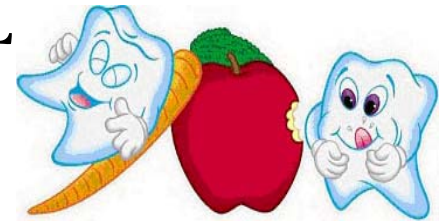


# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES

*December 2005*



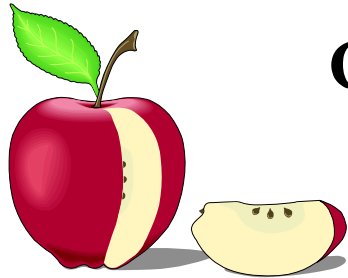
*Resources for teaching children and families the importance of oral health.*

*Produced by:*

Oral Health Program  
Rhode Island Department of Health

*Supported by:*

Maternal & Child Health Bureau,  
Health Resources and Services Administration

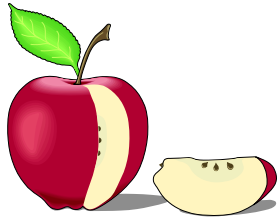


# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES

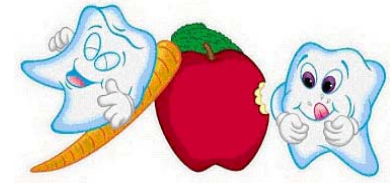


## Contents

Section	Title	Page
	Contents	i
	Introduction: About This Resource List	ii
I.	Tools & Resources for Teachers	1
II.	Tools & Resources for Families and General Public	7
III.	Tools & Resources for Young Children Through Teens	13
IV.	Story Books for Children	15
V.	Health Literacy for all Students	19
VI.	Useful Web Sites on Oral Health	20



# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES



## Introduction: About This Resource List


The Rhode Island Department of Health is pleased to offer a new and updated edition of *Oral Health Educational Tools & Resources* to continue supporting your efforts in teaching children and families the importance of oral health. Both current and former U.S. Surgeons General have affirmed that oral health is essential to general health and well-being. *When oral health suffers, so does the ability to learn, grow, and enjoy life.*

The guide contains a list of numerous oral health education materials including books, videos, pamphlets, brochures, and web sites. Topics include resources for teachers, families and the general public, young children through teens, oral health story books for children, health literacy for all students, and useful websites on oral health. The information was collected from a variety of sources. Please note that the description and intended target age have been

defined by the publisher/author. It is important to review these materials to determine suitability for your particular audience. While the resource list was developed by the Rhode Island Department of Health, this does not represent endorsement of specific products or vendors.

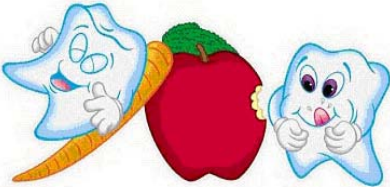
Thank you for joining us in our efforts to promote oral health for all children and families in Rhode Island. A healthy smile can last a lifetime.





# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES

## I. Teachers



- ❖ See also Section II: Families, Section III: Children, and Section IV: Story Books for Children.
- ❖ Resources in each section are arranged by “Target Age”, e.g., youngest to oldest (last column on right).
- ❖ Note: The descriptions and intended target age are defined by the publisher/author. Please review these materials to determine suitability for your target audience. Publication availability, prices, and web links are subject to change.
- ❖ While this Resource List was compiled by the Rhode Island Department of Health, this does not represent endorsement of specific products or vendors.

Title/Number	Order Source	Price	Notes	Target Age
<i>Parent, It's Up to You!: Oral Health Manual For Pregnancy, Education, And Parenting Program</i> <b>Available in Spanish</b>	Texas Dept. of Health, Bureau of Dental Health Services, 1110 West 49th Street, Austin, TX 78756-3199. 512.458.7323	Available at no charge; written requests only	This teaching guide is designed for use with adolescent parents enrolled in the Pregnancy, Education, and Parenting Program in schools in Texas. The guide covers the skills needed by the students to assure their personal oral hygiene and that of their children. Each lesson plan includes background materials and instructions for teaching the class. Three lessons cover the mother's health during the prenatal and perinatal period and the oral health of infants and preschool-age children. The guide also includes resource materials, transparency masters, and the videotapes “Looking to Keep Decay Away and Healthy Teeth: A Guide for Parents of Pre-Schoolers”.	Adolescent Parents
<i>Bright Smiles, Bright Futures Oral Health Education Program For Preschool</i> <b>Available in Spanish</b>	Colgate-Palmolive 800.334.7734	\$35.00	This multicultural oral health program kit contains a teacher curriculum guide and materials for promoting oral health among preschool students. The curriculum presents information on baby teeth; plaque, decay, and baby bottle tooth decay; toothbrushing; tooth protectors (fluoride and sealants); healthy eating; visits to the dentist; oral safety; and a family oral health event. The kit includes a teachers guide, videotape, storybook, pamphlets for parents, wall posters, and light switch stickers.	Preschool

Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target Age
<i>Tattletooth II, A New Generation</i>	Texas Dept. of Health, Division of Oral Health, 1100 West 49th Street, Austin, TX 78756. 512.458.7323	Free; written requests only	This set of curricula provides a basic, comprehensive resource for educators, which will foster parental involvement in the promotion of oral health for Texas children. It includes units for preschool children, including those in Head Start, Pre-Kindergarten, and childcare for children in Kindergarten through Grade six. Each unit has an individual title: 'Superbrush,' 'Something to Smile About,' 'Miles of Smiles,' 'Healthy Texas Teeth,' 'Your Teeth: Your Responsibility,' 'Special Care for Special Smiles,' 'Dental Problems and Solutions,' and 'Personal Choices for Dental Health;' and each curriculum includes resources for the teacher. The set contains videotape for use with parents, and an audiocassette with songs; the videotape, which is provided in English and Spanish, is called 'Healthy Teeth: A Guide for Parents of Pre-Schoolers.'	Preschool - Grade 6
<i>Health Skills For Life: Toothbrushing And Dental Safety</i>	RI Dept. of Education (RIDE), Resource Library 401.222.4600 x2361 for borrowing info	Available to borrow	This is a learning unit from a comprehensive K-12 curriculum developed in the Eugene, Oregon 4-J School District. It is a Metropolitan Life Insurance "Healthy Me" award winner.	Grade K
<i>The Michigan Model For Comprehensive School Health Education: Kindergarten</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This curriculum was developed under the auspices of the Central Michigan University through cooperative efforts by parents, teachers, and professional organizations throughout Michigan. Lesson IV-5 is "Taking Care of My Teeth." It has a student worksheet and a teacher key. Lessons V-3 and V-4 are "Stopping Decay" and "Brushing Right."	Grade K
<i>Choosing Good Health: Teacher's Edition</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This series was developed by the Dallas Independent School District in Dallas, Texas. The nine strands, or content areas, represent a comprehensive coverage of the topics taught in health classes across the country. Strands are consistent from level to level, so you can count on a smooth and steady progression of understanding. Lessons on oral care are provided.	Grades K - 3
<i>Tooth Time</i>	Maine Oral Health Program, Bureau of Health, Division of Community Health, 11 State House Station, Key Plaza 4 <sup>th</sup> Floor, Augusta, ME 04333 207.287.3121	\$20.00	A comprehensive and sequential oral health curriculum for Grades K – 6. Tooth Time is designed to assist educators in promoting positive oral health practices to students and their families. This curriculum provides grade specific instructional strategies, guided lessons, activities, worksheets, bulletin board ideas and copies for transparencies. This curriculum is a cooperative project of the State of Maine Oral Health Program and the State of New Hampshire Bureau of Oral Health.	Grades K – 6
<i>Juno's Journey's: Adventures In Health, Teacher's Guide, 2</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	These education materials provide "Know Your Body" health modules for the primary grades. There is a chapter called "Toothtalk."	Grades K - 6

Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target Age
<i>Health For Life</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	Scott, Forseman's <i>Health for Life</i> provides the components teachers need to teach students how to develop good health for life. Components include: pupil's edition, teacher's edition, teacher's resource book, teacher's resource file, test book, posters, overhead transparencies, big book (K), activities book (K). Lessons on oral care are provided.	Grades K - 6
<i>The Great Body Shop</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	The <i>Great Body Shop</i> is a comprehensive health and substance abuse prevention curriculum for grades K through 6. The curriculum fosters better health by enlisting the cooperation of parents, teachers, school nurses and the community. Built into the program are ways they all can help reinforce the material. There is a chapter on teeth.	Grades K - 6
<i>Prevention Of Oral Injuries: Children's Dental Disease Prevention (Sb 111) Program</i>	National Maternal and Child Oral Health Resource Center, Georgetown University 202.784.9771	Photocopy free	Many dental injuries occur in children and adolescents. Oral and facial injuries can occur at home, school, and during participation in various sports activities. This flipchart is designed to be used as part of a children's dental disease prevention program, helping staff members, teachers and parents understand oral injuries among school age children (particularly those experienced during sports and recreational activities) and their prevention. The flipchart covers oral injury among school age children, safety rules, the components of a dental first aid kit, toothache, broken tooth, knocked out permanent tooth, cut or bitten tongue, lip or cheek, objects caught between the teeth, broken jaw, bleeding after baby tooth falls out, cold or canker sores, and mouthguard protection (including the types of mouthguards available). The flipchart stresses that, by learning and practicing common safety rules, children can prevent injuries to themselves and their teeth. It is recommended that all children involved in sporting activities that may cause injury to the mouth or face should be fitted with a custom mouthguard.	Grades K - 12
<i>Bright Smiles, Bright Futures For First Grade: A Global Oral Health Initiative</i>	Colgate-Palmolive 800.334.7734	\$35.00	This kit contains a teacher curriculum guide and materials for promoting oral health among first grade students. The curriculum helps very young students to recognize and understand the importance of oral health and the value of good oral health habits; take responsibility for their personal oral health; learn how oral health affects self-perception; select snack foods; identify and avoid activities that may be harmful to teeth; and improve language arts, math, science, and cultural awareness skills. The kit includes a teachers curriculum, videotape, story booklets, brushing charts, pamphlets for parents, wall posters, a poster contest entry form, an evaluation form, and toothpaste samples.	Grade 1
<i>Health Skills For Life: Toothbrushing And Foods For Dental Health</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This is a learning unit from a comprehensive K-12 curriculum developed in the Eugene, Oregon 4-J School District. It is a Metropolitan Life Insurance "Healthy Me" award winner.	Grade 2

Oral Health Educational Tools & Resources

<b>Title/Number</b>	<b>Order Source</b>	<b>Price</b>	<b>Notes</b>	<b>Target Age</b>
<i>Totally Awesome Health: Grade 2</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This book features teaching strategies and children’s literature that are motivating, interactive, and life skill based. Some of the life skills regard oral care.	Grade 2
<i>Healthy Teeth Oral Health Education Database</i>	Nova Scotia Dental Association www.healthyteeth.org	Free	Healthy Teeth is an oral education database built upon the science of oral health and designed for elementary Grades 3 - 6. It features animated graphics, easy-to-understand text, simple classroom experiments and much more. The Canadian Dental Association, Nova Scotia Dental Association and the Halifax County Dental Society form the site's primary sponsors. Healthy Teeth will be updated with new features and sections over time. There are no corporate sponsors.	Grades 3 - 6
<i>Health Skills For Life: Dental Flossing</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This is a learning unit from a comprehensive K-12 curriculum developed in the Eugene, Oregon 4-J School District. It is a Metropolitan Life Insurance “Healthy Me” award winner.	Grade 4
<i>The Michigan Model For Comprehensive School Health Education: Grade 4</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This curriculum was developed under the auspices of the Central Michigan University through cooperative efforts by parents, teachers, and professional organizations throughout Michigan. Lesson V-2 is “Two sets of teeth to chew, smile, and talk.” It has a student worksheet, a teacher key, and family resources.	Grade 4
<i>Know Your Body School Health Promotion Program Teacher’s Guide: Grade 5</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This Guide comes from the series “Know Your Body.” One module is called “A healthy smile.”	Grade 5
<i>Body Trek: Learning Activities On Health And Nutrition For Upper Elementary And Middle School Students</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	The learning activities in this manual, developed for 5 <sup>th</sup> and 6 <sup>th</sup> grade students, have been designed to provide learning experiences that will expand students’ knowledge and understanding of seven body systems: the mouth, the stomach, the intestine, the muscles, the bones, the heart, and the lungs. Teaching the activities in this manual will provide students with an understanding of their bodies and offer specific actions they can take to protect their health while developing skills in English, reading, and the scientific method.	Grades 5 - 6
<i>Health Skills For Life: Current Methods In Dental Care</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This is a learning unit from a comprehensive K-12 curriculum developed in the Eugene, Oregon 4-J School District. It is a Metropolitan Life Insurance “Healthy Me” award winner.	Grades 9-12

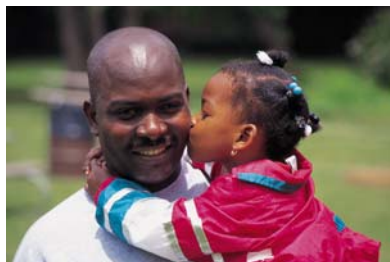
Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target Age
<i>Oral Health &amp; Learning: When Children's Oral Health Suffers, So does their Ability to Learn</i>	National Maternal & Child Oral Health Resource Center, Georgetown University 202.784.9771 www.mchoralhealth.org	Available at no charge	This fact sheet describes the effect of poor oral health on children's ability to read. It covers lost school time, oral health and learning, nutrition and learning, and programs for improving oral health.	Teachers, Families, General Public
<i>Baby Bottle Tooth Decay Prevention &amp; Adult Dental Care: Health Care Videotapes for Hmong Families in America</i> <b>Available in Hmong</b>	Video Orders, Amos Deinard, MD, Community-University Health Care Center, 2001 Bloomington Ave South, Minneapolis, MN 55404	One tape is \$75, additional tapes are only \$40/tape	The connection between dental and overall health is not understood by everyone. Many immigrants, including the Hmong, are unaware of the importance of dental care. As early as infancy, many Hmong develop poor dental health. Culture-specific education is the key. To help teach the Hmong about healthy teeth and gums, the University of Minnesota has developed two new educational videotapes: <i>Your baby's teeth are important! Preventing baby-bottle tooth decay in Hmong children</i> and <i>Keeping your teeth for life: Dental care for Hmong in America</i> . These tapes can greatly assist health and dental care providers in their treatment of Hmong adults and children. Each tape is about 10 minutes long. The tapes are narrated in Hmong and show Hmong people as examples.	Teachers, Families, General Public
<i>The Maine Sealant Manual</i>	Maine Oral Health Program, Bureau of Health, Division of Community Health, 11 State House, Station, Key Plaza, 4 <sup>th</sup> Floor, Augusta, ME 04333 207.287.3121	\$7.00	A manual designed for use by school personnel and dental personnel in developing and maintaining school-based or school-linked dental sealant programs. The manual explains guidelines for selecting schools and tooth selection criteria. Also included are suggestions for public education about the program, staff training, necessary forms and equipment and supplies.	Teachers, Dental Personnel
<i>Reference Guide to Dental First Aid and Emergencies</i>	Maine Oral Health Program, Bureau of Health, Division of Community Health, 11 State House, Station, Key Plaza, 4 <sup>th</sup> Floor, Augusta, ME 04333 207.287.3121	\$7.00	A resource guide designed to aid School Nurses, School Health Aids, Teachers, School Administrators, other health and administrative personnel to effectively manage dental emergencies. These First-Aid procedures should provide temporary relief and assistance but are NOT intended to permanently resolve the dental problem.	Teachers, School Nurses, School Health Aids, School Administrators
<i>Health, A Way Of Life: Teacher's Edition</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	This curriculum covers health topics for teachers to use. It has a section of caring for teeth.	Teachers



