

# DAILY WATER PIPE CARE

TO HELP REDUCE LEAD EXPOSURE

## IMPORTANT HEALTH INFORMATION FOR HOMEOWNERS WITH LEAD PLUMBING

Lead is harmful to everyone. Pregnant women, infants, children under six, and adults with high blood pressure and kidney problems are at the most risk.

## TIPS TO CLEAN LEAD FROM YOUR HOME'S DRINKING WATER PIPES

Lead in your home's water service line can affect your health.

Follow these steps to flush out your plumbing until the lead lines are replaced.

### DAILY CLEANING INSTRUCTIONS

Run cold water from your tap for at least three (3) minutes. This will give you fresh water from the city water main that is safe for drinking, cooking, making baby formula, feeding your pets, making ice, or watering vegetable gardens.



#### BEST TIME OF DAY

- First thing in the morning
- After you come home from work, if no one has used the water all day



#### HOW OFTEN

- Before using water for any cooking or drinking
- If no one has used the water for more than six (6) hours or more



#### FOR HOW LONG

- Run cold water from your tap for 3-5 minutes



#### WHEN TO STOP

- If you have lead pipes in your home, it's recommended to do this ongoing maintenance regularly

**TIP:** You can bring in fresh water from the city water main by taking a shower, washing dishes, running the washing machine, or flushing the toilet first.