literacy motivates community members to drive efforts to improve oral health, but it requires action. Whether it is support of important public health modalities or assuring access to dental services, changes occur most readily when they are supported by community members. This presentation will: describe the disparities in oral health outcomes over the life course; discuss oral health as an equity issue and how it contributes to personal success and building community resiliency; and describe innovative work in New England communities that are raising awareness of the value of good oral health and the risks of poor oral health.

Location: Room 557

Speakers:

- Brian Swann, DDS, MPH, Chief of Oral Health Services, Cambridge Health Alliance; Clinical Instructor in Oral Health Policy and Epidemiology, Harvard School of Dental Medicine
- Samuel Zwetchkenbaum, DDS, MPH, Dental Director, Rhode Island Department of Health

Topic Areas: Community Resiliency

Bridging the Nature Gap

This interactive and high-energy workshop will focus on the reclaiming of nature spaces by communities of color. Through exploring identity and social location, participants will connect these concepts to reclaiming spaces and improving access for communities of color. Attendees will: learn the importance of the reclaiming of nature spaces by youth of color; begin to analyze the efforts of groups working to make nature spaces more accessible to communities of color; and make connections and join in furthering this work.

Location: Room 558A

Speakers:

• Pegah Rahmanian, Executive Director, Youth In Action

Topic Areas: Community Resiliency

Transition Home Plus (THP) Improves Outcomes and Reduces Unnecessary Rehospitalizations of High-Risk Infants and Families

This presentation will introduce the innovative THP Program at Women and Infants Hospital (WIH). Based out of the WIH Newborn Intensive Care Unit (NICU), this multi-disciplinary program comprehensively supports the families of preterm infants in the context of addressing racial, ethnic, and socioeconomic disparities. Objectives include: understanding components and key team members of the THP program that provide enhanced transition-home support services to highrisk families and their preterm infants; recognizing rates of psycho-socioeconomic stressors and mental health challenges among families with infants in the NICU; presenting maternal and infant risk factors related to unnecessary Emergency Department visits and rehospitalizations and the impact of THP on health care utilization; and describing beneficial effects of partnering with CurrentCare, primary care providers, other medical specialists, mental health providers, Early Intervention, visiting nurses, and families.

Location: Room 558B

Speakers:

- Betty Vohr, MD, Professor of Pediatrics, Women and Infants Hospital; Medical Director, Neonatal Follow-Up Clinic
- Elisabeth McGowan, MD, Assistant Professor of Pediatrics, Women and Infants Hospital; Associate Director, Neonatal Follow-Up Clinic
- Katheleen Hawes, PhD, Psychiatric Clinical Nurse Specialist, The Brown Center for the Study of Children At Risk
- Heather Polochick, LICSW, Social Work Coordinator, Transition Home Plus Program

Topic Areas: Maternal and Child Health

Notes	

Building Healthy and Resilient Communities

General Plenary Session:

A Health Equity Zones Panel Presentation with Dr. Nicole Alexander-Scott

Facilitated by Director of Health Nicole Alexander-Scott, MD, MPH, this session is dedicated to hearing from participants in Rhode Island's Health Equity Zones (HEZs). A short video highlighting this community-led, place-based model will be shown, followed by a facilitated question and answer panel discussing aspects of HEZ initiatives related to policy change and community engagement.

Rhode Island's Health Equity Zone Initiative is a community-led, place-based model designed to build healthier, more resilient, and more just communities. The approach brings community members and organizations in a defined geographic area together and invests in helping them build the infrastructure needed to improve community living conditions and resident physical and mental health. The model focuses on improving the health of communities at highest risk of adverse health outcomes, such as obesity, illness, injury, chronic disease, or poor maternal and child health outcomes, due to poverty or other social, economic, and environmental determinants of health. The goal is for everyone in the community to have the opportunity to live a healthy life – no matter who they are or where they live. There are currently nine Health Equity Zones in Rhode Island, including HEZs in Bristol, Newport, the Olneyville neighborhood of Providence, Pawtucket/Central Falls, the City of Providence, the Southside, Elmwood, and West End neighborhoods of Providence, Washington County, West Warwick, and Woonsocket.

To learn more about the HEZ initiative, visit www.health.ri.gov/hez.