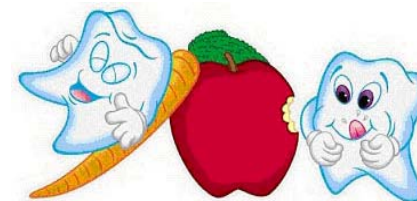
Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target Age
<i>The Organic Puppet Theatre: Health Activities Book</i>	RI Dept. of Education (RIDE), Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow	The <i>Organic Puppet Theatre</i> is a unique opportunity to explore the body through music, puppets and drama. The organ's stories are told by functioning puppets in a fun and innovative performance setting. Puppets are a natural medium to teach health principles. The puppets are created from inexpensive, everyday materials. There is a chapter on teeth.	Teachers
<i>Take Time For Teeth Available in Spanish</i>	Texas Dept. of Health, Division of Oral Health 512.458.7323	Single copies available at no charge	This training module was developed to present a standardized message about oral health. The module comprises a trainer's manual; a trainee's workbook; and a brochure, a video, and a flip chart for educational use. The brochure, the video, and the flip chart are also available in Spanish. The materials present topics such as oral health as an important part of total health, causes and prevention of dental disease, baby bottle tooth decay, family oral health, and English -to- Spanish translations of important words.	Teachers
<i>Dental Screening Guide</i>	Arizona Dept. of Health Services, Office of Oral Health 602.542.1866	Available at no charge	This poster depicts mouths and teeth with no obvious dental problems, those that need early dental care, and those that need urgent dental care.	Teachers
<i>A Healthy Mouth For A Lifetime: Oral Health For Everyone</i>	Children's Dental Health Initiative of San Diego, Share the Care, County of San Diego Health and Human Services Agency 619.692.8858 or 619.692.8827	\$24.95 including shipping	This manual outlines an oral health education program that is suitable for both professional and volunteer teachers and can be used with audiences of any age. The first section is oral health information for the teacher. It includes information about tooth structure, plaque, and prevention measures including fluoride, sealants, and effective dental hygiene. The dental effects of tobacco use and food choices are also discussed. The end of the section includes lists of materials, equipment, resources, and supplies needed. Section Two of the manual is twelve activity guides for learning good dental hygiene, the role of dental sealants, how safety equipment protects teeth, the negative effects of tobacco on oral health, and healthy food choices. Section Three is the appendix. It contains illustrations of tooth decay, handouts to go with the activities, additional information to be used in classes or newsletters, and lists of professional resources for nutrition and oral health.	Teachers
<i>OPEN WIDE: Oral Health Training for Non-Dental Health and Human Services Providers</i>	National Maternal and Child Oral Health Resource Center, Georgetown Univ. Box 571272, Washington, DC 20057-1272; Ph: (202) 784-9771; Fx: (202) 784-9777; <a href="http://www.mchoralhealth.org/">http://www.mchoralhealth.org/</a> ;	Single copies are free; Overview, lessons, and PowerPoint presentations are free online: <a href="http://oralhealth.infostats.com/test/publications_reports.html">oralhealth.infostats.com/test/publications_reports.html</a>	Produced by the Connecticut Department of Public Health, this curriculum is designed for the oral health training of non-dental health and human services providers, including physicians, nurses, nutritionists, child care workers, and others. It is divided into five lessons: dental decay, early childhood caries, risk factors for dental decay, prevention, and what to do and how to do it. Each lesson consists of a statement of purpose, a lesson overview, learning goals, training session methods and activities, technical and factual information for developing lesson plans, and key terms. A glossary of terms is included. Appendices include materials such as sample educational brochures; printed PowerPoint presentation slides; a laminated reference chart; screening checklist labels; a CD-ROM; and two videotapes, one in English and one in Spanish, titled Baby Teeth: Love 'Em and Lose 'Em. A directory of towns in Connecticut with fluoridated public water supply systems is also included.	Non-dental health and human services providers, including physicians, nurses, nutritionists, child care workers, and others.



# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES

## II. Families & the General Public



- ❖ See also Section I: Teachers, Section III: Children, and Section IV: Story Books for Children.
- ❖ Resources in each section are arranged by “Target Age”, e.g., youngest to oldest (last column on right).
- ❖ Note: The descriptions and intended target age are defined by the publisher/author. Please review these materials to determine suitability for your target audience. Publication availability, prices, and web links are subject to change.
- ❖ While this Resource List was compiled by the Rhode Island Department of Health, this does not represent endorsement of specific products or vendors.

Title/Number	Order Source	Price	Notes	Target
<i>Show Your Teeth!!!: Good Beginnings for Gorgeous Smiles: Only Grownups Can Make It Happen</i> <b>Available in Spanish</b>	National Maternal and Child Oral Health Resource Center, Georgetown University 202.784.9771	Photocopy available at no charge	This flyer teaches about the formation of children's teeth and the prevention of baby bottle tooth decay. It presents the value of fluoride toothpaste in the prevention of dental caries. Extensive color illustrations are included.	0 – 2 years, preschool
<i>Brushing Baby Teeth Daily: Teaching the Cleaning of Erupting Teeth</i>	University of Washington, Continuing Dental Education, School of Dentistry 206.543.5448	\$19.00 includes shipping /handling; credit cards accepted	This videotape presents techniques for cleaning an infant's erupting teeth. The videotape shows methods and positions for best results.	0 - 2 Years
<i>Oral Health Fact Sheets</i>	Ohio Dept. of Health, Bureau of Oral Health Services 614.466.3543	Single copies available at no charge	These oral health fact sheets, developed for a low-literacy audience, provide information on baby bottle tooth decay, pregnancy and oral health, fluoride, the correct method of brushing children's teeth, and the relationship between nutrition and oral health. Simple illustrations are included with each fact sheet.	0 - 2 Years

Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target
<p><i>Helpful Hints To Keep Your Child's Teeth Healthy</i> <b>Available in Spanish</b></p>	<p>Texas Dept. of Health, Division of Oral Health 512.458.7323 www.dshs.state.tx.us</p>	<p>Available from the Web site at no charge</p>	<p>These two posters tell the mother how to care for her baby's mouth, and warn her to look out for white spots on the teeth. The pictures show the development of decay from white spots to cavities to tooth loss, and stress at each stage that, if the teeth look like this, she should take her child to a dentist.</p>	<p>0 - 2 Years</p>
<p><i>Protect Your Child's Smile: 1-4 Year Olds: Young Children Need Healthy Teeth To Eat, Talk, And Smile</i></p>	<p>U.S. Indian Health Service, Dental Field Support and Program Dev. Section 301.443.1106 <a href="http://www.his.gov">http:// www.his.gov</a></p>	<p>Single copies available at no charge</p>	<p>This brochure discusses four basic ways that help parents ensure good oral health for their very young children: Brush their child's teeth daily, offer healthy snacks, take the child to the dentist by age one, and ask about fluoride. The brochure was developed for use with Native American populations at the request of the Indian Health Service.</p>	<p>0 - 2 Years</p>
<p><i>Don't Wait Until It Hurts: Get Dental Treatment For Your Child</i></p>	<p>U.S. Indian Health Service, Dental Field Support and Program Dev. Section 301.443.1106 <a href="http://www.his.gov">http:// www.his.gov</a></p>	<p>Single copies available at no charge</p>	<p>This brochure emphasizes the benefits of keeping baby teeth healthy and discusses three benefits of seeking dental treatment for baby teeth: reduced incidence of pain and infection; fewer speech problems; and fewer cavities in permanent teeth. The brochure urges parents to help preserve their child's smile by following four basic tips on oral health care for young children. The brochure was developed for use with Native American populations at the request of the Indian Health Service.</p>	<p>0 - 2 Years</p>
<p><i>Baby Health Tip Cards: Early Childhood Caries Intervention Education</i> <b>Available in Spanish</b></p>	<p>Arizona Dept. of Health Services, Office of Oral Health 602.542.1866</p>	<p>Single sets available at no charge</p>	<p>These tip cards for baby health are part of a baby bottle tooth decay/early childhood caries intervention program in Arizona. The cards are designed for use with clients in a series of health education visits or for conveying prevention messages that stand-alone. Each of the six cards in the set addresses a different aspect of infant oral health. These topics are as follows: what causes baby bottle tooth decay; what baby bottle tooth decay causes in turn; how to bottle feed a baby; when a baby can use a cup; when a baby should give up the bottle; and what the white spots on a child's teeth mean. This health information is age appropriate and culturally representative.</p>	<p>0 - 2 Years</p>
<p><i>Taking Care Of Your Child's Teeth</i></p>	<p>American Academy of Family Physicians 800.944.0000</p>		<p>This fact sheet offers information for parents about caring for their infant's or child's teeth. The fact sheet first explains why 'baby' teeth are so important and why they ought to be cared for. Written in a question and answer format, the fact sheet discusses how to care for the infants gums and teeth, the role of fluoride and fluoride supplements, when to visit the dentist, how to help the child with teething, how dietary choices affect the child's teeth, thumb sucking habits, and baby bottle tooth decay (nursing caries). The fact sheet gives parents specific guidelines for caring for the child's teeth and encourages parents to work closely with the dental care team.</p>	<p>0 - 2 Years</p>

Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target
<i>Life Cycle Of The Primary And Permanent Teeth</i>	Wisconsin Dept. of Health and Family Services 608.267.7172	Free	This fact sheet provides information on the development of children's primary teeth (also called baby teeth or milk teeth) and their permanent teeth. It provides a brief discussion of the process and includes charts showing the progression of tooth development between the ages of 6 months and 11 years. The information is based on the publication <i>Growing Up Cavity Free: A Parent's Guide to Prevention</i> (1993) by Stephen J. Moss.	0 – 11 Years
<i>Your Child's Teeth</i>	Catalog Sales, American Dental Association 312.440.2500	Free	This pamphlet discusses the value of preventive dental care in improving the oral health of American children. The topics discussed are nutrition and oral health during pregnancy, oral health for ages birth to six years and ages six to 12, and tips for caregivers.	0 – 12 Years
<i>Circular Brushing</i>	Montana Dept. of Public Health and Human Services 406.444.0276	Single copies available at no charge	This brochure suggests a technique for teaching young children the circular method of brushing their teeth. The brochure also makes recommendations regarding the selection and replacement of toothbrushes and the use of dental floss with children.	Preschool
<i>Special Care For Special Needs: A Dental Education Booklet For Clients, Caregivers &amp; Parents</i>	Arizona Dept of Health Services, Office of Oral Health, 602.542.1866	Free, limited quantities available	The booklet provides instructions to ensure the dental hygiene of children with special health needs, including physical and mental disabilities. Written to help caregivers, parents, and the children themselves, the booklet addresses the eruption of primary or baby teeth and permanent teeth, dental emergencies, and preventive measures including good nutrition and the use of fluoride and sealants. The booklet describes conditions such as plaque, calculus, tooth decay, and periodontal diseases; presents techniques for brushing and flossing; and discusses special dental equipment and the positioning of the patient for dental hygiene.	Families with Special Needs Children
<i>Prevent Diabetes Problems: Keep Your Teeth And Gums Healthy</i>	National Diabetes Information Clearinghouse (NDIC) 800.860.8747 or 301.654.3327	Single copy free	This illustrated booklet, written in nontechnical language, uses a question and answer format to provide people who have diabetes with information on preventing tooth and gum problems caused by diabetes. High blood sugar helps bacteria grow, which can lead to a condition called periodontitis. Symptoms of tooth and gum damage include red, sore, swollen gums; bleeding gums; gums pulling away from teeth; loose or sensitive teeth; bad breath; a bite that feels different; and poor fitting dentures. The booklet explains how a person and his or her dentist can keep teeth and gums healthy. The booklet also provides general tips for staying healthy. In addition, the booklet includes sources of information about diabetes and describes the activities of the National Diabetes Information Clearinghouse.	People With Diabetes

Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target
<i>More Than Just A Pretty Smile: Oral Health For People With Diabetes</i>	Rapaport Publishing, Inc. 800.234.0923		This article addresses the issue of oral health for people who have diabetes. People who have diabetes face special challenges for keeping their teeth and gums healthy. Research has shown a relationship between healthy gums and teeth, blood glucose levels in the normal range, and overall good health in people who have diabetes. Few people know much about the connection between periodontal health and diabetes. Periodontal diseases are infections in the mouth that affect the soft gum tissue and the supporting bone. A high blood glucose level increases the risk for periodontal disease because it makes a person susceptible to infections, inhibits the healing of infections, promotes the growth of bacteria that feed on sugar, and reduces blood supply to the oral tissues. The article includes sources of additional information about dental products and good oral health. 1 figure.	People With Diabetes
<i>Oral Health &amp; Learning: When Children's Oral Health Suffers, So does their Ability to Learn</i>	National Maternal & Child Oral Health Center, Georgetown University 202.784.9771 www.mchoralhealth.org	Available at no charge	This fact sheet describes the effect of poor oral health on children's ability to read. It covers lost school time, oral health and learning, nutrition and learning, and programs for improving oral health.	Families, Teachers, General Public
<i>Healthy Smiles, Healthy Children</i>	Iowa Dept. of Public Health, Dental Health Bureau 515.281.4916	Single copies available at no charge	This brochure provides parents with an overview of the role of dental hygiene in ensuring their children's oral health. Topics include information on primary and permanent teeth, plaque, gingivitis, decay, snacks, fluoride, sealants, dental care visits, and home hygiene.	Families
<i>Dental Sealants Keep Your Teeth Covered</i>	Montana Dept. of Public Health and Human Services 406.444.0276	Single copies available at no charge	This brochure presents information about dental sealants in a question-and-answer format. The questions address a range of issues, including what sealants are, how they are applied, which teeth are treated, how long the sealants will last, whether they will replace fluoride treatments, why sealants are considered better than fluoride, and how much the sealants cost. A companion sticker and poster are also available.	Families
<i>Snack Smart For Healthy Teeth!</i> <b>Available in Spanish</b>	National Institute of Dental and Craniofacial Research 301.496.4261	Free	This brochure presents information to parents on the effects of sugary foods on oral health, especially as snacks, and suggests alternative snack foods for children and adults.	Families
<i>Easy To Read Dental Health Education Pamphlets</i>	Maine Dept. of Human Services, Oral Health Program 207.287.2361	Samples free; 1.00 each for photocopy masters	This series of eight pamphlets presents dental health education and promotion information for the public. Geared toward a 5th or 6th Grade reading level, the pamphlets have been client-tested and can be photocopied. Titles include: <i>Fluoride Facts for Parents; Taking Care of Your Baby's Teeth; Taking Care of Your Child's Mouth; Dental Sealants Help Prevent Tooth Decay; Mouthguards: Don't Play Without One; Keep Your Teeth For Life; Do You Have Dry Mouth?; and Prevent Baby Bottle Tooth Decay.</i> An order form and a statement of the Maine program goals for oral health are included.	Families

Oral Health Educational Tools & Resources

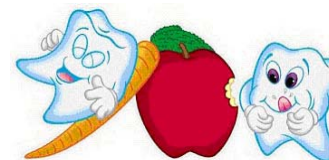
Title/Number	Order Source	Price	Notes	Target
<i>Feminine Power, Macho Maleness</i>	American Academy of Otolaryngology – Head & Neck Surgery 703.836.4444	Free	This brief newsletter reminds readers of the oral health problems associated with smoking. The author comments on the newly chic messages from the tobacco industry, particularly on the phenomenal rise in cigar popularity. The author notes that people are appeased by the argument that cigar smoke isn't inhaled but held in the mouth. However, the risks of lung, larynx, and oral cancer are still increased greatly by cigar smoking. The author concludes by outlining what readers can expect when they quit smoking, overcoming both the physical addiction and the social habit. The author encourages readers to quit smoking, even if failing the first time or several times. The article concludes with a list of the toll-free telephone numbers of five smoking cessation resource organizations.	Families & General Public
<i>Stop Guide: The Smokeless Tobacco Outreach And Prevention Guide. A Comprehensive Dictionary Of Smokeless Tobacco Prevention And Cessation Resources</i>	Arc Publishing 888.222.7347	\$89 + \$10 for shipping & handling	This directory provides a broad array of information regarding smokeless or spit tobacco use, focussing on cessation and prevention programs. Although titled a directory, the loose-leaf notebook contains a variety of informational materials, including published articles, essays, and statistics. Topics include the prevalence of snuff and chewing tobacco use in the US; legislation and litigation issues; tobacco industry marketing, sales, and promotion; ingredients in smokeless tobacco products; health problems associated with spit tobacco use, including dental caries, periodontal effects, soft tissue alterations, leukoplakia, cancer of the oral cavity and pharynx, and cardiovascular effects; school based resource organizations. The directory concludes with an extensive bibliography of materials on prevalence, health effects, physiology, use patterns, attitudes and perceptions; prevention, assessment, addiction and withdrawal, cessation, marketing, production and content, and public policy. The directory also includes a glossary of terms, a list of recommended alternatives to spit tobacco, and a series of article reprints.	Families & General Public
<i>Baby Bottle Tooth Decay Prevention &amp; Adult Dental Care: Health Care Videotapes for Hmong Families in America</i> <b>Available in Hmong</b>	Video Orders, Amos Deinard, MD, Community-University Health Care Center, 2001 Bloomington Ave South, Minneapolis, MN 55404	One tape is \$75, additional tapes are only \$40/tape	The connection between dental and overall health is not understood by everyone. Many immigrants, including the Hmong, are unaware of the importance of dental care. As early as infancy, many Hmong develop poor dental health. Culture-specific education is the key. To help teach the Hmong about healthy teeth and gums, the University of Minnesota has developed two new educational videotapes: <i>Your baby's teeth are important! Preventing baby-bottle tooth decay in Hmong children</i> and <i>Keeping your teeth for life: Dental care for Hmong in America</i> . These tapes can greatly assist health and dental care providers in their treatment of Hmong adults and children. Each tape is about 10 minutes long. The tapes are narrated in Hmong and show Hmong people as examples.	Families & General Public

