



Rhode Island WIC Program Formula Intolerance checklist

Feeding History:

Infant's Age		Comments – Should include the following but not limited to: Frequency of breastfeeding, type of formula (RTF, powder, or concentrate), how long was infant on the formula, what happened when infant was on the formula, how much is the baby drinking & how often is the baby being fed.
	Breastmilk	
	Similac Advance	
	Similac Soy Isomil	
	Similac Sensitive	
	Similac For Spit-Up	
	Other Formulas: (specify)	

Medical History:

- Does the family have a history of allergy to cow's milk or soy products? If yes, who is allergic and is to cow's milk or soy? _____
- Has the infant been sick or had a fever recently? _____
- Is the infant taking any medication? If yes, list the medication and purpose:

- Did the symptoms start before the medicine began? (are they having a reaction to the medicine?)

- Does the infant have any GI symptoms, skin rashes, respiratory symptoms, or developmental delays? _____

- What is the infant's growth pattern? Any recent weight loss?

Formula preparation and feeding:

- How is the formula prepared?

- What type of water is used to prepare the formula? _____
- How is the infant held / positioned during feeding and after feeding?

- Is anything else being added to the bottle? Such as cereal, Karo syrup, etc. _____

- What type of nipple is being used? (Slow or fast flow?) ** ask if the caregiver has a bottle to show _____

- Do you notice pooling of formula around the infant's mouth during feeding? (if yes, this could be a sign of the nipple flowing too fast)

- How often is the baby being burped?

- Is there any leftover formula after feeding? If so, what is done with it?

- Have there been any other new foods introduced? Is the infant drinking any juice?

CPA signature: _____

Date: _____

During a previous Nutrition Education meeting, a tool was reviewed for Nutritionists to utilize when evaluating special formulas, specifically Nutramigen and Alimentum.

A few reminders:

- This form must be used when evaluating the need for any requests for Nutramigen or Alimentum. It should not be given to the participant to complete on their own; it must be filled out by the Nutritionist and kept in the chart.
- The state office will be randomly monitoring sites to ensure that this form is being utilized.

Other notes:

- A re-trial of contract formula (**Similac Advance, Similac Soy Isomil, Similac Sensitive**) is required between the ages of 6-9 months or after the infant has been on Nutramigen / Alimentum for a 6-month period (whichever comes first). The physician needs to be contacted prior to the issuance of the contract formula; ideally this phone call should be made either when the WIC-23 is received for Nutramigen/ Alimentum or one month before the special prescription is about to expire. **We may not change a food prescription without first discussing with the physician.** The physician needs to be made aware of state policies regarding re-trial of contract formulas and suggestions for alternative formulas (other than Nutramigen / Alimentum) should be made during this conversation.
- Please remember that infants do not have to be put on Similac Soy Isomil before switching to Nutramigen/Alimentum (or switching off of Nutramigen/Alimentum). However, if an infant is on Similac Advance, a trial of Nutramigen/Alimentum is required before we will allow Nutramigen/Alimentum --unless the documentation is very clear as to why Similac Sensitive is not recommended. Therefore, this product is required before Nutramigen/Alimentum can be approved and also as a step-down product for those older infants between the ages of 6-9 months (or older) who need to re-try a contract formula. This should be more easily tolerated (rather than Similac Sensitive / Similac Soy Isomil) when transitioning off of Nutramigen/Alimentum and may be a more acceptable option for physicians.
- Similac Sensitive must be trialed prior to providing Similac Total Comfort. As a reminder, it could take 1-2 weeks before an infant has adjusted to a new formula.
- It is not required to trial another formula prior to providing Similac For Spit-Up.