Time: 4:00 p.m 4:50 p.m.	Ballroom A

Panelists:

- Senator Adam J. Satchell, Rhode Island General Assembly, representing the West Warwick Health Equity Zone
- The Rev. Elizabeth Habecker, St. Michael's Church, representing the Bristol Health Equity Zone
- Jeanne Cola, Executive Director of Local Initiatives Support Corporation (LISC), representing the Pawtucket and Central Falls Health Equity Zone
- Brent Kermen, Principal of William D'Abate Elementary School, *representing the Olneyville Health Equity Zone*
- Neyda DeJesus, Newport HEZ Co-Coordinator, Certified Community Health Worker, and Diabetes Prevention Program Lifestyle Coach, *representing the Newport Health Equity Zone*

Building Healthy and Resilient Communities

Closing Session:

The 2018-2019 Association of State and Territorial Health Officials (ASTHO) President's Challenge Launch

Incoming President of the Association for State and Territorial Health Officials (ASTHO) and Director of the Rhode Island Department of Health Nicole Alexander-Scott, MD, MPH, will unveil her 2018-2019 ASTHO President's Challenge. Led in partnership with the National Association for County and City Health Officials (NACCHO) President Kevin Sumner and aligned with the Office of the US Surgeon General's priority focus on Community Health and Economic Prosperity, the Challenge calls on state, territorial, local, and tribal health officials to build healthier, more resilient communities by supporting investments in community-led, place-based approaches like Rhode Island's Health Equity Zones.

Time: 5:00 p.m 5:30 p.m.	Ballroom A
Following this session, all are invited to join us for	r the:
ASTHO Presidential Challenge Networking Ev	vent

Time: 5:30 p.m. - 6:30 p.m. West Pre-function space

Building Healthy and Resilient Communities

2018-2019 ASTHO President's Challenge: BUILDING HEALTHY AND RESILIENT COMMUNITIES

The ASTHO President's Challenge, led in partnership with NACCHO's President and aligned with the Office of the US Surgeon General (SG)'s focus on Community Health and Economic Prosperity, calls on state, territorial, local, and tribal health officials to build healthy, resilient communities by supporting investments in **community-led**, **place-based approaches**.

GOALS

ASTHO, NACCHO, and the SG will help health officials achieve the goals of the 2018-2019 President's Challenge by:

- 1. Equipping health officials to mobilize community-led, place-based collectives focused on measurable outcomes and the US SG's motto, better health through better partnerships, to build stronger communities.
- 2. Connecting public health officials to business leaders and policy-makers who want to invest in these community-led, placebased approaches and advance community development by reaching across sectors.

WHAT

Health equity moved from <u>talk to action</u>: mobilizing strategic investments in community-led, place-based approaches that address the socioeconomic and environmental determinants of health. This community-driven initiative aims to **transform systems and policies in ways that empower local communities** and limit the harms of gentrification. It also structures efforts around **measurable outcomes and cross-sector outreach**, raising the voice of community collectives to drive positive, meaningful change over the long term. Example models include Rhode Island's Health Equity Zones, the Fort Worth Blue Zones Project, Purpose Built Communities, and Live Well San Diego, among others.

WHY

TO STRENGTHEN COMMUNITY-LED, PLACE-BASED APPROACHES – through strategic investments that mobilize collective action to build healthy, resilient communities with better conditions for success in place.

TO PROMOTE POSITIVE SOCIAL CONNECTIVITY – uniting community members together to build social capital as a public health strategy, for help with combatting issues like addiction, emotional suffering, and social isolation.

TO IMPROVE COMMUNITY RESILIENCE – so communities can resist, respond to, and recover from adversity – and "bounce forward" to better socioeconomic and environmental conditions, like fewer adverse childhood events.

WHO

Governmental public health has an important role to play in changing our mindset about 1. how we should work with communities, and 2. who our partners should be. Thus, we can implement both Challenge goals by: 1. supporting community-led, place-based collectives that are outcomes-driven, and 2. attracting diverse investments from business leaders and policy-makers who can help communities transform conditions for better living long-term.

Effective **community-led**, **place-based collectives offer a ready-made investment opportunity** for business leaders and policymakers, as diverse partners all calling for community development, without community displacement.



Health Equity Zones

Health Equity Zones (HEZs) are geographic areas designed to achieve health equity by eliminating health disparities using place-based (where you live) strategies to promote healthy communities.