Oral Health Educational Tools & Resources

Title/Number	Order Source	Price	Notes	Target
<i>Achieving Fresh Breath: Tips For Fighting Halitosis</i>	Crane/StayWell 800.333.3032	\$20 for 50 + shipping and handling	This brochure describes halitosis (bad breath) and its causes. The brochure briefly discusses six common causes of bad breath, including bacteria and food particles, gum disease, dry mouth (xerostomia), certain foods, tobacco use, and other causes, including certain diseases. The brochure then explains how the dental care provider can help find a cause for bad breath and help the patient treat the problem. The patient may be referred to another dental or medical specialist for evaluation and treatment. The brochure then lists and briefly describes strategies that readers can employ to help avoid bad breath: brush the tongue, keep a moist mouth, make dietary changes, stop smoking or chewing tobacco, and ask the dentist about prescription mouth rinses. The brochure is illustrated with simple line drawings. 13 figures.	Families & General Public
<i>Battling Bad Breath</i>	American Dental Association (ADA) Catalog Sales 800.947.4746	\$20.00 for 50; nonmembers add 50 percent; bulk rates available Item number W182.	This brochure from the American Dental Association guides readers in strategies to fight bad breath (halitosis). The brochure reminds readers that dentists can help identify the cause of bad breath and, if it is due to an oral condition, develop a treatment plan to help eliminate it. Food that collects between teeth, around the gums, and on the tongue can leave an unpleasant odor, or attract bacteria that cause bad breath. Therefore, adequate toothbrushing and flossing can prevent bad breath. The brochure also discusses the role of certain foods, the problem of bad breath in people who are dieting, bad breath as a warning sign of periodontal (gum) disease, dry mouth (xerostomia) and related bad breath, the use of tobacco products, and systemic disease or medical disorders that can contribute to bad breath. The back cover of the brochure offers five tips for preventing bad breath.	Families & General Public
<i>Liquid Candy: How Soft Drinks Are Harming American's Health</i>	The Center for Science in the Public Interest www.cspinet.org	Copies available for free	In 1997, Americans spent over \$54 billion on soft drinks. The industry produced 14 billion gallons of soft drinks, twice as much as in 1974. Soda pop is America's single biggest source of refined sugars, providing the average person with 1/3 of that sugar. Boys and girls consume twice as much soda pop as milk. Obesity rates have risen in tandem with soda consumption.	Families & General Public
<i>Seal Out Dental Decay</i>	National Institute of Dental and Craniofacial Research 301.496.4261		This pamphlet explains what dental sealants are, why to get them, what causes tooth decay, why back teeth decay so easily, who should get sealants, should sealants be put on baby teeth, how much sealants costs, does insurance pay for them, how long do they last, what if a small cavity is covered by a sealant, are sealants new, how sealants are put on, and other ways to prevent tooth decay. The importance of fluoride is also presented.	Families & General Public
<i>Tragic Choice: The Bob Leslie Story (#9) Video (12:00 Min)</i>	Oral Health America 312.836.9900		This video is about a high school baseball coach from California who started chewing at the age of 13. He quit chewing at the age of 27 but discovered he had oral cancer five months later. This video tells the story of him, his wife, and baby girl and what they went through. It also details what effects oral cancer from spit tobacco had not only on his family but on his ballplayers as well. Bob Leslie died on June 15, 1998, from oral cancer.	Families & General Public



# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES



## III. Young Children Through Teens

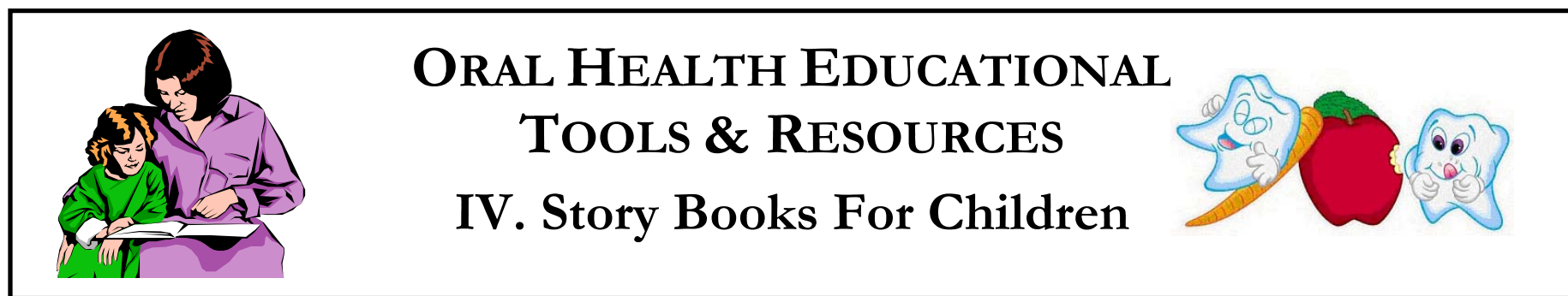
- ❖ See also Section I: Teachers, Section II: Families, and Section IV: Story Books for Children.
- ❖ Resources in each section are arranged by “Target Age”, e.g., youngest to oldest (last column on right).
- ❖ Note: The descriptions and intended target age are defined by the publisher/author. Please review these materials to determine suitability for your target audience. Publication availability, prices, and web links are subject to change.
- ❖ While this Resource List was compiled by the Rhode Island Department of Health, this does not represent endorsement of specific products or vendors.

Title/Number	Order Source	Price	Notes	Target
<i>Watching Your Mouth: Tending to Teeth in the Teen Years</i>	American Dental Association 800.947.4746	Member \$20, non-member \$30.00 (50 ct)	Steer teens in the right direction to a healthy smile that will last a lifetime. This ADA brochure helps teens make the right decisions by addressing common concerns such as orthodontia, wisdom teeth, tooth whitening, and bad breath. Interesting while educational, it also reinforces good oral care. 6 pp.	Grades 6 – 12
<i>Are Your Eating Habits Hurting Your Smile</i>	American Dental Association 800.947.4746	Member \$20, non-member \$30.00 (50 ct)	New brochure discusses the damaging effects of eating disorders such as bulimia and anorexia and looks at eating habits, good and bad, and how poor diet can result in tooth decay. Also lists ways to care for a smile and keep teeth healthy through eating the right foods and practicing good oral care.	Grades 6 – 12
<i>Heavy Metal: Is Tongue Piercing Really Cool?</i>	American Dental Association 800.947.4746	Member \$22, non-member \$33.00(100ct)	This popular mini-brochure will help you communicate with your teenage patients in their language. Piercing is “in” and this color-illustrated brochure directly addresses the current trend of body piercing and its effect on oral health. Your patients will better understand the medical and social risks of piercing tongue, lips, and cheeks, and how to avoid damaging consequences.	Grades 6 – 12
<i>Smart Choices for a Sharp Smile: Tips For Teens</i>	American Dental Association 800.947.4746	Member \$20, non-member \$30.00 (50 ct)	A great companion piece to the <i>Watch Your Mouth</i> brochure, it continues to answer questions unique to teens and helps you promote good oral health. This ADA brochure addresses the complications of mouth jewelry and tobacco, the importance of mouthguards, and also reinforces your tips for a healthy mouth. 6 pp.	Grades 6 – 12



