

Immunizations have been shown to lower risk of severe disease. Speak to your healthcare provider about the best timing for you.

Vaccine	Who	What	When
Influenza	People 6 months and older, adults over 65 may choose to get higher dose	One dose that targets multiple flu strains	Anytime during flu season, September to March
COVID-19	Recommended for everyone 6 months and older	Targets newer variant	Available Now
RSV	Adults over 60	One dose vaccine	Available Now, talk to your healthcare provider
	Pregnant people at 32-36 weeks	One dose vaccine	Available Now, talk to your healthcare provider
	Infants under 8 months, high risk children 8-19 months	Monoclonal antibody shot	For babies starting this Fall until Spring, talk to your healthcare provider