Backbone Agency, HEZ	Description	RIDOH Project Officer
Coordinators		Christenher Augure
Providence HEZ: Citywide	Focuses on improving community health around the city's	Christopher Ausura 401-222-1383
Healthy Communities Office, City of Providence	recreation centers, improving nutrition, developing	Christopher.Ausura@health.ri.gov
Ellen Cynar, 401-421-7740,	community gardens, offering Providence Summer Food Service program, developing healthy food policies for	christopher.Ausura@nearth.n.gov
ecynar@providenceri.com	public facilities, increasing access to physical fitness	Evaluator:
Rachel Newman Greene,	programs for adults and youth in public places, conducting	Morgan Orr
401-680-5493,	activities to increase health and safety in parks and	401-222-1250
rnewmangreene@providenceri.gov	recreation centers, offering diabetes prevention and self-	Morgan.Orr@health.ri.gov
Evaluator: Sarah Hall, Fio Partners,	management programs, and improving environmental	
203-615-4833, sarah@fiopartners.com	health by implementing green infrastructure projects.	
, , ,	providenceri.com/healthy-communities	
Pawtucket and Central Falls HEZ:	Focuses on resident engagement around increased access	Mia Patriarca, MA
Citywide	to healthy affordable food, diabetes prevention and other	401-222-1225
Local Initiatives Support Corporation	self-management programs, adoption of nutrition	Mia.Patriarca@health.ri.gov
{LISC}	guidelines where food is sold, healthy housing and	
Deanna Bruno, 401-519-5696,	empowering tenants, increasing landlord accountability,	Evaluator:
dbruno@lisc.org	community kitchen development, improving	Elise George, MPH
Pauline Bellavance,	transportation efficiency, creating linkages to job training,	401-222-2030
401-519-5608,	supporting small and micro businesses, establishing youth	Elise.George@health.ri.gov
pbellavance@lisc.org	coalitions, and facilitating positive relationships across	
	diverse neighborhood populations. USC also focuses on	
	adolescent and behavioral health while supporting	
Neuropet UE7: Citerride	culturally competent health services. rilisc.org/hez	Christopher Ausura
Newport HEZ: Citywide Women's Resource Center	Focuses on mobilizing residents and resources of the Broadway and North End neighborhoods, improving	401-222-1383
Neyda DeJesus,	transportation, increasing healthy food access, creating	Christopher.Ausura@health.ri.gov
401-846-5263, ndejesus@wrcnbc.org	economic opportunity, securing open space, parks and,	en istophen asara@nearthin.gov
Jessica Walsh,	trails; embracing arts and culture, and developing physical	Evaluator:
401-846-5263, jwalsh@wrcnbc.org	and emotional health through two new neighborhood	Morgan Orr
Evaluator:	Wellness Hubs that will house evidence-based programs,	401-222-1250
Cynthia Roberts, PhD,	offering diabetes prevention and other self-management	Morgan.Orr@health.ri.gov
cynthia@ricadv.org	programs, and LAUNCH. newporthealthequity.com	
Providence HEZ: Olneyville	Focuses on increasing and promoting physical activity,	Deb Golding
Neighborhood	access to healthy affordable foods, farmers markets and	401-222-5954
ONE Neighborhood Builders	community gardening, redevelopment of distressed and	Deb.Golding@health.ri.gov
Allegra Scharff, MPH,	vacant properties, addressing public safety issues,	
401-351-8719, ext 112,	improving public transportation, offering diabetes	Evaluator:
scharff@onenb.org	prevention and other self-management programs,	Morgan Orr
Jen Hawkins,	opportunities for resident financial stability, and	401-222-1250
hawkins@onenb.org	community engagement through community pride events	Morgan.Orr@health.ri.gov
	and intiatives in efforts to build a more collective and	
Brouidonco HE7: Neighborhoodo	cohesive community. ovhez.com	Dah Golding
Providence HEZ: Neighborhoods Southside, Elmwood, West End	Focuses on increasing enrollment and implementation of the <i>Incredible Years Parent Program</i> (promoting young	Deb Golding 401-222-5954
Providence Children and Youth Cabinet	children's social, emotional, and academic lives}, creating	Deb.Golding@health.ri.gov
Rebecca Boxx, 401-662-1637,	solutions for greater resident engagement, community	Bes. Goldingenealth.h.gov
Rebecca Boxx@cycprovidence.org	organization, and neighborhood ecosystem support,	Evaluator:
Matthew Billings,	reducing violence, and improving distressed and vacant	Morgan Orr
Matthew_Billings@cycprovidence.org	properties.	401-222-1250
	cycprovidence.org	Morgan.Orr@health.ri.gov