Oral Health Educational Tools & Resources

<b>Title/Number</b>	<b>Order Source</b>	<b>Price</b>	<b>Notes</b>	<b>Target</b>
<i>Here's A Pitch No One Can Handle (#1) Brochure</i>	National Spit Tobacco Education Program (NSTEP) 312.836.9900	Free	A brochure targeted at teens with pictures of oral cancer victims Rick Bender and Sean Marsee on the back cover. Inside is more information on spit tobacco.	Grades 6 – 12
<i>Carver's New Smile</i>	National Foundation for Ectodermal Dysplasias (NFED) 618. 566.2020 websec.htc.net/nfed/pub.htm	\$5	This booklet was written for children who may be affected by ectodermal dysplasia and have dental problems. It describes for children what they will hear and see while visiting their dentists for treatment of ectodermal dysplasia.	Children affected by ectodermal dysplasia
<i>Dudley Visits The Dentist Coloring Book</i>	American Dental Association 800.947.4746	Member \$15, non-member \$22.50 (50 ct)	Fun and informative coloring book helps kids understand the importance of visiting the dentist by going with Dudley to his own dental appointment. 24 pp.	Children
<i>Smile Power For Smart Kids</i>	American Dental Association 800.947.4746	Member \$21, non-member \$31.50 (50 ct)	Colorful, interactive booklet with activities and games kids will love. Dudley and Dee Dee visit Dr. Benchley to get advice on brushing, flossing, and proper diet. 8 pp.	Children
<i>Six Innings: The Little League Report (#10) Video (12:26 Min)</i>	National Spit Tobacco Education Program (NSTEP) 312.836.9900	Free	If you're looking for something targeted at kids, this is your video. A few Little Leaguers assemble a news show about baseball and spit tobacco. They interview baseball celebrities like Joe Garagiola and Joe Carter among others and examine the myth that baseball and spit tobacco are a dual tradition.	Children
<i>Spit Tobacco Dangerous &amp; Deadly (#3) Brochure</i>	National Spit Tobacco Education Program (NSTEP) 312.836.9900	Free	NSTEP's most popular educational brochure, this piece features oral cancer victims and NSTEP spokespersons Bill Tuttle and Rick Bender. It also features support from Mickey Mantle, Henry Aaron, Len Coleman, and National Chairman NSTEP Joe Garagiola. Charles Schultz also donates an anti-spit tobacco Peanuts cartoon on the back. (5" x 8" Tri-Fold)	Children
<i>Fluoride Toothpaste: Just One Drop Is Enough</i>	Montana Dept.of Public Health and Human Resources 406. 444.0276	Single copies available at no charge	This information display card graphically demonstrates the amount of toothpaste needed for tooth brushing. Included are recommendations for brushing and flossing, and guidelines for the age at which children can begin to brush their own teeth.	Children



- ❖ Please contact your local bookstore or the publisher for pricing and availability of these oral health story books.
- ❖ Note: The descriptions and intended target age are defined by the publisher/author. Please review these materials to determine suitability for your target audience. Publication availability, prices, and web links are subject to change.
- ❖ While this Resource List was compiled by the Rhode Island Department of Health, this does not represent endorsement of specific products or vendors.

Title	Author	Publisher/ISBN	Notes
<i>Teeth</i>	RI Dept. of Education (RIDE)	RIDE Resource Library, 401.222.4600 x2361 for borrowing info	Available to borrow from the Rhode Island Department of Education. This book tells all about your teeth and how to care for them, with projects and activities on pages 28 and 29. Words printed in <b>bold</b> are explained in the glossary.
<i>The Tooth Fairy Book (Book &amp; Velvet Pouch)</i>	Deborah Kovacs	Running Press Book Publishers ISBN: 1561381470	Losing your teeth is a very important event, one you will want to celebrate and remember with this fun-filled <i>Tooth Fairy Book</i> . Inside the book you will find: the magical tale of the Tooth Fairy; tall tooth tales from around the world; tooth trivia, riddles, jokes, and poems; space to fill in your own tooth history; and your very own velvet tooth pouch.
<i>The Tooth Book</i>	Dr. Seuss writing as Theo Lesieg	Random House Books for Young Readers ISBN: 0375810390	The story is brief and funny. The words are few and easy, and have a happy, catchy rhyme. The pictures are clear and colorful clues to the text. An offspring of the world-famous Beginner Books, this Bright and Early Book is designed for an even lower age group. <i>The Tooth Book</i> points out what animals have teeth.
<i>Throw Your Tooth On The Roof: Tooth Traditions From Around The World</i>	Selby Beeler	Houghton Mifflin Co ISBN: 0395891086	What do you do when you lose a tooth? Do you put it under your pillow and wait for the Tooth Fairy? Not if you live in Botswana! In Botswana, kids throw their teeth onto the roof. In Afghanistan, they drop their teeth down mouse holes, and in Egypt they fling their teeth at the sun. Travel around the world and discover the surprising things children do when they lose a tooth.
<i>Barney Goes to the Dentist</i>	Linda Cress Dowdy	Barney Publishing ISBN: 1570641161	This full-color visit with Barney helps young children feel more comfortable about going to the dentist. Full-color photos.

Oral Health Educational Tools & Resources

<b>Title</b>	<b>Author</b>	<b>Publisher/ISBN</b>	<b>Notes</b>
<i>Len Lion's Wobbly Tooth</i>	Abby Irvine	Tango Books ISBN: 1857075250	When Len Lion's tooth begins to wobble, he tried everything to make it come out. Join in the pop-up fun and use your very own Len Lion Tooth Bag for your next loose tooth.
<i>The Great Tooth Fairy Rip-Off</i>	Dori Hillestad Butler	Fairview Press ISBN: 1577490231	Joey tries to wheedle more than fifty cents out of the tooth fairy to buy some dinosaur stickers, but instead learns a lesson about the value of money, work, and savings before he loses his second tooth.
<i>Alice and Her Fabulous Teeth</i>	Catherine M. Fruisen	Cedco Publishing ISBN: 076832176X	Alice wonders what would happen if all of her teeth fell out, only to have one tooth fall out and be auctioned off to the tooth fairy for \$2.75.
<i>The Mixed-Up Tooth Fairy</i>	Keith Faulkner	Cartwheel Books ISBN: 0439356091	The Tooth Fairy has found a tooth, but she can't leave a surprise until she knows whose tooth it is. Each spread reveals a sleeping animal whose teeth don't quite match the lost tooth. On the last spread, readers can pull a tab to make the Tooth Fairy fly up to the mouth of a sleeping child and leave a gold coin by the pillow. Children anticipating a visit from the Tooth Fairy will enjoy the funny story, the colorful illustrations, and the interactive elements in this book.
<i>Open Wide: Tooth School Inside</i>	Laurie Keller	Henry Holt & Company, Inc. ISBN: 0805061924	It's time for tooth school and Dr. Flossman is excited to meet the incoming class of 32-eight incisors, four canines, eight premolars, and twelve molars, including the four wisdom teeth. There's just so much to learn—from brushing and flossing to dentin and pulp to every student's nightmare: tooth decay! Best read with a toothbrush in hand, this hilarious book is full of interesting and a classroom full of quirky characters. Young readers will laugh their way to a better appreciation for those pearly whites that beckon them to brush. And from there it's just a short hop to flossing.
<i>Open Wide: A Visit to the Dentist (Rugrats)</i>	Barry Goldberg	Simon Spotlight ISBN: 0689825706	According to Angelica and Susie, you're ready to go to the dentist once you have all your teeth. Find out what happens when they visit Dr. Pearlies together in this original story, which is sure to make Rugrats fans want to brush, floss, and smile!
<i>How Many Teeth? (Let's-Read-And-Find-Out Book)</i>	Paul Showers	Harpercollins Juvenile Books ISBN: 0064450988	This revised, newly illustrated edition discusses the number of teeth humans have as babies, toddlers, children and adults, describes how permanent teeth replace baby teeth, and includes a quick lesson in proper dental care.
<i>Just Going to the Dentist</i>	Mercer Mayer	Golden Books ISBN: 0307125831	Mercer Mayer's very popular Little Critter is on his way to the dentist. It's a thorough check-up, complete with dental x-rays. When Dr. Ghum insists on filling a cavity, Little Critter goes through it bravely. The visit is painless to the reader because of Little Critter's funny, honest way of look at things -- including the world of dentistry.
<i>Freddie Visits the Dentist (little barron's toddler books)</i>	Nicola Smee	Barrons Educational Series ISBN: 0764115812	Freddie brings his stuffed bear to the dentist to keep him company. He learns about dental hygiene, and discovers that a visit to the dentist can be pleasant.

