State of Rhode Island
Department of Health
Board of Medical Licensure & Discipline



IN THE MATTER OF: Monissa Solberg M.D. License number MD 14574 Complaint number C18-0082

## **Consent Order**

The Rhode Island Board of Medical Licensure and Discipline (hereinafter "Board") has reviewed and investigated the above referenced complaint pertaining to Dr. Monissa Solberg (hereinafter "Respondent") through its Investigative Committee.

## FINDINGS OF FACT

- Respondent has been a licensed physician in the State of Rhode Island since April 24, 2014. Respondent's office is located at 334 Broadway, Providence, Rhode Island. Respondent's specialty is Psychiatry.
- 2. Respondent surrendered her license to practice medicine, effective November 6, 2018 in a Consent Order ratified on August 7, 2018 by the Board. The surrender of license was based on facts and circumstances regarding a boundary violation with an existing patient.
- 3. Respondent attended Acumen Assessments for a comprehensive evaluation and has agreed to follow their recommendations.
- 4. Respondent participated actively in follow up at Acumen Institute and has agreed to follow their recommendations.
- 5. Respondent has also been evaluated and agreed to recommendations from the Rhode Island Physicians Health Program.
- 6. Respondent has cooperated fully with the Board and has demonstrated substantial remediation of the underlying disciplinary matter.

- 7. Respondent has not engaged in the practice of medicine while her license was surrendered.
- 8. Respondent has already admitted to violations of: Rhode Island General Law§ 5-37-5.1 (30), (19) and Rules and Regulations R 5-37 MD/DO section 11.4 for physicians pertaining to medical records.

## BASED ON THE FOREGOING, THE PARTIES AGREE AS FOLLOWS:

- 1. Respondent's license to practice medicine and controlled substance registration is reinstated without restriction upon ratification of this order by the Board.
- 2. Respondent admits to the jurisdiction of the Board.
- 3. Respondent has agreed to this Consent Order and understands that it is subject to final approval of the Board, and this Consent Order is not binding on Respondent until final ratification by the Board.
- 4. If ratified by the Board, Respondent hereby acknowledges and waives:
  - a. The right to appear personally or by counsel or both before the Board;
  - b. The right to produce witnesses and evidence on his behalf at a hearing;
  - c. The right to cross examine witnesses;
  - d. The right to have subpoenas issued by the Board;
  - e. The right to further procedural steps except for those specifically contained herein;
  - f. Any and all rights of appeal of this Consent Order; and
  - g. Any objection to the fact that this Consent Order will be presented to the Board for consideration and review.
  - h. Any objection that this Consent Order will be reported to the National Practitioner Date Bank, Federation of State Medical Boards as well as posted on the department's public web site.

- 5. Respondent agrees to pay upon ratification of this Consent Order an administrative fee to the Board with a check for \$650.00 dollars made payable to the Rhode Island General Treasurer for costs associated with investigating the above-referenced complaint.
- 6. Respondent agrees to continue to follow the recommendations of Acumen Institute including 100% compliance with the terms of the Rhode Island Physician Health Program (RIPHP) for a period of time to be determined by the Rhode Island Physician Health Program and Acumen Institute.
- 7. Respondent agrees to undergo maintenance polygraphs at 6 and 12 month intervals and annually for at least 5 years with reports sent directly to the RIPHP.
- 8. Respondent agrees to engage within 30 days of ratification of this order, and continue monthly, practice consultation with a senior mentoring psychiatrist or other mental health care professional agreed upon by Acumen and the RIPHP in her home area who is approved by the RIPHP to meet with her to discuss the implementation of her boundary protection plan, the development of a manageable practice with a specific focus on countertransference reactions to patients she is consulting and treating. The consultant will provide feedback on a quarterly basis to the Rhode Island Physicians Health program and shall be authorized to speak with Rhode Island Physician Health Program and Acumen Institute. The consultant shall be engaged by Respondent continuously for a period of time to be determined by the Rhode Island Physician Health Program and Acumen Institute.
- 9. If any term of this Consent Order is violated, the Director of the Department of Health shall have the discretion to impose further disciplinary action, including immediate suspension of license. If the Director imposes further disciplinary action, Respondent shall be given notice and shall have the right to request an administrative hearing within twenty (20) days of the suspension and/or further discipline. The Director of the Department of Health shall also have the discretion to request an administrative hearing after notice to Respondent of a violation of any term of this Consent Order. The Board may suspend Respondent's license, or

impose further discipline, for the remainder of Respondent's licensing period if the alleged violation is proven by a preponderance of evidence.

Signed this 8 day of February, 2019.

Monissa Solberg M.D.

Ratified by the Board of Medical Licensure ard Discipline on the 13th day of 12019.

Nicole Alexander-Scott, M.D., M.P.H.

Director /

Rhode Island Department of Health

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