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Backbone Agency, HEZ Coordinators	Description	RIDOH Project Officer
Washington County HEZ South County Health South County Healthy Bodies, Healthy Minds Susan Orban, 401-788-2347, sorban@southcountyhealth.org Cindy Buxton, MS, RDN, 401-788-2426, cbuxton@southcountyhealth.org Evaluator: Tamara Calise, DrPH MEd, tcalise@jsi.com	Focuses on and promotes programs related to childhood obesity and mental health. Programs include: 5-2-1-0, an evidence-based program, encouraging families to keep a healthy weight, <i>Reach Out and Read</i> , promoting reading aloud to children daily, and Youth Mental Health First Aid, for those interacting with adolescents, and LAUNCH, serving families with children birth to 8 years of age. The HEZ also focuses on connecting residents to local farmers markets accepting SNAP and WIC benefits for access to healthy food. bodiesminds.org	Deb Golding 401-222-5954 Deb.Golding@health.ri.gov Evaluator: Morgan Orr 401-222-1250 Morgan.Orr@health.ri.gov
West Warwick HEZ: Citywide Thundermist Health Center Susan Jacobsen, MA, LMHC, CCM, 401-767-4100, ext 4304, susanj@thundermisthealth.org Krista Handfield, 401-615-2800, ext 4994, kristah@thundermisthealth.org Evaluator: Denise Crooks, denisecr@thundermisthealth.org	Focuses on improving walkability and transportation, access to recreation, increased access to healthy affordable fresh food, weekly farmers markets, community garden and orchard, summer meal and school meal programs, addressing high rates of substance use and overdose through rescue, treatment, and recovery strategies, naxolone training, Police Department behavioral health pilot, medication assisted treatment, peer recovery supports, adolescent healthcare with school and community support links, trauma and toxic stress mitigation, diabetes prevention and other self- management programs. Works with 10 engaged neighborhood leaders acting as HEZ citizen ambassadors. thundermisthealth.org	Lauren Conkey, MPH 401-222-7622 Lauren.Conkey@health.ri.gov Evaluator: Elise George, MPH 401-222-2030 Elise.George@health.ri.gov
Woonsocket HEZ: Citywide <i>Thundermist Health Center</i> Susan Jacobsen, MA, LMHC, CCM, 401-767-4100, ext 4304, susanj@thundermisthealth.org Alyssa Menard, 401-615-2800 exx 4964, alyssam@thundermisthealth.org Evaluator: Denise Crooks, denisecr@thundermisthealth.org	Focuses on access to healthy affordable fresh food, year- round farmers markets, addressing high rates of substance use and overdose through rescue, treatment, and recovery strategies, opened <i>The Serenity Center</i> (free community drop-in center for adults in recovery), naxolone training, medication assisted treatment, peer recovery supports, teen health, adolescent medical homes, trauma awareness, physical activity, pedestrian walking plan "Woonsocket Walks - A City on the Move", and offering diabetes prevention and other self-management programs. Works with 10 engaged neighborhood leaders acting as HEZ citizen ambassadors. thundermisthealth.org	Lauren Conkey, MPH 401-222-7622 Lauren.Conkey@health.ri.gov Evaluator: Elise George, MPH 401-222-3030 Elise.George@health.ri.gov
Bristol HEZ: Townwide <i>Town of Bristol</i> Emily Pearce-Spence, M.Ed, 401-253-1611, emily.spence@bwrsd.org Craig Pereira, 401-272-1717, cpereira@horsleywitten.com	Focuses on improving nutritional standards and access to healthy food, promoting physical activity throughout the community for a range of demographics, facilitating community public health events (including opioid forums, suicide prevention efforts, and an annual Recovery Rally}, educating the community to facilitate adoption of a <i>Green</i> <i>and Complete Streets</i> policy, offering diabetes prevention programming, expanding collaboration of faith-based leaders, increasing awareness of substance use disorders in the areas of prevention, recovery, and rescue, including supporting the opening of the East Bay Recovery Center in March 2018, and implementing a suicide prevention program. bristolhealthequityzone.org	Mia Patriarca, MA 401-222-1225 Mia.Patriarca@health.ri.gov Evaluator: Elise George, MPH 401-222-2030 Elise.George@health.ri.gov

For general information about the HEZ initiative, contact Christopher Ausura I 401-222-1383 I Christopher.ausura@health.ri.gov or visit www.health.ri.gov/hez



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