Oral Health Educational Tools & Resources

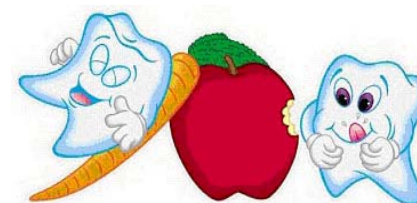
Title	Author	Publisher/ISBN	Notes
<i>Brush Your Teeth Please</i>	Leslie McGuire	Reader's Digest ISBN: 0895774747	What child can resist imitating a chimp brushing its teeth back and forth? Or a shark that flosses every day? Youngsters will have lots of fun learning about proper dental hygiene in this delightful pop-up book.
<i>Junie B., First Grader: Toothless Wonder</i>	Denise Brunkus	Random House Books for Young Readers ISBN: 0375802959	Junie is the first in her class to have a loose upper tooth. But she wants nothing to do with the Tooth Fairy and fears she'll end up looking like her dentally challenged uncle.
<i>Andrew's Loose Tooth</i>	Robert N. Munsch	Cartwheel Books ISBN: 0590341979	Andrew's loose tooth is too much for his dad, his dentist, and even the Tooth Fairy. Finally, Andrew's friend Louis saves the day with a secret remedy. Full color.
<i>Tooth Fairy</i>	Audrey Wood	Child's Play International, Ltd. ISBN: 0859532380	When Matthew loses a tooth, Jessica decides to make the Tooth Fairy's visit doubly worthwhile. However, this tooth fairy is not easily fooled by a fake tooth.
<i>Arthur's Tooth</i>	Marc Brown	Little Brown & Company ISBN: 0316112461	Wiggling it doesn't work; neither does a hard chomp into corn on the cob--is Arthur ever going to lose his baby tooth?
<i>My Loose Tooth</i>	Stephen Krensky	Random House Books for Young Readers ISBN: 0679888470	What's it like to have a wiggly, twisty-turny tooth inside your mouth? Stephen Krensky's funny, kid-friendly, rhyming text answers this question and more. "Do lions have this problem, too? What do sharks and hippos do?" This Step 2 book is perfect for first-time readers and those about to lose their first tooth.
<i>Little Rabbit's Loose Tooth</i>	Lucy Bate	Dragonfly ISBN: 0517551225	Delightfully familiar family dialogue surrounds the momentous loss of a first tooth by a rabbit girl. Large-scale three-color drawings depict the same warm, homey details lodged in the text and clinch the book's sure appeal.
<i>Grandpa's Teeth</i>	Rod Clement	HarperCollins ISBN: 0064435571	Kindergarten-Grade 3. "Help, I've been robbed! It'sth a disthashter!" Grandpa's teeth, handmade by the finest Swiss craftsman, are gone -- stolen from his bedside table! Grandpa suspects anyone who doesn't smile widely enough to prove that their teeth are their own. Soon everyone in town is smiling -- all the time -- and their ghastly grins are frightening the tourists away. Can the culprit be caught before the whole town cracks up? Popular Australian cartoonist Rod Clement has created a rollicking whodunit with a surprise ending that will have readers grinning from ear to ear.
<i>What Do the Fairies Do With All Those Teeth?</i>	Michel Luppens	Firefly Books (J) ISBN: 1552090027	Well, yes, precisely--just what do the fairies do with all of those tiny teeth they collect? This story offers many fun possibilities: perhaps they make necklaces, or put them inside maracas, construct sets of false teeth, pulverize them to make star dust, or ... no doubt your child will come up with more suggestions once you get started here
<i>A Quarter from the Tooth Fairy (Hello Math Reader. Level 3)</i>	Caren Holtzman	Scholastic ISBN: 0590265989	Looking forward to spending the quarter he received from the Tooth Fairy, a young boy adds up all the different things he can buy for twenty-five cents and gets so confused that he decides to buy his tooth back.

Oral Health Educational Tools & Resources

Title	Author	Publisher/ISBN	Notes
<i>Trevor's Wiggly-Wobbly Tooth</i>	Lester L. Laminack	Peachtree Publishers ISBN: 1561451754	PreSchool-Grade 1. Almost everyone in Mr. Thompson's diversely populated first-grade classroom wears a wide smile displaying missing teeth. Trevor, though, has all of his, although one is loose. As classmates tell how various family members attempted to remove their teeth with mention of string and pliers, the boy becomes anxious. However, Grandma Sally assures him that the tooth will come out when it's ready.
<i>No Tooth, No Quarter!</i>	Jon Buller	Random House Books for Young Readers ISBN: 0394949560	Poor Walter has not only lost a tooth, he's also managed to lose his lost tooth. His chances of getting his quarter look slim, and the apprentice tooth fairy assigned to pick up the tooth is in hot water in this imaginative romp for young readers.
<i>Going to the Dentist</i>	Anne Cirvadi	Usborne Pub Ltd. ISBN: 0746041195	An Usborne First Experiences Book. Baby-PreSchool level. Paperback.
<i>The Berenstain Bears Visit the Dentist</i>	Stan & Jan Berenstain	Random House Books for Young Readers ISBN: 0394848365	Sister Bear watches Dr. Bearson fill Brother Bear's small cavity. Then it's her turn in the chair to have a dangling baby tooth removed. An entertaining story for preschoolers of a cheerful and informative visit to a dentist.
<i>Doctor De Soto</i>	William Steig	Farrar Straus & Giroux ISBN: 0374318034	"Doctor De Soto, the dentist, did very good work." With the aid of his able assistant, Mrs. De Soto, he copes with the toothaches of animals large and small. His expertise is so great that his fortunate patients never feel any pain. Since he's a mouse, Doctor De Soto refuses to treat "dangerous" animals--that is, animals who have a taste for mice. But one day a fox shows up and begs for relief from the tooth that's killing him. How can the kindhearted De Sotos turn him away? But how can they make sure that the fox doesn't give in to his baser instincts once his tooth is fixed? Those clever De Sotos will find a way.
<i>When I See My Dentist</i>	Susan Kuklin	Atheneum ISBN: 0027512312	These two photo-essays cover potentially threatening situations in a painless, even fun fashion. Thomas, an adorable four-year-old, has to have a check-up at his doctor's. Erica, also four, needs to have her teeth cleaned and X-rayed for cavities. The photographs convey what a doctor's and dentist's office look like, the myriad procedures that take place there, and the reasons behind those routines, with some of the hard words spelled phonetically in the margins or simply defined. Kuklin has included rather serious-looking pictures with less formal moments; this accounts for her reassuring tone, which neither white-washes the truth nor makes the visits sound too scary. Ages 3-5.
<i>Arthur Tricks the Tooth Fairy (A Step into Reading Sticker Book)</i>	Marc Brown	Random House Books for Young Readers ISBN: 0679884645	D.W. is jealous when her big brother Arthur loses a tooth and gets a visit from the Tooth Fairy. After D.W. dreams up some hysterical but unsuccessful plans to trick the fairy into coming, Arthur decides to reward D.W.'s efforts by playing Tooth Fairy himself! By matching picture stickers to words in the story, kids reinforce word recognition. With the extra stickers, they can create stories of their own.



# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES



## V. Health Literacy for All Students

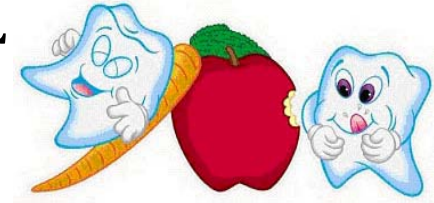
The Rhode Island Department of Education promotes “Health Literacy For All Students,” a standards-based health education framework. The following standards are related to oral health:

Overall Instructional Goal	Grade	Standard #	Standard: Students Will Be Able To Demonstrate The Ability To:	Required Topics Concerning Oral Health
Students will understand the basic structure and function of the human body, its major systems, and the significant role of physical activity in maintaining a high level of wellness.	K-4	1.3	Describe the basic structure and functions of the human body systems.	Oral health and hygiene, including prevention of tooth decay.
Students will understand that injuries are not “accidents,” but are predictable and preventable. It is important to recognize, understand, and abide by basic rules, regulations, procedures, and courtesies and deal with interpersonal conflict in constructive, effective, and non-violent ways.	K-4	1.3	Describe the effect of injuries on the body.	Sports injuries
Students will understand the relationship between proper nutrition and one’s health, including physical and cognitive performance.	K-4	3.4	Demonstrate strategies to improve or maintain nutrition behaviors, which enhance health.	Dental health
Students will understand the structure and function of the human body, the interaction of its major systems, and the significant role of physical activity in maintaining a high level of wellness.	5-8	1.3	Explain how health is influenced by the interaction of body systems.	Oral disorders (e.g., gingivitis, tooth decay).
Students will understand that injuries are not “accidents,” but are predictable and preventable. It is important to recognize, understand, and abide by basic rules, regulations, procedures, and courtesies and deal with interpersonal conflict in constructive, effective, and non-violent ways.	5-8	1.4	Describe ways to reduce risks related to injuries among adolescents.	Use of safety equipment
Students will understand that wellness is maintained through a healthy lifestyle which includes appropriate physical activity.	9-10	3.2	Evaluate personal health behaviors to determine strategies for health enhancement and risk reduction.	Use of safety equipment in recreational, sport, or leisure activities.
Students will understand that injuries are not “accidents,” but are predictable and preventable. It is important to recognize, understand, and abide by basic rules, regulations, procedures, and courtesies and deal with interpersonal conflict in constructive, effective, and non-violent ways.	9-10	3.2	Evaluate personal risk-taking behaviors to determine strategies for health enhancement and risk reduction.	Use of safety equipment in recreational, sport, or leisure activities.



# ORAL HEALTH EDUCATIONAL TOOLS & RESOURCES

## VI. Useful Web Sites



Please note: This page contains links to related sites of interest. The Rhode Island Department of Health does not necessarily endorse the views expressed nor assume any liability for the accuracy of information on these sites. Web links are subject to change.

Type of Website	Organization	Website
<i>General Oral Health</i>	CDC Oral Health Resources	<a href="http://www.cdc.gov/OralHealth/index.htm">www.cdc.gov/OralHealth/index.htm</a>
	Healthy Teeth: Oral Health Education Database	<a href="http://www.healthyteeth.org">www.healthyteeth.org</a>
	MEDLINEplus Dental Health Information	<a href="http://www.nlm.nih.gov/medlineplus/dentalhealth.html">www.nlm.nih.gov/medlineplus/dentalhealth.html</a>
	National Center for Dental Hygiene Research	<a href="http://www.usc.edu/hsc/dental/dhnet/">www.usc.edu/hsc/dental/dhnet/</a>
	National Institute of Dental and Craniofacial Research	<a href="http://www.nidcr.nih.gov">www.nidcr.nih.gov</a>
	National Oral Health Information Clearinghouse	<a href="http://www.nohic.nidcr.nih.gov">www.nohic.nidcr.nih.gov</a>
	NSW Multicultural Health Communication Service	<a href="http://www.mhcs.health.nsw.gov.au/health-public-affairs/mhcs/publications/Dental_Care.html">www.mhcs.health.nsw.gov.au/health-public-affairs/mhcs/publications/Dental_Care.html</a>
	Oral Health America	<a href="http://www.oralhealthamerica.org">www.oralhealthamerica.org</a>
<i>Children's Oral Health</i>	American Academy of Pediatric Dentistry	<a href="http://www.aapd.org">www.aapd.org</a>
	HRSA: Bright Futures in Practice: Oral Health	<a href="http://www.brightfutures.org">www.brightfutures.org</a>
	Campaign for Tobacco Free Kids	<a href="http://tobaccofreekids.org">tobaccofreekids.org</a>
	Children's Dental Health Project	<a href="http://www.cdhp.org">www.cdhp.org</a>
	Citizens' Watch for Kids Oral Health	<a href="http://www.kidsoralhealth.org">www.kidsoralhealth.org</a>
	National MCH Oral Health Resource Center	<a href="http://www.mchoralhealth.org">www.mchoralhealth.org</a>
<i>Oral Health Professional Associations</i>	American Academy of Pediatric Dentistry	<a href="http://www.aapd.org">www.aapd.org</a>
	American Academy of Periodontology	<a href="http://www.perio.org">www.perio.org</a>
	American Association of Orthodontists	<a href="http://www.braces.org">www.braces.org</a>
	American Association of Public Health Dentistry	<a href="http://www.aaphd.org">www.aaphd.org</a>
	American Dental Assistants' Association	<a href="http://www.dentalassistant.org">www.dentalassistant.org</a>
	American Dental Association	<a href="http://www.ada.org">www.ada.org</a>
	American Dental Education Association	<a href="http://www.adea.org">www.adea.org</a>
	American Dental Hygienists' Association	<a href="http://www.adha.org">www.adha.org</a>
	American Student Dental Association	<a href="http://www.asdanet.org">www.asdanet.org</a>
Academy of General Dentistry	<a href="http://www.agd.org">www.agd.org</a>	

Oral Health Educational Tools & Resources

<b>Type of Website</b>	<b>Organization</b>	<b>Website</b>
<i>Oral Health Professional Associations (cont.)</i>	Association of State & Territorial Dental Directors	www.astdd.org
	Hispanic Dental Association	www.hdassoc.org
	International Association for Dental Research	www.iadr.org
	National Dental Association	www.ndaonline.org
	Rhode Island Dental Association	www.ridental.com
	Rhode Island Dental Hygienists' Association	www.ridha.org
<i>Other Web Sites with Info on Oral Health</i>	Society of American Indian Dentists	www.aaip.com/said
	American Academy of Pediatrics	www.aap.org
	American Public Health Association	www.apha.org
	Association of Clinicians for the Underserved	www.clinicians.org
	Centers for Disease Control & Prevention	www.cdc.gov
	Centers for Medicare & Medicaid Services	www.cms.gov
	Center for Science in the Public Interest	www.cspinet.org
	Children's Health Fund	www.childrenshealthfund.org
	Food and Drug Administration	www.fda.gov
	Healthfinder	www.healthfinder.gov
	Healthy People 2010	www.healthypeople.gov
	Health Resources & Services Administration	www.hrsa.gov
	Indian Health Service	www.ihs.gov
	KidsHealth	www.kidshealth.org
	National Institutes of Health	www.nih.gov
	Office of the Surgeon General	www.surgeongeneral.gov
	RI Department of Health	www.health.ri.gov
	RI Kids Count	www.rikidscount.org
	Try to Stop Smoking	www.trytostop.org
	US Dept of Health & Human Services	www.os.dhhs.gov
Volunteers in Health Care	www.volunteersinhealthcare.org	
<i>Specific Oral Health Issues</i>	American Cleft Palate-Craniofacial Association	www.cleftline.org
	HIVdent	www.hivdent.org
	National Foundation for Ectodermal Dysplasias	www.nfed.org
	Oral Cancer Foundation	www.oralcancer.org
	Special Care Dentistry	scdonline.org
<i>Other Oral Health Policy Organizations</i>	Agency for Healthcare Research and Quality	www.ahrpr.gov
	Association of State and Territorial Health Officials	www.astho.org
	National Association of Community Health Centers	www.nachc.org
	National Conference of State Legislatures	www.ncsl.org
	National Governors Association	www.nga.org